

# The Testament

March 2024

Lincoln Memorial Baptist Church

Durham, NC

*A timeless message from the archives...*

## Places In The Heart

- by Bro. Dean Jernigan

The heart of man is a vital organ. It goes without saying that it is impossible to live without a heart. Life would cease without those regular and rhythmic beats that pump blood throughout our bodies.

Yet for all of its wonderful physiological functions, the heart is often associated more with the various emotional aspects of life. People in relationships put their hearts through the emotional roller-coaster of ecstatic highs when they fall in love, and become "heartbroken" during the despair of a break up.

The level of commitment that we offer to a cause or to an effort is often attributed to how much "heart" we have for the event. Even the staunchness of our opposition to a cause or an idea can be associated with the condition of our hearts.

Recall that in Exodus, as Moses pleads for the release of the Israelites, God alters the heart of Pharaoh, conditioning it against releasing them from bondage. *And Moses and Aaron did all these wonders before Pharaoh: and the Lord hardened Pharaoh's heart, so that he would not let the children of Israel go out of his land. (Exodus 11:10)*

So much of what we do in life is driven by the condition of our hearts. The physical state of our heart sustains life, but the part of the heart that's influenced by emotion determines how we live. Driven by the desires of our heart, we seek the abundant life that our Heavenly Father has promised.

Sooner or later on our journey, we begin to realize that the abundancy promised to us does not always appear in the form of valuable items or possessions. In many cases, it comes in the form of the relationships that we form with others and the incalculable value that those relationships bring to our lives.

It comes from the joy that we experience in our hearts when we appreciate our blessings and share our blessings with others. And it comes in the form of the unconditional love that we have for the people who have secured a permanent place within the walls of our hearts. Abundancy reaches its peak when we find comfort in living by God's greatest commandment - *Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. (Matthew 22:37)*

During March, as we look back on the innumerable contributions made by women during Women's History Month, let us reflect on the awesomeness of God's glory as manifested through the women that He has placed in our lives. Let us be mindful of our mothers, grandmothers, wives, daughters, sisters, aunts, nieces and the female friends, coworkers and acquaintances who we share our lives with each day.

Led by compassionate hearts and an unwavering faith, our women have sustained our homes,



**Resurrection Sunday**  
**March 31, 2024**  
**HE LIVES!!**



***I am the resurrection and the life. He who believes in Me, though he may die, he shall live.***

***John 11:25***

**Sonrise Service**  
**7:00am**

## Please Vote!!

**The 2024 Statewide Primary and School Board Election will be held on:**

**Tuesday, March 5th**  
**6:30pm - 7:30pm**

**For more information on polling locations, please call the Durham County Board of Elections at 919-560-0700**

molded our children and played a critical role in working the works of God to grow His Kingdom. Their contributions to society, and to the Lincoln family, are at the heart and soul of the success that we enjoy today.

Their contributions to our abundancy, however, cannot be measured in dollars, degrees or other tangible assets. Instead, it is measured by the places that they hold in our hearts that we carry with us everywhere that we go.

# Around Lincoln...



Yielding to temptation, the Jernigan and Williams families enjoy a night out at the Durham Performing Arts Center to see “Ain’t Too Proud”, the dynamic and soulful story of one of Motown’s most prolific singing groups - The Temptations.



Joining with members of his fraternity, Alpha Phi Alpha, Inc., as well as men from other fraternities and community organizations, Bro. Dean Jernigan participates in a “Black Fathers/Father Figures Read-in” at Pearsontown Elementary School during Black History Month. Bro. Jernigan selected the book, “Uptown”, by Bryan Collier to read to students during his classroom visit.



***Deacon on Duty for the month of March:***

***Deacon Tony Williams  
(919) 625-2829***

# Thank You!



Rev. Linzie and Sis. Marva Atkins extend their thanks to the Lincoln family for showering them with love on Love Day and everyday.

## DO YOU WANT TO FAST THIS LENT?

*In the words of Pope Francis*

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

pietrafitness.com



*- submitted by Sis. Kathy Williams*

# Black History Spotlight

Historically Black Colleges and Universities Series



## Grambling State University

The story of how Grambling State University came to existence is one of resilience. Like many public HBCUs, early administrators were determined to succeed amid formidable odds. This mindset of success manifested an impressive gallery of accomplished alumni across a spectrum of industries and professions.

Grambling State University opened on November 1, 1901 as the Colored Industrial and Agricultural School. It was founded by the North Louisiana Colored Agriculture Relief Association, organized in 1896 by a group of African-American farmers who wanted to organize and operate a school for African Americans in their region of the state.

In response to the Association's request for assistance, Tuskegee Institute's Booker T. Washington sent Charles P. Adams to help the group organize an industrial school. Adams became its founding president.

