



## APRIL 2024

3700-4 Davidsburg Road, Dover, PA 17315

HOURS: 8:30am - 1:30pm Monday - Friday

EMAIL: center.heritage@yahoo.com

NEW WEBSITE ADDRESS: HeritageSeniorCenter.com

*...where seniors come to grow...*

### *Our Staff...*

Executive Director	Denise Miller
Assistant Director	Laura Gibbs
Administrative Assistant	Stacy Lepley
General Assistant	Kim Armstrong
HDM Coordinator	Liz Olasz-Revesz
Kitchen Coordinators	Dave Angelina Judy Vance

## MARK YOUR CALENDAR

### UPCOMING EVENTS

Zook's Pie Sale - April 25, 2024  
Order Form attached!

May Festival - May 17, 2024

- \*Wellness Fair
- \*Community Yard Sale
- \*Free Bingo
- \*Food Trucks events

Crab Feast & Cruise  
on the Choptank River  
August 14, 2024

Myrtle Beach  
Entertainment Spectacular  
October 7 - 11, 2024

### Lunch Schedule & Sign-up Instructions

The Heritage Senior Center provides lunch 5 days a week, Monday through Friday, picking up a "Grab & Go" meal or eating at the Center.

**"Grab & Go" meal pick up time is: 10:30am - 11:30am**

**Dining at the Center begins at 11:30am**

- BE SURE TO** fill out the monthly lunch sign-up sheet and **CIRCLE** if you are getting a "Grab & Go" meal or eating at the Center.
- Directions for Monthly sign-up:** Sign into Copilot and **TOUCH** the days on the screen that you plan to eat lunch at the Center or will be picking up a "Grab & Go" meal. Be sure to select only one of them for each day you plan to eat lunch.
- When you have completed with sign-up,** please hand in your lunch sign-up sheet to a staff person.
- If you need to make a change to your lunch sign-up sheet at a later date, please leave a note with staff **AND** make the change on Copilot.
- Directions for Daily Sign-in:** Each member signs into Copilot separately. Example: husband and wife. The Staff will *assist, if necessary,* but it is up to **YOU** to check yourself in **each** day and to also sign up for your monthly meals.
- Meal head counts are ordered TWO business days ahead.** For example, a meal ordered on Monday is ordered on Thursday, Wednesday's meal is ordered on Monday, etc.
- Please pick up "Grab & Go" lunches on time, by 11:30am or call us **EACH** time you will be late. We will not be saving meals for you unless you let us know you will be late. Please be respectful and use exceptions sparingly.



## Building Fund Donors

Jane Stabley

Marie Chronister

All donations help us reach our goal  
for our new building!



## Donations to the Senior Center

Thank you for your donations!

This saves us dollars that we can use for programming and activities for our Seniors.

Items we are in need of:

- **Snack items**: such as crackers, chips, cookies, 12 oz cans of soda (Coke, Diet Coke, Sprite), bottled water and powdered coffee creamer
- **Office Supplies**: especially copy paper White, postage stamps, white letter size security envelopes, Avery address labels,
- **Cleaning supplies**: Mr. Clean floor cleaner, sanitizing wipes
- **Kitchen items**: sandwich bags, coffee cups with lids, Ziplock gallon and quart size freezer bags, paper plates (6 inch), Large kitchen size garbage bags (13 gallon)
- **Gift cards to BJs, Walmart, Amazon, Staples, Dollar Tree/Hobby Lobby**
- **Kleenex boxes - square**

