



Annalisa Landymore-Lim &lt;annalisalandymorelim@gmail.com&gt;

## OUTRAGEOUS BEHAVIOUR OF NHS

1 message

**Annalisa Landymore-Lim** <annalisalandymorelim@gmail.com> Sun, Feb 4, 2024 at 4:06 PM  
To: "CONTACTUS, England (NHS ENGLAND – X24)" <england.contactus@nhs.net>, Annalisa Landymore-Lim <annalisalandymorelim@gmail.com>, richard.horton@lancet.com, katrina.turrill@reachplc.com, newsdesk@sunday-times.co.uk, newsdesk@independent.co.uk, scot.news@express.co.uk, ben.borland@reachplc.com, douglas.dickie@reachplc.com, exclusive@the-sun.co.uk, tips@dailymail.com, reporters@sundaymail.co.uk, scoops@sundaymirror.co.uk, mirrornews@mirror.co.uk, sunday@dailystar.co.uk, news@skynews.com, denis.campbell@observer.co.uk, denis.campbell@theguardian.com, katharine.viner@theguardian.com, andrew.gregory@theguardian.com, chris.evans@telegraph.co.uk, home.news@thetimes.co.uk, hugh.pym@bbc.co.uk, fergus.walsh@bbc.co.uk, nick.triggle@bbc.co.uk, Editor inbox <editor@bnf.org>, Press.Office@rpharms.com, ceu@gov.scot, Pharmacovigilanceser <vigilanceservice@mhra.gov.uk>, Media Enquiries <media.enquiries@hse.gov.uk>

**NHS EXECUTIVES: STEPHEN POWIS, JULIAN KELLY, RICHARD BARKER, AMANDA PRITCHARD**

**NHS BOARD: CHAIR RICHARD MEDDINGS, DEPUTY CHAIR SIR ANDREW MORRIS**

**SCOTLAND NHS: GREGOR SMITH, CAROLINE LAMB**

**ROYAL PHARMACEUTICAL SOCIETY: KATE TOWERS & KAREN BAXTER**

**HSE: JOE HEAD OF PRESS OFFICE**

**MHRA: CENTRAL ALERTING SYSTEM & PHARMACOVIGILANCE**

**EDITORS OF NATIONAL NEWSPAPERS & THE BBC**

Sunday 4 February 2024 13:09

**Richard Meddings, Hon. Fellowship Oxford University, Chair of NHS England**

**Sir Andrew Morris, Deputy Chair of NHS England**

from: Dr Lisa Landymore-Lim

[www.poisonousprescriptions.com](http://www.poisonousprescriptions.com)

Dear Richard and Andrew,

I regret to have to inform you that despite probably a total of around 100 emails to Chief Medical Officer (CMO) Professor Sir Chris Whitty and three NHS Executives Amanda Pritchard CEO of NHS

England, Professor Sir Stephen Powis National Medical Director of England and Julian Kelly Deputy Chief Executive and Chief Financial Officer, dating as far back as August 2023 for Chris and mid-December for the NHS Executive Group, not one has replied to my emails asking for help to inform the public that asthma and diabetes are preventable diseases. They were all sent my papers that are attached.

All they have done is code by changing images in their Google boxes, deleting a couple of their lower left or right hand boxes and changing their photos as I had to request because they didn't send me a response in an email, as someone in their position should do.

Amanda's latest terrible black photo which has been up for over a week was used to indicate prison bars (black railings). CMO Scotland Gregor Smith also coded by putting up music videos perhaps because I am also an award-winning songwriter. My only request was that they call a press conference to enable me/us to inform the public (and as a result the world) that asthma and diabetes are preventable diseases.

Antibiotics are the main cause and in the UK the dose of amoxicillin was doubled in 2015 for no good reason and for some children it had already been doubled in 2010. The British National Formulary and Royal Pharmaceutical Society decision makers as Amanda knows have both agreed with me that the dose is way too high.

I call the overdosing a BNF fiasco; the dose for children is decided by one committee and that for adults by another and they don't seem to look at the doses for any previous years. There is the BNFC for children and BNF for adults and children. The British drug company Beecham manufactured amoxicillin in 1960s and the world like lemmings has it seems simply used Beecham's dose published in their SPC (Summary of Product Characteristics or SmPC).

I have contacted about 45 Medicines Regulatory Agencies around the world and sent them my papers on the BNF dosing 1981-2023, asthma and diabetes and I believe that they are all apart from about 8 who had the balls to send me the SPC that they use, ducking for cover as a result of my revelations. The MHRA (Medicines and Healthcare Products Regulatory Agency) in the UK have been included in my emails to overseas agencies. It transpires that all government agencies and royal societies of medicine that I have contacted (most of them I hate to say) wish to remain silent and allow the public to continue to be maimed and waste taxpayers money, despite the fact that professionals in these organisations have degrees, professorships, OBEs and Awards. Possibly not because they are deserving but because some universities have sycophants.

Scottish CMO Professor Sir Gregor Smith is another useless highly overpaid NHS employee as is the

Chief Executive of NHS Scotland and Director-General Health and Social Care Caroline Lamb, who I first started writing to over five months ago. Gregor has twice sent a director of psychiatry after me to I am sure get me illegally sectioned to silence me. I have a copy of all emails sent to NHS employees in England and Scotland.

He knows that I was illegally sectioned twice when I was totally innocent, as psychiatry is full of corrupt workers wanting an easier job than one in other branches of medicine which are less demanding. Psychiatrists can write down anything they like and conjure up all sorts of nonsensical diagnoses. But that is another issue.

