



York County

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	,
4oz BBQ Pulled Pork Sandwich	Baked Beef Ravioli (6 Ravioli)	Open Faced Turkey Sandwich	Cheeseburger	Chicken, Spinach & Cranberry Salad
1/2c Hawaiin Coleslaw	w/ 1oz Shredded Cheese	w/ Gravy	w/ Lettuce, Tomato	w/ Dressing
•	1c Tossed Salad w/ Tomato	1/2c Whipped Potatoes w/ Chives	·	(3oz chix, .5oz cheese, 1t. Cran)
1/2c Ranch Potatoes	•		1 c. Creamy Potato Soup	· · · · · · · · · · · · · · · · · · ·
Sandwich Roll	1 Garlic Breadstick	1/2c Sweet Corn	with crackers	1c. Mixed Greens & Spinach
Cookie	Seasonal Fresh Fruit	1 White Bread	1 Hamburger Roll	1/2c. Beets
	TIEM:	1 Cookie	Seasonal Fresh Fruit	1 Breadstick
				1 Piece Cake
8	9	10	11	12
Roast Beef w/ Gravy	Teriyaki Chicken	Sliced Ham w/ Pineapple Sauce	BINGO BAGGED LUNCH	4oz Tuna Salad Sandwich
1/2c Mashed Potatoes	1/2c Vegetable Rice Pilaf	1/2c Whipped Sweet Potatoes	Italian Sandwich on White	w/lettuce & tomato
1/2c Mixed Vegetables	1/2c Carrots	1/2c Green Beans	(Ham, Salami and Provione)	1/2c Broccoli Salad
1 White Bread	1 Wheat Bread	1 Dinner Roll	Cole Slaw & Pasta Salad	1/2c Coleslaw
1/2c Pudding	Seasonal Fresh Fruit	1 Cookie	Fresh Fruit	2 White Bread
,			Iced Tea	Seasonal Fresh Fruit
15	16	17	18	19
Parmesan Chicken Over	Pizza Party Day in House only- sign up	1c Stuffed Pepper Casserole	Turkey Chef Salad	4oz Sloppy Joe
1/2c. Lemon Asparagus Pasta	Bagged Lunch	1/2c Wax Beans	(2oz Turkey, 1oz Cheddar, over	Baked Potato
1c. Tossed Salad W/Tomato	Sweet Lebanon Bologna and American	1/2c Peas & Carrots	1c Mixed Greens w/ Tomato)	1/2c Green Beans
1 Breadstick	Cole Slaw and Fresh Fruit	1 White Bread	1 c. Vegetable Soup w/ Crackers	1 Hamburger Bun
			' '	
1/2c. Apple Crisp	Cookie	1/2c Pudding	1 Dinner Roll	Seasonal Fresh Fruit
	Lemonade		1/2c Gelatin	
22	23	24	25	20
Swiss Steak	==	= •		
	Creamy Vegetable Lasagna	Creamy Garlic Chicken Breast	Baked Lemon Pepper Fish	Baked Meatloaf w/ Gravy
w/ 2oz Onion Gravy	.5oz Shredded Mozzarella	1/2c Buttered Noodles	1/2c Rice Pilaf	1/2c Mashed Potatoes
1/2c Whipped Potatoes	1c Tossed Salad	1/2c Spinach	1/2c California Blend Vegetables	1/2c Peas
1/2c Carrots	1 Garlic Breadstick	1 Wheat Bread	Dinner Roll	1 White Bread
1 Wheat Bread	1/2c Peaches w/ 1/4c Cottage Cheese	1/2c Mandarin Oranges	Seasonal Fresh Fruit	1/2c Gelatin
1/2c Blushed Pears		NEW		
		SHARE		
29	30	000		N.
	Pasta & Meatballs (4)			
Creamy Parmesan Pork Chop	` '			
Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes	1/2c Pasta w/ Marinara			
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1/2c Diced Redskin Potatoes	1/2c Pasta w/ Marinara			Nutrition 1
1/2c Diced Redskin Potatoes 1/2c Green Beans	1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato			Nutrition The Group
1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll	1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick		*menu subject to change	Nutrition Group