



**March 2024      Action News**

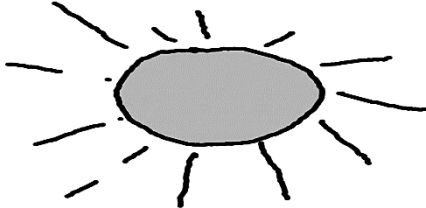
**Jim Sileno celebrating his**

**99th**

**Birthday**



**Happy  
St. Patrick's Day**



**Contact Information:**

Office Phone: (954) 426-3503

After Hours: Contact a Board Member

e-mail: [themeadows2300@gmail.com](mailto:themeadows2300@gmail.com)

Newsletter Articles Only:

[themeadowsactionnews@outlook.com](mailto:themeadowsactionnews@outlook.com)

Website: [themeadowsofcrystallake.com](http://themeadowsofcrystallake.com)

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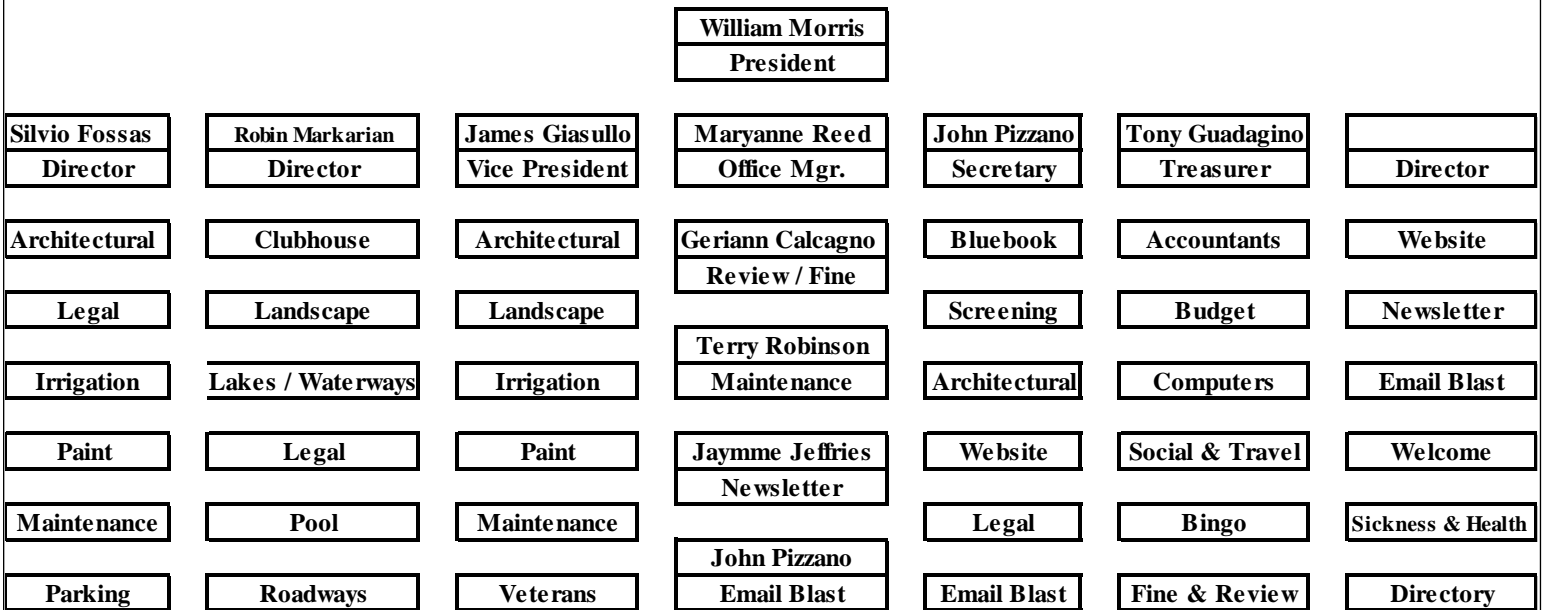
**Please notify the HOA office of any changes in homeowners contact information.**



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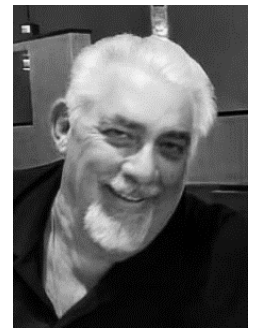
**Organizational Chart**



## On My Mind from the President

**Hello Residents Near and Far,**

I am so excited to say the painting project is done! The community looks fabulous. Many thanks to the Paint Committee for a job well done. The committee wishes to thank the residents for their understanding and their patience during this process.



