



# 'Cures' can kill

A British scientist living in Australia, Dr Lisa Landymore-Lim is the author and publisher of a book that is sending shock waves through the community, *Poisonous Prescriptions*.

The groundbreaking book is the result of her conviction, evolving from a pilot-study of smoking and diabetes, that she may have discovered the reason for our current epidemics of diabetes and asthma in children.

Lisa has a singular academic record and has worked briefly for the Medical Research Council in London and Cambridge. Independent, and entirely self-financed, the book was the result of her mission to bring to public attention information that every consumer should have before popping another pill.

The book will send shivers up and down readers' spines, as Lisa's hard hitting prose makes chilling point after point. From hormone replacement therapy to the possible outcomes of the use of drugs during childbirth, she forces the reader to come to terms with the realities.

"The issue is urgent because there are so many children who are afflicted with asthma in industrialised countries today. If my theory is right, then children in particular - who are the most vulnerable among us and who have no voice - are already the biggest losers," Lisa says.

"Some of the top selling drugs in Australia, including some antihypertensives and diuretics, are already under suspicion for causing adult diabetes. Couple that with antibiotics, which I suspect as being a cause, then its no wonder we have an escalation of the disease.

"I have a sense of urgency about the matter because the effects are going to become harder to investigate as we get more drugs on the market. The way medicine is going - the way people throw themselves into the arms of modern medicine saying 'fix me' - they are going to be less open minded towards suggestions that their medication or procedure could actually do them more harm than good."

Scientist and author, DR LISA LANDYMORE-LIM, has thrown down a challenge to mainstream medicine.



In chapter four of her book, she writes: "While visiting a modern 700 bed hospital in Northern Portugal, I was interested to discover that pethidine is seldom used, as it is appreciated that it is a narcotic which inhibits the suckling reflex of newborn babies. It is possible that the all-too-common use of this drug in industrialised societies, may also have something to do with the difficulty which some mothers have experienced in establishing breast-feeding."

Although Lisa looks mostly at prescription drugs and medicines, she is also concerned with "potent chemicals available from chemists and health food shops without a prescription, in the form of natural health remedies... herbal remedies make no health claims, they are not classified as medicines and consequently are not subject to any sales restrictions."

*Poisonous Prescriptions* will help readers protect their families health and understand the possible origin of some of their health problems. It is a must for those who wish to prevent ill-health and all health professionals.

She claims that the design of some drug trials have been inappropriate for the intended use of the drug. "For example," she writes in her book, "...foetuses, babies, children and the elderly, are typically not the subject of clinical trials. Also, the follow-up period following exposure to the drug is often very short... Some studies on the efficacy of a drug involving the use of a placebo, a substance given as medicine that has no intrinsic value, have revealed that a significant proportion of the placebo patients recover from their illness in

the absence of drug therapy."

Chapter five probes the question of diabetes. She writes: "The fact that men who are heavy smokers produce sperm with chromosomal aberrations, also suggests the possibility that paternal smoking habits, preconception, could result in an increase in the probability of diabetic offspring. Maternal smoking during pregnancy could also be a factor in the development of the disease."

On the cover of her book, Lisa quotes the Department of Health, Western Australia, as saying: "There is no doubt that the medical profession accepts that exposure to antibiotics during manufacture can cause asthma." She asks: "If there are people who could claim compensation for having developed asthma while working in the manufacture of antibiotics, then it may be that those people who believe they have developed asthma through injecting antibiotics could also have a case for compensation."

**For Expo, Dr Lisa Landymore-Lim is planning lectures and workshops focusing on: Healthy Body - Healthy Baby; Healthy and Happy Children; a Drug Workshop. She is also planning a one-hour talk on her book, *Poisonous Prescriptions*, after which there will be a question time. The book will be available at Expo at a cost of \$19.95.**