## *Thank you for your donations!*

Bill Burger

Stacy Troup

Carolyn Coleman

Dave Angelini

Hazel Hamme

Roxannia Spangler

Joy Inch

Barry Gohn

Melvin Matson

Elizabeth Stump

Anna Whitted

Brenda Leidig

Zig & Pris Szabo

Tom Lighty

Sonny & Tina Rutter

Sue Myers

Marietta Faust

Sandy Dubbs

Judy Lehigh

Barb & George Hempfling

Chris Coleman



## April Birthdays

- 4/1 Gay Hoffman, Roberta Rishel,  
Barbara Schoyer, Phyllis Wolgamuth
- 4/2 Nancy Raffensberger
- 4/4 Jane Esterby, Kimberly Lemkelde
- 4/10 Lynette Barefoot
- 4/11 Melvin Matson, Edgar West
- 4/15 Peter Bowen
- 4/17 Kimberly Armstrong
- 4/19 Pamela VanHying, Margaret Wagaman
- 4/20 Dennis Leidig
- 4/22 Jean Elicker
- 4/23 Benjamin Hyser
- 4/24 Alan Herr
- 4/26 Harold Mummert
- 4/27 Christopher Worrell

## *A warm welcome to our new members*

Joyce Smith	David Hershey
Huey (Bud) Smith	Hope Yeager
Norma Jean Markle	Roy Yeager
David Spahr	Bonnie Mellott
Jennifer Spahr	Larry Mellott
Mary Jo Keller	Jamie Prough
Connie Sheridan	Tex Coleman
Georgia Watson	George Holder
Lorraine (Rena) Simpson	

## Get Well Wishes

Rodney Flinchbaugh

Bonnie Zeigler

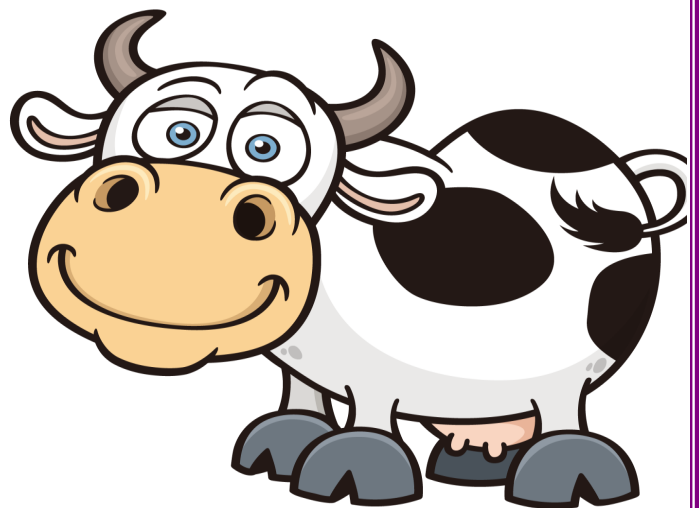
*Our thoughts and prayers  
are with you.*

## *MOOOO! What is Pie Day Friday?*

Every Friday we raffle off pies,  
small cakes or other dessert items.

If you are dining with us,  
you have a chance to win!

Simply write your name on the card  
and place it in the Cow Can



**MAKE A SEED BALL - APRIL 9TH - AT THE LIBRARY-10:30 AM**

**PAINT A BIRD HOUSE - APRIL 17TH - SIGN UP WITH KIM**



## Sunshine Committee and Birthday Club

WE NEED YOU!! We receive yummy cupcakes from Country Meadows Senior Living Communities every month. We want to celebrate each month's birthdays, anniversaries and spread cheer to those who are not feeling well. *What can you do to help?*

- ♦ *Greet and welcome new members. Show them around and introduce them to other members.*
- ♦ *Daily Greeter*
- ♦ *Fill out cards; birthday, get well, anniversary, sympathy, etc.*
- ♦ *Help plan a monthly celebration. Call and invite the birthday people to the celebration.*
- ♦ *One or two people to take the leadership for the committee and get the parties started.*

Please let Denise know if you are interested with any part of these areas or have any questions.

*Help us make everyone feel special.*

## APRIL ACTIVITIES & PROGRAMS

### Exercise Class

**First Tuesday** of the month: 9:00am - 10:00am with Vickie

### Crochet/Knitting Group

**Every Tuesday** of the month: 9:00am - 11:15am

In Small Activity Room - Anyone interested is welcome to join!

Cross stitch kits available.