I am very proud to announce that the board has completed the first draft of the revised “Rules and Regulations” for the upcoming Green Book. It is now up to the residents to form a committee, review the revisions and submit any suggestions, additions, and corrections to the Board of Directors for review. All residents interested in this committee should contact the office immediately. This committee will work independently of the Board of Directors.

The resident’s directory is in the final stages before printing. A huge thank you to Barbara Higgins for the donation of the photos of our updated community.

We have an opening on the Board of Directors. If you are interested in helping the current board, to make a difference, please contact the office or a current board member!

Always Lock your car.

Bill Morris  
Board President

### Newsletter Editorial Team

Special Thanks to our Newsletter volunteers,  
Editor Jaymme Jeffries  
Proofreaders: Jacqueline Blanchenay,  
Jackie Smith, Jackie Wright, & Rosalie Ray

Please note that the deadline for articles for the newsletter is the **15th** of each month by 5 pm. Submit via email,  
[themedowSACTIONnews@outlook.com](mailto:themedowSACTIONnews@outlook.com)

### Newsletter Distribution Team

#### **Distribution Coordinators**

Mary Anne Reed and John Pizzano

#### **Team Captain**

David Marshall, Cathy Kutner, Carol Winiarz, and Mary Anne Reed

### FREE Teck Talk at The Meadows

**Last Saturday of Every Month**

**Join Us in the Library at the Clubhouse**

**10:00 am to 11:00 am**

**Bring your Laptop, Phone, or Tablet**

**(iPhone, Windows, or Android)**

**No Question too silly. This class is for basic as well as seasoned users.**

**Meet with Debbie Simon, our Tech Talk Expert, and your neighbors for a FREE one-hour session.**

**techtalkmeadows@gmail.com**

**REMEMBER: THE HOLIDAYS ARE OVER. TAKE DOWN YOUR HOLIDAY DECORATIONS AND LIGHTS**

**Thank you!**

## Getting to know Linda Valiquette

By Pat Smith

Linda Valiquette has always been known by others as a ‘rassembleuse’, a French word meaning someone who gathers people together. That ability is one of the special talents she has developed throughout her life, and it is certainly a very important aspect of her life here in the Meadows.

Linda was born in Ste-Adele in the Province of Quebec, Canada, located in the lower Laurentians, just north of Montreal, and was the eldest of three, having a brother and sister who she felt were her responsibility. Until she was 10, she lived beside a popular resort, Le Chantecler, where her father worked. She credits her access to free skiing, swimming, and sports at the resort with her lifelong interest in exercise and health.

But in 1965 her father moved the family to Dorval when he was hired at the new Montreal Airport, and for Linda this was the best day in her life. She settled into a brand-new school and continued to make close friends throughout her high school years. She still sees many of these friends and makes a great effort to maintain her early friendships.

At 16, Linda took courses for teaching and social work but was still undecided on a career when she accepted a job as a Flight Attendant at Air Canada. She was to work for them for 37 years in many roles, including staff training, public relations and as a Flight director. During her time with Air Canada, she also acquired a bachelor’s degree in nursing, studied law, and did a two-year exchange with Swissair, who had very high standards for passenger experience.



Because her job required only 10-12 days working a month, Linda was able to establish a second home in Florida when her parents moved here in 1993. So, her life for 10 years was hectic but exciting with layovers in big cities, vacations to favorite destinations, often taking friends, and shuttling between Canada and Florida. She now has no bucket list for travel which isn't surprising!

On one of her trips back from Montreal in 2003, Linda was walking through the Dorval airport when a past acquaintance from 20 years before recognized her blond hair and her voice. “Are you Linda Valiquette?” he asked, and when he introduced himself as Robert Tartre, she remembered him. He took her phone number, but she didn't take his.

