



# SPORTSCARE ARENA

PRESENTED BY

**S Summit Health**

## **PUBLIC SKATING RECOMMENDATIONS**

To Ensure That Your Visit Is Safe & Enjoyable

### **ASSUMPTION OF RISK**

Skaters and spectators are deemed to have knowledge of and assume the inherent risks of engaging in skating including but not limited to the following:

- ▶ Injuries that result from collisions or contact with other skaters or other individuals who are on the skating surface or on the premises.
- ▶ Injuries that result from falls.
- ▶ Injuries that involve objects or artificial structures which are properly within the intended path of travel of the skater or other individuals.

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- ▶ Skaters must keep moving at all times with the designated traffic direction while on the ice.
  - ▶ No excessive roughness, speed skating, weaving or skating against the designated traffic direction.
  - ▶ No playing tag or other games of any kind on the ice or on the premises.
  - ▶ No intentional sliding or diving on the ice.
  - ▶ No kicking or chipping of the ice or dasher boards.
  - ▶ No more than 2 people may skate together (no human chains).
  - ▶ Do not sit on or lean over the dasher boards.
  - ▶ No throwing snowballs or any other objects on the ice or on the premises.
  - ▶ Skaters are not permitted to carry children or other items such as cameras, electronic devices, handbags, etc. on the ice.
  - ▶ No use of equipment on the ice or on the premises including hockey sticks, pucks and balls.
  - ▶ No figure skating jumps or spins.
  - ▶ No skates are permitted in the bleachers or in any other unprotected concrete areas of the facility.
  - ▶ Exits are to remain clear at all times.
  - ▶ No eating or drinking is permitted on the ice.
  - ▶ The use of tobacco products, alcohol or illegal substances on the ice or on the premises is prohibited.
  - ▶ All doors to the players' bench and penalty boxes must be closed at all times during public skating.
  - ▶ No person is allowed in the players' bench and penalty boxes during public skating.
  - ▶ No person is allowed on the ice or in the players bench and penalty boxes during ice resurfacing.
  - ▶ All doors to the ice surface must be closed during ice resurfacing.

**HELMETS ARE RECOMMENDED FOR SAFETY**