In 1905, the school moved to its present location and was renamed the North Louisiana Agricultural and Industrial School. By 1928, after becoming a state junior college and being renamed the Louisiana Negro Normal and Industrial Institute, the school began to award two-year professional certificates and diplomas.

In 1936, the curriculum emphasis shifted to rural teacher education; students were able to receive professional teaching certificates after completing a third academic year.

The first baccalaureate degree was awarded in 1944, in elementary education. In 1946, the school became Grambling College, named after P.G. Grambling, the white sawmill owner who had donated the parcel of land where the school was constructed. In addition to elementary educators, Grambling prepared secondary teachers and added curricula in sciences, liberal arts and business, transforming the college from a single purpose institution of teacher education into a multipurpose college. In 1949, the college earned its first accreditation by the Southern Association of Colleges and Schools (SACS).

In 1974, the addition of graduate programs in early childhood and elementary education gave the school a new status and a new name – Grambling State University. The university expanded and prospered between 1977 and 2000. Several new academic programs were incorporated and new facilities were added to the 384-acre campus, including a business and computer science building, school of nursing, student services building, stadium, stadium support facility and an intramural sports center.

<https://www.gram.edu/aboutus/history.php>

The Testament is produced monthly by our Newsletter Committee. Please send articles, photos or other items for publication to [newsletter@mylmbc.org](mailto:newsletter@mylmbc.org) by the 3rd Sunday of each month.

### Newsletter Committee

Reginald Davis • Willee Murphy  
Joan Lofton • Marva Atkins • William Mayfield  
Earleen Sharrock, Editor • Dean Jernigan, Chair

# Membership Ministry Celebration!

- by Sis. Willa Clark

It was celebration time on Sunday, January 28, 2024! The Membership Ministry sponsored a pasta dinner to celebrate the 2023 birthdays and anniversaries of the members of Lincoln Memorial Baptist Church. The fellowship dinner was delicious and enjoyed by all.

In addition to recognitions and celebrations of major events in the members' lives, like birthdays and anniversaries, the Membership Ministry also provides the first training for new members through the New Members Classes. This ministry makes an effort to stay in touch with members throughout the year, especially during various events that occur in the lives of the congregation. This ministry effort is to let the members know that they are being thought about and that the Lincoln Baptist Church family cares about them.

The members of the Membership Ministry are Sis. Barbara Leathers (Chairperson), Sis. LaTonya Brodie (Vice Chair), Sis. Willee Murphy, First Lady Marva Atkins, Sis. Vera Hodge, Sis. Willa Clark and Sis. Pamela Jernigan.



## Happy Birthday to our March Birthday Celebrities!

Trevor Williams (1st) • Tennille Dingwall (12th)  
Sean Dingwall, Sr. (14th) • Jacqueline Brown (14th)  
Justin Bailey (16th)

## Happy Anniversary!

Min. Carlos and Deaconess Tanga Best (18th)  
Deacon Robert and Sis. LaTonya Brodie (25th)

**Best Wishes For Many More!!**

# Super Bowl Fellowship!

Our Super Bowl Fellowship is a joyous event that combines the excitement of the Super Bowl with the celebration of our Fantasy Football League. Food and fellowship were plentiful and an enjoyable time was had by all. **Congratulations to Sis. Janetta Wadlington on winning the Fantasy Football League Championship and to Sis. Annie Wright who finished in second place.** Hats off to our Layman's League Ministry for organizing a wonderful event.



*But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.*

*1 John 1:7 (NKJV)*



**Congratulations to all of our Fantasy Football League participants on an outstanding season!**

# Celebrating Black History!

Our Black History events during February culminated with several wonderful presentations from members of the Lincoln family. Min. Eric Melvin gave an introduction to Lott Carey, the missionary who dedicated his life to helping others in foreign lands. Sis. LaSheka Wilks shared history on Bessie Coleman, the first Black woman to earn a pilot's license. Deacon William Mayfield and Sis. Vera Hodge dramatized a historical moment between renowned gospel singer Mahalia Jackson and Rev. Dr. Martin Luther King, Jr., at the 1963 March on Washington. Lastly, Bro. Sam Coley, musician for our Voices of Praise Choir, shared the family history of his grandfather, the late Rev. Neill Archie Moore, and the commercial and agricultural success that he achieved in the segregated society of the 1930's. Special thanks to all of the presenters for the thought and energy put into preparing and sharing this valuable information with the Lincoln family. Thanks are also extended to everyone who participated in our Black History celebration!