Fast forward 2 years, Robert had lost Linda’s phone number, then found it by accident in a misplaced work file but got no answer when he called. He didn’t give up and on a business flight to Calgary, he passed letters for Linda through the Air Canada flight attendants and eventually these reached Linda in January 2005. They talked for 2 hours on the phone and Linda’s mother insisted she invite him to visit them in Florida. After spending 10 very joyful days, knowing they might never have found each other, they decided they should not waste their remaining years. They married in 2007, Linda retired in 2009 and Robert in 2010 and they looked for a place here in South Florida to enjoy their winters. They found the Meadows in 2012. It fit their needs perfectly good location, swimming pool, tennis court, and a strong sense of community. Both Linda and Robert love to teach people what they know, particularly in sport and fitness, so before long Robert helped in setting up pickleball here in the Meadows and taught anyone who wanted to learn. Linda meanwhile had taken over the morning exercise program, which then became the pool Aquafit program, and has now added chair yoga to her busy day.



So, if you take part in any morning exercise here at the Meadows be grateful that Linda has always had a desire to help others, to bring joy through gathering people together and had the good fortune to run into the perfect man for her.

## **MAINTENANCE 2024**

Your next quarterly maintenance of \$625.00 will be due April 1, 2024. Remember to pay on time to avoid any late fees. If not received by the 10th of April, you will be charged \$25.00. Each month that your maintenance is late you will automatically be charged an additional \$25.00. Remember to pay on time.

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## **PARKING FINES WILL BE ENFORCED**

We are proud to tell the residents that the 5-month painting project has been completed. Congratulations to the Painting Committee, The Board of Directors, and all that helped with this project.

We need you to move your cars, no more parking your overflow cars in the parking lots. Absolutely no overnight street parking will be allowed. We will be enforcing the No Parking Law. Please help us by following the rules. You will receive a violation notice and if you continue to not follow the rules, you will be issued a fine.

Our attendance to the clubhouse events has grown with each party and we need the parking spaces for the events and committee meetings.

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## **Tips in living in our HOA community**

1. Do not place anything on the community property around your home that might impede the lawn service company.
  2. Be respectful of your neighbors and do not park your car directly across from your neighbor's driveway.
  3. Remember you must have a completed and approved Architectural form before you trim, plant, or remove a tree or bush on community property.
  4. Remember that you are only allowed to place objects, trees, or bushes within the 3- or 5-foot areas against your home **after architectural approval**.
  5. Do not place anything on the outside of your home without an **approved architectural** form.
  6. We all purchased our homes here because of the way it looked as our first impression. Help us keep it that way.
- 

## **Rules and Regulation Revision-Homeowners' Committee**

We're looking for homeowners interested in working on revisions for the "Rules & Regulations" section of the new "Green Book" (replacing the "Blue Book") set for publishing later this year. The product produced by the "Homeowners' Committee" will be sent back to the Board of Directors to be reviewed and added to the "Green Book".

If interested, please contact the **Office (954) 426-3503**. For additional information please contact either of the co-chairmen:

**Rob Schwerdtfeger (718) 781-8998**

**Bill Jeffries (757) 348-2387**

## Bagel Brunch

We had our annual Membership Bagel Brunch on Sunday January 21, 2024. We had 98 residents in attendance. We got the bagels from Bronx Bagel and Deli. Thank you to Mary Colavito and Tracey Bowker for tending the Mimosas Bar! And a huge thank you to Mary Anne & Sid for cutting up all the fruit for the brunch. Our lucky 50/50 Raffle winner was Joe & Bea Guadagnino who won \$180.00. We also had 3 lucky door prize winners, Helga Honerlah, John Pizzano and Dot Tully. We also played musical bingo and Carol Winiarz won \$20.00, Linda Gutheit won \$55.00, and John Pizzano won \$175.00. It was a great day had by all!



