

THURSDAY 13 FEBRUARY 2024 21:10



The ineptitude of the NHS defies comprehension, too much impotence to my mind, with some people too full of self-importance. Perhaps some feel too concerned that they might be exposed as cocaine users. Too many victims of chemical exposure during pregnancy resulting in men with small, bent or penises with the urethra where urine exits on the underside of the penis, even way up to the testicles.

Perhaps there are too many cocaine users who don't act due to fears of being threatened. Some like the Lancet editor Professor Richard Horton OBE have publicly stated that drug use should be decriminalised and that if his daughter took drugs he would want her cared for rather than be convicted. Is this because he didn't want to be convicted if he used cocaine? I gave him invaluable advice in autumn 2023 detailing the vitamins that have been reported to help one wanting to cease using cocaine which can cause erectile dysfunction.

Urogenital birth defects like limb defects are not that uncommon in both England and Scotland. Then we have people with large and / or deformed ears which can result from in-utero exposure to alcohol and / or drugs, although heart defects are the most common birth defects. Graphs show that chromosomal defects are almost as common as heart defects, but I believe that these are caused by the foetus being exposed to chemicals which cause chromosomal changes and can therefore be prevented.

There is insufficient education of doctors and the public about the risks of caffeine, alcohol and drug consumption during pregnancy. Alcohol consumption during pregnancy can result in babies being born with foetal alcohol syndrome (FAS) which may result in their eyes being further apart than normal, small eyes and other deformities including abnormal ears.

The Medicines Health products Regulatory Agency (MHRA) collect information about the side-effects of drugs from people completing their Yellow Card Report Forms ...but who has heard of the MHRA or their Yellow Card Reporting system? I said to the Committee on Safety of Medicines back in 1991 that they should ask anyone reporting a side-effect whether they had taken any herbal remedy, as these contain many chemicals and have never been the subject of rigorous clinical trials. Even clinical trials to test drugs are not comprehensive enough and can be designed so that side-effects are under reported. The number of people taking part is quite small and those taking part are less likely to report side-effects because they would most likely be excluded from the trial if they have side-effects and therefore no longer be paid. Additionally drugs are not tested on pregnant women, so as far as I am aware there is no proof for any drug that it is safe for a woman to take during pregnancy.

Detailed information totalling tens of pages from government departments in both England and Scotland are going to waste because unfortunately, no one seems to be using the data to reduce the number of deformed babies being born.

Unfortunately doctors who have deformities don't seem to have done anything to stop the carnage despite being victims themselves. I suspect that it might be because governments haven't funded research into birth defects, charities are often

funded by pharmaceutical companies and drug companies probably don't give grants for doctors or scientists to investigate birth defects. Probably because there's no money to be made and their drugs might even have caused birth defects.

What I suggested to Professor Sir Stephen Powis National Medical Director NHS England today, is that there should be a government organisation whose responsibility is to reduce the incidence of diseases and disabilities "Prevention of Diseases and Disabilities" (PODD), that also has a food and nutrition section. Nutrition is important and good health starts before conception and food today has many chemicals that are harmful (see "BABY MILKS" page on my website with more to come later). I emailed Stephen my suggestions as he has spoken publicly about the overprescribing of drugs.

I'm surprised that some people who are totally normal and actively engaged in work want to take antidepressants which have side effects. Perhaps if they were fully aware of the side-effects they would think twice before taking antidepressants. I have read a report that said that the contraceptive pill can cause depression and hypothyroidism after 10 years. Antidepressants and thyroxine are as far as I can recall, in the list top 10 drugs prescribed in the UK. Something that I have suggested should be investigated.

Well it's only been over 5 months since I first alerted Professor Sir Gregor Smith Chief Medical Officer Scotland who has two other senior medical positions one being principal medical adviser to Scottish ministers. Gregor contacted my local mental health unit probably trying to have me illegally sectioned, presumably to silence me as I had said that I would start warning the public about antibiotics since he did not want to help me to do so. He knew that I was giving interested members of the public in Motherwell where he has an office and in Glasgow KICKASS cards. It was three women in Glasgow that knew about hearing problems in children and clefts which are facial/lip deformities who told me to go to the media.