*Min. Eric Melvin*



*Sis. LaSheka Wilks*



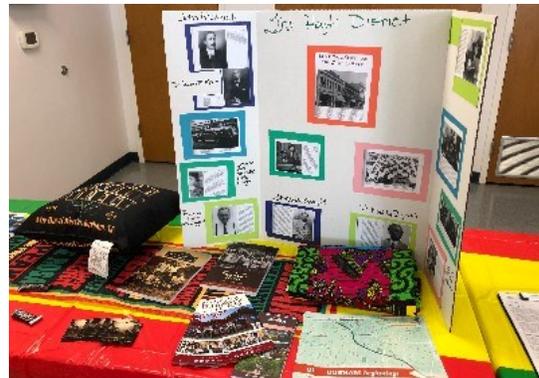
*Bro. Sam Coley*



*Deacon William Mayfield and Sis. Vera Hodge*

*There is always light, if only we're brave enough to see it. If only we're brave enough to be it.*

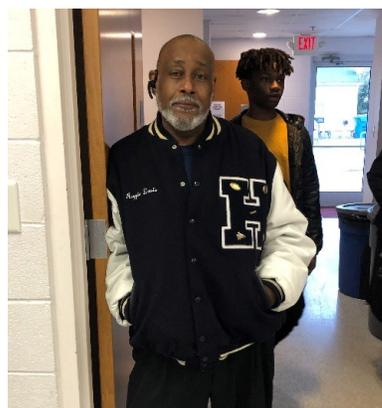
*- Amanda Gorman*



For the Black History Fellowship Dinner, our Culinary Arts Ministry prepared tables displaying some of the individuals and places that have played a role in shaping Durham's Black History.



Sis. Kathy Williams and Bro. Cecil Sharrock represent their alma mater - **Winston-Salem State University**, during HBCU Day!



Forever a proud and loyal Hornet, Bro. Reginald Davis gives a nod to **Hillside High School** during HBCU Day.



Like many others, Sis. Kathy Williams and Sis. Annie Wright dress for the occasion on African-Attire Day.

# Black History Celebration HBCU Day!

As part of our ongoing recognition of Black History - emphasized during the month of February, members of the Lincoln family spotlighted Historically Black Colleges and Universities. These institutions have played a vital role in advancing the cause for equality and opening doors for opportunities across our nation.



# Change Your Thoughts, Change Your Life

*Those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.*

*Romans 8:5-6 (NIV)*

You haven't been sentenced to a life of frustration and stress. You don't have to be stuck in your hurts, habits, and hang-ups. God has something far better for you.

We all want peace and freedom - and the good news is it may be closer than you think.

The Bible teaches that, for those who follow Jesus, peace is a mindset. If you're not at peace, it's your choice.

In the next few months, the economy more than likely won't change. Your work situation won't change. Your broken relationships may not get healed.

But your mindset can change. That will be the difference between a life of self-destruction and a life of peace.

The Bible says in Romans 8:5-6, "Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace" (NIV).

Ask the Holy Spirit to give you better thoughts - thoughts that bring peace, not frustration. You need to look at your situation differently: in the Holy Spirit way.

Will you look at your life the way you've always looked at it, or will you look at it the way God does? Remember, the "mind governed by the flesh is death." Choosing to look at your situation through your own lens is self-destructive.

Ask the Holy Spirit to replace the self-destructive thoughts with his own. When you've got something negative in your life, don't resist it. Replace it.

If you turn on the TV, and there's something on that you don't want to watch or you shouldn't watch, you can't just sit there and tell yourself you shouldn't be watching it. You have to change the channel. You replace it - immediately.

You choose what you dwell on. Ask the Holy Spirit to give you the thoughts you need to focus on. He'll do it! He will change your perspective. And that will change your life.

*Pastor Rick Warren*  
[www.pastorrick.com](http://www.pastorrick.com)

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# KIDZ ZONE

-submitted by Sis. Earleen Sharrock



There are several colors associated with Easter, each of which has different and symbolic meanings. In the Christian church, specific colors are used to mark the solemn observances and joyous celebrations throughout Lent and Easter. These colors serve as a visual guide through the season of reflection leading to the commemoration of Jesus' crucifixion and the celebration of His resurrection.

**The "Colors of Easter" are very important, as they reflect the elements of Christian belief:**

**Purple symbolizes Royalty and Sorrow:** During Lent, the 40 days leading up to Easter, you'll notice the predominant use of purple or violet cloths, representing the pain and suffering of Jesus' crucifixion as well as the somberness of Lent.

**White symbolizes Purity, Innocence and Peace:** During Easter, white is reflective of the resurrection, signifying new beginnings and the triumph of life over death.

**Gold symbolizes Triumph and Hope:** It's a festive color that brings to mind the brightness of the Easter celebration and the promise of eternal life.