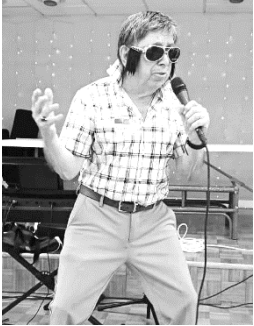
## Valentine's Party

On Saturday February 10, 2024, we had our annual Valentine's Party, we had 104 residents and guests attend. We also had a very special guest attend the party, the one and only Connie Francis joined us for some photographs and autographs. She was a big hit and we're so happy we could make that happen! Our entertainment was provided by Suzi & Steve Cruz. They played amazing dance music, and the dance floor was full all night. We had Bill Bailey, Jackie Wright, and Roy Smith as our 3 door prize winners and our largest 50/50 raffle to date where we collected \$550.00 and gave \$275.00 to Pete & Lizzie Earp (Pat Smith's sister and brother-in-law) they were our very lucky raffle winners.



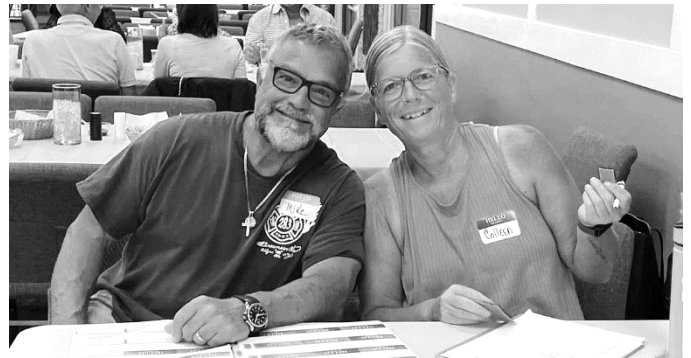
## Sunday Breakfast

Sunday February 18, 2024, we had 82 residents and guests in attendance. Michael Thomas provided music and entertainment for us. We had the great pleasure to celebrate Jim Sileno's 99<sup>th</sup> birthday, we all sang "Happy Birthday" and enjoyed cake in his honor, he's such an amazing man! Our door prize winners were Alice Bery, Mary Colavito & Sid Reed. Our very lucky winner of the 50/50 raffle was Rob Heywood, he won \$150.00.



**Breakfast consisted of 180 Eggs, 280 Sausages, and 40 lbs. potatoes.**





## **Social and Travel Club**

Hello from Social and Travel Club

### **Upcoming events:**

April 14<sup>th</sup> -Sunday Breakfast, at 8:30-11am

April 28<sup>th</sup> -Ice Cream Sundae Social at 2pm

Please remember we have changed the Social & Travel Club Membership Fee to \$10 Per Person, Per Calendar year (January-December)! Fill out your membership forms and return them to the office at your convenience.



## **The Meadows Welcome Wagon**

Lot 156 Brigitta Dimas from Nazareth, Pennsylvania

Lot 187 Ingrid Gatto, from Pompano Beach, Florida

Lot 340 Ivair DeOliveira and Joana B Santos, from Pompano Beach, Florida

Lot 58 Paulo Jose DeOliveira, Consuelo DeOliveira and Maria from Coconut Creek, Florida

We look forward to welcoming all new residents at our Meet & Greet on March 3rd, at the Clubhouse at 2 pm. Please call the office to RSVP. All residents are welcome to attend. come meet your new neighbors.



## **Veteran's Club**

The Veteran's Club meets at **3pm on the 3rd Wednesday of the month** in the Clubhouse. All Veterans are invited to join, swap war stories, and enjoy camaraderie with fellow vets. Veteran family members & caregivers are also invited for assistance in caring for their Veterans. In-person assistance from trained **Service Officers** is available at **American Legion Post 142** in Pompano every Tuesday from 10am to 1:30pm. The VA **Caregiver Support Program** promotes the health and well-being of those caring for vets with education, resources, support & services. It can be reached at **855.260.3274** or at [caregiver.VA.gov](http://caregiver.VA.gov).

All World War II veterans are now eligible for FREE health care, medical services, and nursing home care. Use RallyPoint.com to locate former military colleagues. Any questions, contact Jim Wells at: [MeadowsVetsDFB@gmail.com](mailto:MeadowsVetsDFB@gmail.com)

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## **Rob's Guitar Jamm**

In the Clubhouse, Fridays 1:00-6:00 PM.

Bring your own instrument and join in. Or just come to visit and enjoy.

Requests honored. If I do not know it, I'll learn it, Rock on!