The letters below are proof that he contacted a Director of Psychiatry at the local mental health unit as he knew that there is corruption in psychiatry and that I had been illegally sectioned before for 7.5 years (5 years Community Treatment Order

which amounts to the same thing - which included being forcibly injected for no reason whatsoever). He knew that I had been given 5mg of a drug only two times and had severe heart pain and that the drug was known to cause sudden cardiac death. I had given him all the details explaining how my neighbour had got his daughter to ring up the mental health team and say that I was at his house with a knife which is a lie. On the first occasion he told them that the concerns were that I was overworking. His second contact with Dr Brown meant that she asked for two mental health nurses to visit me which is most irregular. Never once in the 5 years when a community mental health nurse visited me. Perhaps it's because the mental health nurse thought that the request for me to be seen was most peculiar as the psychiatric visits stopped mid-2022. Having two nurses visit me would mean that the nurse who thought that the request was odd could be intimidated into lying that I needed to be admitted to hospital when I was working every day to try to alert the public.

It was another noble community mental health nurse who said to my Polish psychiatrist back in 2022 that visits by the psychiatrist and nurse should stop and that I should be allowed to have my life back. She could tell that I was absolutely normal and obviously didn't want to continue to see an innocent person who had been abused for SEVEN AND A HALF YEARS by psychiatrists continue to be abused. She is one ethical mental health nurse that I will be indebted to.

The drugs used to make me vomit to the back of my throat about 3 times a day due to the procyclidine that I had to take, I had frequent nose bleeds, my eyes were always running, I collapsed on the floor a couple of times, had heart pain, nearly choked to death about 6 times as the drugs caused my throat to constrict and I had to lie down all day only being taken out to shop once a week for about an hour and a half. I lived off of ready meals as I wasn't up to cooking or washing up and I ate out of the container. I tried going out for a walk about three times but wasn't up to it and had what must have been like an asthmatic attack once being unable to breathe.

Community Mental Health Team  
Older Adult Service  
Rothsay House  
1 Greenholm Road  
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[www.nhs-ayrshire.org](http://www.nhs-ayrshire.org)

**PERSONAL IN CONFIDENCE**

Ms Annalisa Landymore-Lim  
2 Ashmark Avenue  
NEW CUMNOCK  
Ayrshire  
KA18 4EX

Our Ref: JD/KA  
Date: 22/12/2023  
CHI: 2710575787  
Enquiries to: 01290 428427

Dear Ms Landymore-Lim

My name is Janice Dickson and Dr Browne, Consultant Psychiatrist has asked me to see you. I would like to offer you an appointment to come and see you

on **Wednesday 3<sup>rd</sup> January 2024**

at **10.30 am**

at **your home**

to decide how best we can help.

If this appointment is not convenient, please telephone me at the above number to make alternative arrangements.

I have enclosed a copy of our team leaflet.

Yours sincerely

*Janice Dickson*

Janice Dickson  
Community Mental Health Nurse  
Older Adult Service

c.c. GP - Dr Gillespie, Valley Medical Practice

Enc.

"Please tell us how your appointment or visit went. What was good? What could have been better? Everything you tell us will help to make our services even better. Go online at [www.careopinion.org.uk](http://www.careopinion.org.uk) or call 0800 122 31 35 to tell us what you think and see what others are saying too."

Elderly Mental Health Service  
North West Kilmarnock Area Centre  
Western Road  
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**CLINICAL IN CONFIDENCE**

Ms Annalisa Landymore-Lim  
2 Ashmark Avenue  
New Cumnock  
Cumnock  
Ayrshire  
KA18 4EX

Clinic Date: 04/01/2024  
Date Dictated: 04/01/2024  
Date Typed: 05/01/2024  
Our Ref: DB/AO/2710575787  
Enquiries to: Mrs Anne Oliver  
Tel No: 01563 578 646

Dear Ms Landymore-Lim

I am writing to you as I have had some contact from the Central Medical Officers expressing potential concerns about your health and I would really like to review this with you.

