

Name: _____ Date of Birth _____ Primary Home Cell _____
 Email: _____ (Mailing Address): _____
 City State Zip _____
Health Insurance Information
 Has your Health Insurance Plan changed? Yes No (If yes, please provide us with your new Insurance cards)

In Case of an Emergency

Name: _____ Relationship Spouse Parent Grandparent Friend Other: _____
 Phone: _____ Are we able to disclose Medical Information with them? Yes No

Advanced Care Directives, Medical Wishes or Other Preferences

Do you have a Living Will? Yes No Do you have a Power of Attorney/Health Care Surrogate? Yes No
 Are you an Organ Donor? Yes No Name _____ Phone: _____
 Do you have a DNR? Yes No

Health and Social History

Have you ever smoked/used tobacco products? Yes No (If Former smoker, when did you Quit?) _____
 Do you currently smoke? Yes No (If you currently smoke, how many a day or week?) _____
 Do you drink alcohol? Yes No (If yes, how often): _____ Currently use recreational drugs? Yes No
 Do exercise regularly? Yes No (If yes, how often): _____ What type of exercise? _____
 Nutritional Diets: Diabetic Diet Low Sodium Low Fat Low Cholesterol Other: _____
 Do you have drug, environment or food allergies? Yes No (If yes, please list type and reactions)

General Health Update and Medical History

Please list any providers that you see currently.

Do you have any current health concerns that need further clarification? Yes No (If yes, please explain)

Family History Mother Father Sibling Other

- Alcoholism _____
- Cancer _____
- Depression _____
- Diabetes _____
- Heart Disease _____
- Heart Issues _____
- Hypertension _____

Procedures or Testing (List the Year Completed)

- Diagnostic Tests:**
 Colonoscopy: _____
 Bone Density: _____
 Mammogram: _____
 Chest Xray: _____
 Chest CT: _____
 EKG: _____
 ECHO: _____
 Stress Test: _____
 AAA U/S: _____
 Other: _____
- Last Labs: _____
 Eye Exam: _____
 Foot Exam: _____
 Pap/Breast Exam: _____
 Prostate Exam/PSA: _____
- Adult Immunizations:**
 Flu: _____
 Pneumonia 23: _____
 Pevnar 13 (Booster): _____
 TDap: _____
 MMR: _____
 Zoster (Shingles): _____
 Hep A: _____ Hep B: _____

Review of Symptoms or New Complaints

Head & Neck:

- Headaches
- Dizziness
- Lightheaded
- Memory Loss

- Eyes:**
 Blurred Vision
 Eye Pain
 Worsening Sight

- Oral:**
 Dry Mouth
 Loss of Taste

Ears and Hearing:

- Hearing Loss
- Ringling in Ears
- Wax Buildup

Nose & Throat:

- Sneezing
- Nose Bleeds
- Runny Nose
- Sinus Issues
- Sore Throat

Respiratory:

- Cough
- Shortness of Breath
- Wheezing

Cardiac:

- Chest Pain
- Blood Pressure
- Palpitations

General Mood:

- Anxiety
- Depression
- Mood Changes

Muscle/Joints:

- Back Pain
- Sore Muscles
- Painful Joints
- Foot Pain
- Leg Pain

Urinary:

- Burning
- Frequency
- Incontinence
- Hesitancy

Neurological:

- Confusion
- Dizziness
- Seizures
- Numbness
- Tingling
- Tremors/Shaking
- Poor Balance
- Poor Coordination

Skin:

- Rash/Hives
- Itching
- Bruising
- Abnormal Growth