**Red symbolizes Love and Suffering:** The bold color of red is deeply tied to the concepts of love and bloodshed, marking the passion and sacrifice of Jesus.

**Black symbolizes Sorrow and Fasting:** Black is a color of mourning and repentance, traditionally used during Ash Wednesday (the first day of Lent) and Good Friday to signify sorrow and fasting.

**Green symbolizes Hope and Renewal:** Green is the color reminiscent of the fresh growth of spring and the promise of new life.

**Yellow and Pink symbolize Renewal and Joy:** Yellow echoes the cheerfulness of the sunshine. Pink reflects new beginnings that come with spring. Both colors represent the spirit of renewal and the joy of Easter's celebration.

**Blue symbolizes Peace and Innocence:** Blue is often associated with the Virgin Mary and the purity of the Easter message.

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# KIDZ ZONE

-submitted by Sis. Earleen Sharrock

## EASTER QUIZ

**This quiz will test your knowledge of the Easter Story. Select the correct response.**

	A	B	C
In the Easter story one of Jesus' friends betrayed him. What did he get for doing this?	30 pieces of silver	30 pieces of gold	A villa on Lake Galilee
One of Jesus' friends said that he didn't know him. Who was it?	Thomas	Judas	Peter
Who did Pilate release instead of Jesus?	Barabbas	Lazarus	Joseph
Before Jesus was put on the cross, what happened to him?	He had some time with his family to say goodbye	He was tortured and made fun of by the guards	He had to sign a confession of guilt
What did Jesus ask his father to do about those who were crucified with him?	Take revenge	Rescue them	Forgive them
When Jesus was on the cross, the sky turned black. When did this take place?	10 a.m.	About midday	6 p.m.
On what day of the week was Jesus crucified?	Monday	Thursday	Friday
What did the soldier in charge of Jesus' execution say just after he died?	"He died quickly."	"I've got a bad feeling about this."	"He was the Son of God."
Who put Jesus' body in the tomb?	Joseph	Pilate	Peter
When Jesus died it was..?	Because his enemies were too powerful for him	To take on himself the punishment we deserved for our sins	To set an example of how we should endure punishment
The purpose of Jesus death was..?	To show us that we can gain life after death if we are good enough	It was a mistake	To save us from our sins, now and forever
Who was the first person to see Jesus alive on Easter Sunday morning?	Peter and John	Mary Magdalene	The Gardener
How many people saw Jesus after he had risen from the dead?	Mary, Peter and Thomas	The 12 disciples	Over 500

# March 2024

*“Building the Church in the Community and the Community in the Church”*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>31</b> <b>Easter/ Resurrection Sunday</b> 7:00am Sunrise Service 9:00am Worship Service	<div style="border: 1px solid black; padding: 5px;"> <p><i>*Conference Call Prayer Line: Dial (605) 475-3235 and enter the pin - 20396# after the prompt.</i></p> <p><i>To add an event to the church calendar, please contact Sis. Cherelle Lee at clee9195@gmail.com.</i></p> <p><i>Please send articles, photos or information for The Testament to newsletter@mylmbc.org by the 3rd Sunday of each month.</i></p> </div>				1	2 Seventh Day Adventist (All Day) 10:00am Trustees 12:00Noon Women of Faith 1:00pm Missionary Min.
3	4 7:00pm Music Ministry	5 6:30pm Sounds of Joy	6 6:00am 12 Noon 6:00pm *Conference Call Prayer Line 7:00pm Bible Study	7 6:30pm Sounds of Joy	8	9 Seventh Day Adventist (All Day) 10:00am Deaconess
10 Deacons (TBA Internally)	11 6:00pm Christian Education	12 6:30pm Male Chorus	13 6:00am 12 Noon 6:00pm *Conference Call Prayer Line 7:00pm Bible Study	14 6:30pm Male Chorus	15	16 Seventh Day Adventist (All Day) TBA Layman’s League
17	18	19 6:30pm Voices of Praise	20 6:00am 12 Noon 6:00pm *Conference Call Prayer Line 7:00pm Bible Study	21 7:00pm Church Conference	22	23 Seventh Day Adventist (All Day)
24	25 6:30pm Computer & Technology	26 6:30pm Mass Choir	27 6:00am 12 Noon 6:00pm *Conference Call Prayer Line 7:00pm Bible Study	28 6:30pm Mass Choir	29 Good Friday	30 Seventh Day Adventist (All Day)

*Photos Taken/Submitted by Sis. Marva Atkins, Sis. Annie Wright, Sis. LaTonya Brodie, Sis. Kathy Williams  
 Sis. Willa Clark and Bro. Dean Jernigan*