I know my CPN colleagues, Carole Taylor and Janice Dickson, have made contact but we have not been able to review you as yet. I think it is really important that we meet with you to review your health and I would be grateful if you could arrange a mutually agreeable time for the CPNs to come and see you. Alternatively, if you prefer you can attend my Clinic directly if this is easier. If this is your preferred option, you can contact me on the number above to arrange an appointment.

Yours sincerely

Authorised on 05/01/2024 16:26:52 by Debbie Browne.

Dr Debbie Browne  
Consultant Psychiatrist

CMHTE  
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1 Greenholm Road  
CUMNOCK  
KA18 1LH

Professor Sir Chris Whitty CMO and the UK government's Chief Medical Adviser and head of the public health profession and just this week Paul Johnston Chief Executive Officer, Public Health Scotland who I have contacted have also remained silent. I can't help but ask myself why these people are employed at the expense of hard-working taxpayers, most of whom do far more demanding jobs such as retail staff standing up all day, road workers and council pavement sweepers to name just a few. I first contacted Chris Whitty about 5 months ago, even raising concerns about the dose of amoxicillin as I thought that it was something that he should be concerned about.

In the many emails that I have sent Gregor and Chris I told Chris that some comments in two of his videos, one posted by Gresham College about asthma, COPD and Cystic Fibrosis and the other about people with ailments tending to live by the sea are flawed. He had said that asthma is partly genetic and that there are over 100 asthma genes, he has since had my paper 'Antibiotics Cause Asthma'. Professor Sir Stephen Powis National Medical Director agrees with me that asthma and diabetes are iatrogenic diseases.

All three people mentioned above have abnormal ears so I would have thought that being extremely highly paid, actually overpaid in my opinion since they remain silent, this is coming from someone who has worked in factories, cleaned toilets, served in cafes and chip shops, worked in a bank and insurance, laboratories and in medical diagnostic account management looking after hospital pathology laboratories and ICU at the Royal North Shore Hospital in Sydney Australia.

Incidentally when working for Radiometer Pacific a Danish company in Australia, I went to Royal North Shore Hospital one morning at 5am to try to determine why their blood gas analyser kept breaking down. I discovered that they weren't using the analyser correctly. Because they weren't repeatedly inverting the syringe of blood to mix it with heparin on a little piece of paper inside the syringe, the blood was clotting and blocking the tubes of the analyser.

I questioned one doctor as to what steps he took before injecting the blood into the

analyser and he looked at me as if I was stupid. Irritated, he said I bleed the patient and then come to the analyser and inject the sample. I asked him if he ever mixed the sample. He said mix? I explained that he needed to roll the syringe of blood between his hands, then invert the syringe and repeat the procedure a few times. He carried out the instructions and then said to me "you know that's the first time I've ever done a correct blood gas". That's what I like...honest doctors who freely admit when they are wrong.

Some account managers in diagnostics are only interested in the sale and not the training that they're supposed to give users. Having blood taken for blood gas analysis isn't the most pleasant so one wants doctors to do it correctly the first time. I was well impressed that the doctor made such an admission. I made credit card sized instruction cards that they could carry with them until they remembered to mix properly, an idea which the product manager Maureen ran off with as she was peeved that I came up with a good idea for training. It's what gave me the idea for my KICKASS cards.

Got sacked by John Sabatino the Radiometer sales manager when I discovered that the previous account manager Charlotte hadn't billed \$128,000 as required in the RNSH contracts. She had placed several new analysers on a cost per test basis with a minimum number of tests required from each analyser each month. There had been a company competition with a trip to some tropical country if 40 analysers were placed. She would have known that the total number of tests that the hospital signed up for was never going to be met. I alerted the managing director of the company as he was coming up from Melbourne to visit Sydney, to my concerns but he said that the analysers were profitable. I said that he should split his analysis into revenue from the old models and new analysers. That was on a Friday afternoon and by the Monday morning everyone in the company had been emailed and were told to tighten their belts or there would be redundancies.

Well it's now 14 February 2024 ...over 45 days since I first wrote to Amanda Pritchard and months since both CMOs were sent my papers. I will now leave it to the Media to help me to inform the public especially since I have probably helped them.

