

CBD ReLeaf Master™ Certification For Massage Therapist

YOU DON'T KNOW WHAT YOU DON'T KNOW

BE IN THE KNOW!

What you'll learn:

What is CBD?

- History of Cannabis
- The Endocannabinoid System
- What are Terpenes
- The Entourage Effect
- The Difference between THC, CBD, CBN, and other cannabinoids

Hands on Education.

- Symbiotic Benefits of CBD ReLeaf Massage for Clients & Therapists
- Hands on Practices & Technique Development
- Contraindications

Business Applications.

- Legal Concerns
- How to monetize your new skills
- Practical application & Growing your client base with CBD Massage. *

What you receive:

- CBD ReLeaf MT Master™ Certification
- Job Opportunities & Preferred MT Promotions
- Free personal 8oz. ReLeaf bottle for CBD ReLeaf Massage
- Course Material
- Access to CBD ReLeaf Master™ Network, Promotion, & Inclusive Benefits
- Elite ReLeaf Master™ Member Product Discounts

Be in the Forefront of the CBD Massage Industry

COURSE SYLLABUS

Course Number: ____

Contact Hours: 6

Course Title:

The Endocannabinoid System

Instructor: Lynora Silverman, MMP, LMT

COURSE SYLLABUS

The Endocannabinoid System and CBD Massage

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COURSE DESCRIPTION:

This course provides the learner with the principle and theory necessary to understand how the endocannabinoid system interacts with massage. The learner will comprehend the physiological benefits of massage utilizing CBD, indications and contraindications for CBD massage, endangerment sites, tools and equipment, benefits and understanding of the entourage effect, modalities for application and administration of CBD, and safety issues will be discussed.

LEARNING OUTCOMES:

Upon completion of this course, the participant will be able to:

1. Briefly summarize the historical background of the study of CBD and how science realized the array of medicinal benefits provided by the cannabis plant.
2. Discuss the different types of cannabinoids grown within the whole cannabis plant and medicinal benefits of each to the human cannabinoid system.
3. Learn how the different cannabinoids are separated.
4. Evaluate the various pain paths for structural dysfunctions within the body.
5. Discuss and demonstrate sanitation and safety aspects of managing a professional CBD massage environment.
6. Describe the physiological effects of each administration of CBD and modalities.
7. Describe the benefits of CBD massage.
8. Describe the indications and positive effects for CBD massage.
9. Describe the functional and accumulative effects of how we store stress.
10. Recognize client conditions which are contraindicated.
11. Describe various terms used by the professional cannabis industry.
12. Discuss the formulation of session plans as they apply to individual CBD massage therapy goals.

13. Describe the different ways to partake cannabinoids, topically, orally, sublingual and edibles.

RATIONALE:

This course has been created for a Clinical Massage Therapy Diploma Program because I believe that an entry-level massage therapist must gain this knowledge in order to be competent, considered safe to work on the public-at-large independently with CBD topicals and have a competitive knowledgeable edge in the industry as an independent and as an informed educated employee.

Further, and importantly, the material contained in this course provides information necessary to successfully explain the benefits of terpenes and cannabinoids in massage services when achieving homeostasis.

INSTRUCTIONAL METHOD:

This course is taught in a classroom using PowerPoint, instructions manual and hands-on Instruction. A variety of instructional methods including:

1. Science Lecture (PPT, Instruction)
2. Quizzes
3. Facilitated Class Discussion

PREREQUISITE:

The Learner must have earned or be acquiring an LMT license through an accredited school..

SUPPLEMENTAL MATERIAL:

Instructor provided packets, courses and products.

NEEDED SUPPLIES:

1. Pen, paper for notes
2. Hand sanitizer
3. Massage Table