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## **Bocce**

Ladies, come join us for BOCCE at the Bocce courts every Tuesday and Thursday at 9:30 AM. No experience necessary. Beginners are welcome. Come join in and have fun!

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## **Aqua Mermaids**

Come to the pool on Monday, Wednesday, and Friday at 11:00am for some aqua fun! Join the fun of coordinated water exercises while getting in a good workout! Easy, fun and move at your own pace. All are welcome!

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## **Bridge at the Meadows**

Attention: If at one time you played Duplicate Bridge and would like to get back in touch with Bridge, we meet weekly in the library on Thursdays at 12:30pm. If you have any questions, please call **Jo Lojewski @954-429-3320** or **Trudy Kalen @954-729-0750**. Bridge has been recommended as one of the things to sharpen your memory and to off-set Alzheimer's Disease.

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## **Free Haircuts for Men**

Alfonso M., Lot #371 is a Retired Licensed Barber and if you need a haircut and can't leave your home, he will come to your home, by appointment only, and cut your hair free of charge. Just call Al @954-446-3242 (no tips or gifts allowed).

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## **Bunco**

Come join us to play Bunco every Wednesday @ 7:00 pm in the clubhouse. We will teach you how to play. It's a very easy game to learn how to play! Please be at the clubhouse by 6:45 pm so we can start on time. If you have any questions call Kelley Giasullo @ 978-375-9874 or John Pizzano @ 603-997-1372

## **Pickleball**

Coed pickle ball has returned to the Meadows at 9:00 am to noon, Monday, Wednesday, and Friday. Come play the fastest growing sport in America. Good exercise, great fun, fresh air, and meet your neighbors, it's a perfect way to begin your day.

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## **Chair Yoga**

Starting January 8th, 2024, on a trial basis, we will offer a Yoga Chair Class at the Clubhouse, Monday, Wednesday, and Friday, 10:30 – 11:00 am. Come and Try it.

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## **Tech Talk**

Do you have questions about your computer, or other devices? Not sure where to turn? Bring your question, your laptops, phones, tablets, or other devices to with you to our next Tech Talk at the Meadows. Not comfortable asking your question in front of everyone? Email Debbie at [techtalkmeadows@gmail.com](mailto:techtalkmeadows@gmail.com) and your question will be discussed anonymously. We meet the last Saturday of the month at 10am in the library.

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## **Mahjong**

The goal of Mahjong is like poker, in that the aim is to make matching sets and pairs. On Mondays at 1pm Liz is willing to teach anybody how to play the game. Come one come all. Join in the fun and meet your neighbors.

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## **Bingo**

Bingo is played on Tuesday evenings from September-May. The doors open at 6pm and the games start at 7pm with cash prizes. Large crowds mean large jackpot. Light refreshments are served. Bring a friend, guest are welcome. Please bring your FOB the doors are secured during play.

**Volunteers are needed for more information call Ralph 914-610-5685 or John 561-613-7785**

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## **Poker**

Poker is played on Thursday nights in the card room at 7 pm. Come join in on the fun and meet your neighbors.

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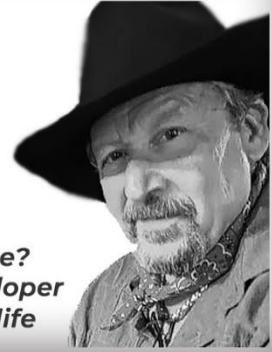
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# March Celebrations

## Birthday

Best wishes to our neighbors! Have a wonderful celebration.  
This month is YOURS