### Chapel Time   Singing, message & Communion

**Last Thursday** of the month: 9:30am - 10:30am

In Small Activity Room - All are welcome to join!

### Pickle Ball

**Every Wednesday** of the month: 12:30pm - 1:30pm

In the Community Room for **REGISTERED MEMBERS**. Enter through the Senior Center and sign in at the receptionist desk. Dress appropriately for exercise, including proper footwear.

### Piano Sing Along with Diane : April 24, 2024

Sing along with Diane to the classic tunes.

## Newsletter Sponsorship

We have an opportunity for members, businesses and community individuals and organization to sponsor our newsletters each month. The cost is \$50.00 for members, \$60.00 for non members, Community Non Profit Organizations are \$75.00 and Businesses are \$100.00 per month. By sponsoring our newsletter you help us defray the costs of the newsletter and your name will be seen by various groups . Our newsletter is put on our website and Facebook page and is distributed in the community in Dover and West Manchester Township. You may sponsor the newsletter in honor or memory of a loved one and write a 1 to 3 sentence statement about them. Businesses may email us a digital ready logo to be placed within the newsletter and a 3 sentence statement about your business. Heritage Senior Center reserves the right to edit statement for length and the right to turn down any business that is inappropriate or looking to fraud our members. Please contact Heritage Senior Center at 717-292-7471 or via email at [Center.Heritage@yahoo.com](mailto:Center.Heritage@yahoo.com)

# BYFPT

Bring Your Favorite Pizza Topping (to share)

MAKE YOUR OWN PIZZA PARTY and BOARD GAME PARTY

APRIL 16, 2024



Please sign up and bring your favorite topping.

The Center will provide flatbread/Naan breads, sauce, and cheese.

Lunch will be a bagged lunch that day.

**BOARD GAMES AND PUZZLES START AT 8:30 AM**

**MAKE YOUR OWN PIZZA BEGINS AT 10 am**



## Closure Due to Inclement Weather

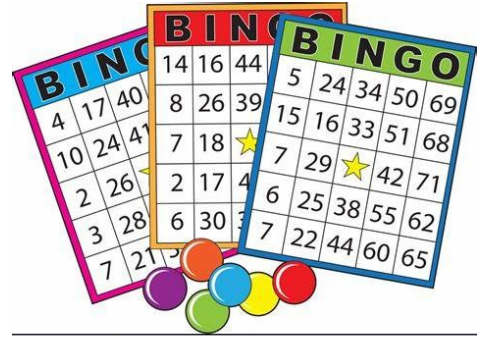
When snow and or ice is predicted for the day and you would like to confirm if the Senior Center will be open please call the center at: (717) 292-7471

-There will be an announcement on the voicemail ONLY if the Center is closed for the day.

\*Call after 7:00am.

-The Senior Center attempts to have closures broadcast on WGAL CHANNEL 8 AND WHTM CHANNEL 27 but due to the incredible amount of businesses that use this service, they don't always post the center's closure.

-Please call us if you plan on canceling your lunch if the center remains open. Thank you!



**April 11, 2024**

**9:00am - 12:00pm**

**\$10 for 40 games**

All members of the Senior Center are invited  
to sign up for a fun day of Bingo.

**\*Remember to sign up  
for the bagged lunch!**

## APRIL BOOK CLUB

**Monday, April 29, 2024**

*The Lamplighters* is a mystery, a love story and a ghost story all at once. Cornwall, 1972. Three keepers vanish from a remote lighthouse, miles from the shore. The entrance door is locked from the inside. The clocks have stopped. The Principal Keeper's weather log describes a mighty storm, but the skies have been clear all week. What happened to the three men, out on the tower? Twenty years later, the women they left behind have been driven apart by the tragedy. Still struggling to move on, Helen, Jenny and Michelle are approached by a writer who wants to know their side of the story. But by confronting the past, dark fears and hidden truths begin to surface. Inspired by real events, Emma Stonex weaves a suspenseful mystery with an unforgettable story of love and grief.

### THE LAMPLIGHTERS



**EMMA STONEX**