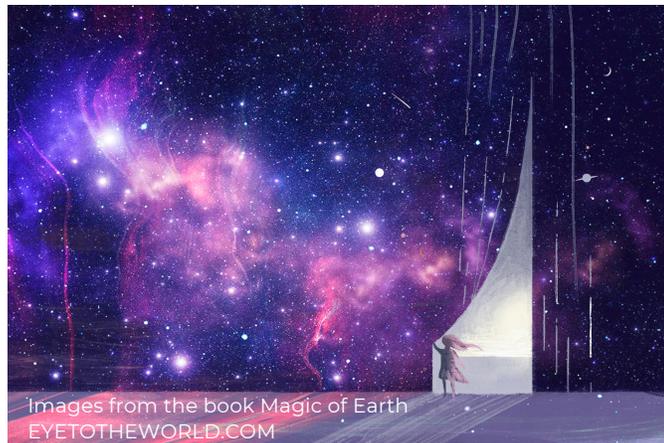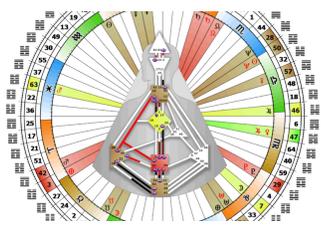Hello! My name is Jocelyn Anna Lernout and I have been studying tools of self awareness for self empowerment for 15 years. I have found Human design to be one of the best tools to gain insight into one's unique path of potential.

I also write artistic books for all ages to inspire our connection to nature and the cosmos, encouraging the realization that we are part nature, part nurture and we can learn to nurture our nature.

The Human Design Chart is a blueprint of the energy imprint of the influence of the cosmos, when you are born. It is a mix of chakras astrology, the ancient I'ching and Kabbalah, put into one chart.

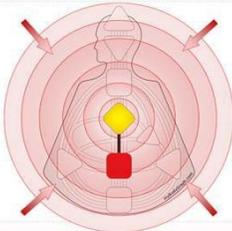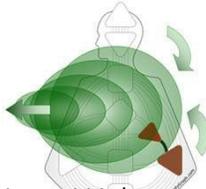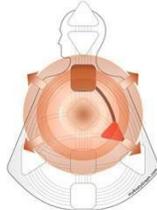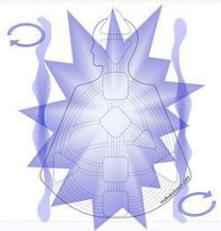Images from the book Magic of Earth
EYETOTHEWORLD.COM

Human Design is an experiment of learning your unique genetic makeup, as a map to your path of purpose. Knowing your Human design can help guide a journey of empowerment for you and your children.

10 Steps to Explore Empowered Parenting & Self Mastery with Human Design

FREE CHART https://www.jovianarchive.com/Get_Your_Chart

1. Discover Their Type: Help your child discover their Human Design type (Manifestor, Generator, Projector, Reflector). This fundamental insight will guide their understanding of themselves. (See next page for type)
2. Respect Individuality: Emphasize that each child is unique. Encourage them to embrace their design and honor the differences they see in others.
3. Teach Decision-Making: Teach them to make decisions based on their type's strategy and their inner authority. (See next page for Strategy & Authority)
4. Nurture Centers: Support them in balancing and developing their Centers. Discuss the strengths and challenges associated with their defined and undefined Centers.
5. Explore Profiles: Explore their Profile and Incarnation Cross. Discuss how this shapes their life path and purpose, and encourage self-discovery in this context.
6. Encourage Self-Reflection: Encourage regular self-reflection and journaling to track their experiences, decisions, and patterns. This fosters a deeper understanding of their design.
7. Respect Boundaries: Teach them the importance of respecting personal boundaries and recognizing the unique needs of others based on their designs.
8. Communication: Foster open and non-judgmental communication within the family. Allow them to share their Human Design-related insights and experiences.
9. Lead by Example: Model self-awareness and self-acceptance. Show them that you, too, are on a journey of understanding and growth.
10. Support, Not Limitation: Remind them that Human Design is a tool for self-awareness, not a limitation. They have the power to shape their lives while honoring their design.

Incorporating these principles into your parenting approach can empower your youth to understand and embrace their Human Design while navigating life with confidence and authenticity.

TYPE	Generator	Projector	Manifestor	Reflector
Population %*	66.65%	22.34%	9.58%	1.42%
Definition Characteristics	Sacral center is defined. Energy type.	Undefined sacral center. No motors connected to Throat. Non-energy type.	Non-sacral motor connected to the Throat. Energy type.	No defined centers. Non-energy type.
Strategy	Wait to respond	Wait for invitation	Inform before acting	Wait Moon cycle
Sphinx	Open	Focused	Closed	Resistant
Aura		A Warm Welcome		
Vessel	Enveloping	Absorbing	Repelling	Sampling
Signature	Satisfaction	Success	Peace	Surprise
Not-self Theme	Frustration	Bitterness	Anger	Disappointment
Dysfunction	Enslaved	Managed	Controlled	Ignored
Purpose	Encompass Organize	Penetrate Synthesize	Impact Initiate	Uplift Transform
Here to	Work/Build	Guide	Lead	Gauge
Needs	External stimulus	Recognition	Correct timing	Time to evaluate
Existential Question	Who am I?	Who is the other?	Who do I impact?	Who is different?
M.O.	Groups	One on one	Alone	Among yet separate
Victory	Love what you do	Give correct outer authority	Have freedom to create	Communicate with others
Children	Respect sacral sounds	Teach invitation recognition	Teach asking permission	Allow growth at own pace
Binary	▬▬ ▬▬	▬▬▬ ▬▬	▬▬▬ ▬▬▬	▬▬ ▬▬▬