As a result of the threats by the Scottish NHS employees, I have had to employ two psychiatrists to declare me fit, highly conscientious and brilliant scientist as well as a lawyer. They have seen my website and my books 'Poisonous Prescriptions - Antibiotics Cause Asthma' 1994 and 'Poisonous Prescriptions - Do Antibiotics Cause Asthma and Diabetes?' 2006 and letters that Gregor and Caroline got a Director of psychiatry to send to me wanting to see me.

Under the 'Protection from Harassment Act 1997' I can sue Gregor and Caroline Lamb for not only 'racial harassment' but 'intimidation'. This might get more media coverage than Gregor's recent Covid hearing following his messaging to and from colleagues that he told them to delete every day.

Amanda knows that I have been travelling to and fro between Scotland and England to try to meet Whitty and since December herself and staying in appalling hostels, as I have always been self-funded for any research to do with asthma and diabetes. I am certain that they all hoped that they would burn me out both physically and financially. It is possible that they don't want me to inform the innocent public because they have made their children, partners or other members of their family take antibiotics or other drugs with the result that they now suffer from hay fever, food allergies, asthma, non-insulin dependent diabetes or diabetes which requires injections of insulin twice a day or insulin delivered via a pump that they carry around with them.

They have all been made aware that the media have been openly included in some of my emails to them and that I have delivered plastic KICKASS cards to the Editors of all the major national newspapers. This was done to in an attempt to get the NHS to help me to inform the public that asthma and diabetes are preventable diseases. They are iatrogenic, caused mainly by the prescription of antibiotics by doctors who are not aware of the toxic effects.

I have even provided numbers about the deaths of asthmatics in the UK and USA (said to be 10 people a day) who literally choke to death as they are unable to breathe. In desperation, I also told them that respiratory drugs used to treat asthma and COPD and drugs to treat diabetics are at the top of the list

of cost of drugs to the NHS. This was in an attempt to try to convince them that they should do something; in case they didn't want to search for the information I sent them data to support my claims.

Finally, late last week as Stephen Powis coded by having his photo in the Google search result for NHS Executives replaced with a photo of Richard Barker, Regional Director for the Northeast and Yorkshire and North West regions, I included Richard to no avail. I guess that they must all be afraid of reprisals by Amanda should they contact me.

Since I assume that you both have some authority in the NHS as Board members, I hope that one or both of you can sort Amanda out and spur Professor Stephen Powis into helping me to reduce the carnage. As a result of this protracted sorry saga, I have had to seek the help of the media (newspapers and BBC) who as you can see if the NHS mail sorters include all email addresses, are also being sent this email.

I'm not one who wants to embarrass people or make them lose their jobs, although it has happened when seriously warranted, but too many people are becoming victims and dying and too much time has been wasted due to the callousness of both CMOs and NHS Executives. You may have seen that hay fever drugs are on sale everywhere as are signs with allergy warnings.

Also, as the NHS knows too many babies are being born with congenital deformities and unsuspecting women are taking drugs during pregnancy because the BNF without any evidence, state for antibiotics that they are not known to be harmful if taken during pregnancy.

Please would you ask Professor Stephen Powis to respond to my emails sent last week which contain my suggested action plan on how to proceed. One suggestion is some small studies to see if some asthmatics, especially those who have only been using inhalers for a short period, can stop inhaling these drugs if given advice about the toxic effects of antibiotics, dietary advice and some supplements. Inhalation of chemical vapours, glues, flour and coffee powders can cause asthma and inhalers for asthma contains powders or chemicals.

I have asked if the NHS would like to offer me a consultancy for 12 months as I don't have any confidence in the NHS informing the public in a timely manner, working to reduce the dose of amoxicillin and conducting studies of asthmatics from different socio-economic groups as soon as possible. NHS executives, especially Stephen Powis know that I will save the NHS more money than you can poke a stick at, so I have asked for a consultancy fee commensurate with the savings that the NHS will make.

I expect that Amanda might calculate a fee that excludes the benefits that she receives. I am happy to work with Stephen as he is medically qualified and has spoken about his concerns of over prescribing by doctors. As a result of the ineptitude of NHS employees, I have already asked The Times if they would like to help me get drug victims (diabetics and asthmatics) as The Daily Telegraph did successfully back in 1991.

I do not wish to meet with Amanda Pritchard at this stage, as I am both disgusted and outraged at her behaviour and extremely pissed off with the time and energy that I have had to spend writing so many emails to her. I hate asking and repeating myself and have never come across such incompetent professionals. I have also had to file not only my emails to all NHS employees that I have sent but the autoresponders as well.

The media have been given permission to print anything from this letter and my page 'NHS ENGLAND SCOTLAND' on [www.poisonousprescriptions.com](http://www.poisonousprescriptions.com), on the proviso that they let me know the date of publication so that I may obtain a copy, to consider putting up on my website.

In the public interest this letter is also being posted on my website. As soon as either of you respond to this letter this will be mentioned on my website.






Thank you very much for your time.

Regards,

Dr Lisa Landymore-Lim

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#### 5 attachments

-  **ANTIBIOTICS CAUSE ASTHMA.pdf**  
267K
-  **IS DIABETES AN IATROGENIC DISEASE?.pdf**  
332K
-  **SHOULD WE QUESTION THE DOSES OF AMOXICILLIN IN.pdf**  
486K
-  **ARE ASTHMA AND DIABETES IATROGENIC DISEASES?.pdf**  
178K
-  **CHAIRS NHS MEDDINGS & MORRIS.pdf**  
58K