First Name	Last Name	Day	First Name	Last Name	Day
Angelo	Circelli	1	Thanh Thi	Nguyen	16
Larry	Nakara	1	Anthony	Durante	18
Mary	Coglitore	1	Anthony	Wright	18
Nohad	Chammah	2	Anthony	Guadagnino	19
Andrew	Munro	2	Becky	Laden	19
Michele	Bryan	3	Elisabete	Reis	19
Robert	Scheel	3	Anthony	Cannone	20
Bruce	Laden	3	Dex	Rho	20
Stanley	Rivard	4	Leda	Lester	21
Robin	Markarian	4	Gerriann	Calcagno	21
Phillip	Melland	5	Carol	Johnson-Coote	21
William	Morris	5	Adosinda	Rodrigues	21
Ray	Kinney	6	Gary	McGeddy	22
Gail	Fantaci	6	Antionette	Licamara	23
Efrain	Alfonso	6	Dario	DaSilva	23
Joseph	DiCecca	6	Ruth	Rivard	23
Rosemarie	Page	6	Thomas	Silveira	23
Patricia	Giasullo	7	Gerrit	Walters	24
Layne	Clark	7	Donald	Weldy	24
David	Millard	10	Eva	Troise	25
Claudette	Serpico	12	Maria	Calderon	25
Michael J	Miller	13	James	Fantaci	27
Floren	Kinney	14	Susan	Lundstrom	29
Donald	Laux	14	Filomena	Rodriguez	29
Jose	Rivera	16			

### Anniversaries






Wishing a perfect pair  
A perfectly happy day.  
Here's to another year of  
being great together!

Gary & Linda	Treichler	3
Anthony & Jacalyn	Wright	8
Samuel & Maria Isobel	Tinoco	15
Phillip & Han Ling	Melland	16
Donald & Dana	Courtney	28



# March 2024

February '24							April '24							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3			1	2	3	4	5	6
4	5	6	7	8	9	10	7	8	9	10	11	12	13	
11	12	13	14	15	16	17	14	15	16	17	18	19	20	
18	19	20	21	22	23	24	21	22	23	24	25	26	27	
25	26	27	28	29			28	29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1 Chair Yoga 10.30 Aqua's 11am pool Rob's guitar jamm 1:00PM	2 Dr. Seuss's B-day
3 Meet & Greet new residents 2:00 PM	4 Chair Yoga 10.30 Aqua's 11am pool Mahjong 1:00PM	5 Bocce 9:30am Zoom Club 4pm Bingo 7:00PM	6 Chair Yoga 10.30 Aqua's 11am pool Bunco 7:00PM	7 Bocce 9:30am Bridge 12.30PM Mahjong 6.30PM	8 Chair Yoga 10.30 Aqua's 11am pool Rob's guitar jamm 1:00PM	9 National Barbie Day
10 Set clock ahead 1hr.  Social Breakfast 8:30 - 11am	11 HOA Meeting 7.00PM Chair Yoga 10.30 Aqua's 11am pool Mahjong 1:00PM	12 Bocce 9:30am Zoom Club 4pm Bingo 7:00PM	13 Chair Yoga 10.30 Aqua's 11am pool Bunco 7:00PM	14 Bocce 9:30am Bridge 12.30PM Mahjong 6.30PM	15 Chair Yoga 10.30 Aqua's 11am pool Rob's guitar jamm 1:00PM	16  St Patrick's Day Party 7 pm
17  St Patrick's Day	18 Social/Travel Club Meeting 2 pm Chair Yoga 10.30 Aqua's 11am pool Mahjong 1:00PM	19 1st day of Spring Election Day No Bingo Bocce 9:30am Zoom Club 4pm	20 Veteran's Club 3PM Clubhouse Chair Yoga 10.30 Aqua's 11am pool Bunco 7:00PM	21 Bocce 9:30am Bridge 12.30PM Mahjong 6.30PM	22 Chair Yoga 10.30 Aqua's 11am pool Rob's guitar jamm 1:00PM	23 Purim begins at Sunset National Puppy Day
24  Palm Sunday	25 Chair Yoga 10.30 Aqua's 11am pool Mahjong 1:00PM	26 Bocce 9:30am Zoom Club 4pm Bingo 7:00PM	27 Chair Yoga 10.30 Aqua's 11am pool Bunco 7:00PM	28 Maundy Thursday Bocce 9:30am Bridge 12.30PM Mahjong 1.00PM	29 Good Friday Chair Yoga 10.30 Aqua's 11am pool Rob's guitar jamm 1:00PM	30 Teck talk 10:00am in Library
31  Easter Sunday	1	Notes Poker every Tuesday & Thursday at 7:00 pm at clubhouse come join us and meet new people!				

## Contact Information.

Office Phone **954-426-3503** Mon-Thursday

E-Mail: [themedows2300@gmail.com](mailto:themedows2300@gmail.com)

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