

Teaching/Content Delivery Experience

Reeves College

September 2018- Dec 2019

Sessional Instructor

- Delivery of academic content to students in a meaningful way
 - Create course content in Mental Health and Addictions
 - Focus on Adult Learning Pedagogy
 - Grading and evaluation of student work
 - Collaboration with academic team
 - Share experience and education with aspiring students

Forensic Assessment and Outpatient Service

August 2017- Current

Registered Psychologist (Clinical and Forensic)

- Delivery of psychoeducational content in three separate cohorts
 - REBOUND developmental disability group
 - Readiness Group for pre-Good Lives Group evaluation
 - Rocky Mountain Program at Calgary Correctional Centre
 - Good Lives Group, sexual offender program
 - Wide range content delivery in lecture style
 - Evaluation of group member progress

Crime Prevention Week- John Howard Society

April 2018

Presenter

- Present to large group on crime prevention principles
- Engage in critical conversation panel
- Questions from group

University of Lethbridge

July 2017

Teaching support

- CAAP 6003 Professional Ethics in Psychology
- In-service presentation on College of Alberta Psychologists experience

University of Lethbridge

August 2009- 2017

Manager, Accommodated Learning Centre

- Development of disability related presentations
- Deliver of disability related presentations
- Development and delivery of learning strategy presentations
- Development and delivery of assistive technology presentations
- Extensive experience presenting in large groups
- Individualized learning strategy sessions with students

Southern Alberta Forensic Psychiatry Services

August 2016- May 2017

Student Therapist

- Delivery of psychoeducational content in a classroom setting (14 members)
- Planning of comprehensive course content
- Evaluation of group member progress
- Pre/Post group meeting with group members for extra assistance

Special Olympics Lethbridge

August 2016- Current

Coach

- Winter sport coach Curling (16 athletes)
- Summer sport coach Golf (24 athletes)
- Development of team plans including: practice and safety outlines
- Communication with parents, guardians, support staff and co-coaches



- Evaluation of player development
- Individual player development coaching
- Participant in organizational meetings and training

Clinical/Counselling Experience

Rising Sun Psychological Services/Amundson and Associates

July 2019- Current

Psychologist

- Delivery of psychotherapy to clients 16 and older
- A special focus on First Responder mental health and PTSD mitigation
- Delivery of psychological assessment using formal and informal tools
- Delivery of psychoeducational content
- Proficient record keeping

AHS- Forensic Assessment and Outpatient Services

August 2017- Current

Registered Psychologist (Clinical and Forensic)

- Delivery of psychoeducational lessons at Calgary Correctional Centre
- Delivery of psychological assessment to offenders using formal and informal testing tools
- Delivery of psychological treatment to individual offenders
- Delivery of psychological tests to criminal offenders
- Delivery of applied psychological group content to developmentally disabled criminal offenders
- Development of psychological reports related to cognitive and academic ability, personality and risk.
- Group treatment facilitation for males that offended sexually
- Intake interview and report writing based on FAOS standards
- Case-consultation and collaboration with multiple stakeholders in the Calgary region
- Participation in FAOS meetings and consultations in-person or AHS telehealth
- Assist clients in transition from prison to community setting
- Work as part of a multi-disciplinary team

AHS- Southern Alberta Forensic Psychiatry Services

August 2016- May 2017

Student Therapist

- Psychological treatment of 28 individual clients
- Formal assessment experience with WRAT, WAIS, MMPI, MCMI, Static 99, ABEL
- Group treatment facilitation for males that offended sexually
- Intake and discharge based on FAOS-CGT standards
- Case-consultation and collaboration with multiple stakeholders including Community Corrections
- Participation in FAOS meetings and consultations in-person or AHS telehealth
- Familiarity with provincial and federal legal system and criminal code
- Enhancement of community connection with visits to treatment centers and correctional facilities
- Assist clients in transition from prison to community setting

University of Lethbridge

August 2013- July 2017

Harassment and Discrimination Consultant/ Committee Chair

- Confidential peer-counsellor to employees in conflict or distress
- Conflict mediation between colleagues
- Education and promotion of protocols and anti-abuse programming
- Investigation of cases of abuse, discrimination or harassment
- Utilizing interpersonal competencies to engage, assess and respond
- Support and advocacy for employees in conflict or distress
- Referral to appropriate services or departments
- Assist in navigating formal complaint processes

University of Lethbridge

January 2012- June 2013

Acting Learning Strategist

- Academic counselling services to students



- Individual student learning consultations
- Provision of academic screenings to assess needs
- Development of personalized learning plans
- Monitoring of progress and follow-through

Southern Alberta Community Living Association

October 2010- March 2014

Roommate Companion

- Roommate companion to individual diagnosed with FASD and Bi-Polar disorder
- Ongoing mentorship and interpersonal counselling for risk-management and life choices
- Utilization of Non-Violent Crisis Interventions for conflict management
- Program plan development and outcome monitoring
- Medication storage and monitoring
- Support in accessing community services (AISH, PDD, OPG)
- Collaboration with support stakeholders for case management

Quest Mental Health Outreach Program

February 2008- May 2009

Outreach Worker

- Counselling and mentorship for individuals with severe mental health diagnoses
- Assist clients develop goals and outcome framework for monitoring
- Assist in the navigation of government systems such as PDD and AISH
- Support clients in attending court, probation, Legal Aid, and Mental Health Diversion
- Ensure street entrenched clients are provided with access to safe living opportunities
- Work with community agencies for treatment referral, health care, and employment support
- Assist clients in transitioning from prison to community setting

Professional Experience

University of Lethbridge

December 2015- June 2017

Manager, Accommodated Learning Centre

- Management of five full-time and one-hundred and fifty contract staff
- Budget management of over \$3,000,000.00
- Development and maintenance of operational standards
- Utilization of interpersonal skills to inspire employee success
- Demonstration of professional mediation and negotiation skills
- Engage in employee performance reviews and progress monitoring
- Contribute to Student Services operational development plan
- Participation in provincial association for post-secondary disability providers
- Collaboration with multiple stakeholders on ALC business
- Negotiation with provincial ministry on funding and policy issues
- Employee recruitment, screening, interviewing, selection and training
- Demonstration of respect and care for all teammates

University of Lethbridge

July 2012- November 2015

Specialized Support Coordinator, Accommodated Learning Centre

- Student intake interviewer/ Psychoeducational assessment reviewer
- Strength-based learning plan development
- Monitoring of student progress and program outcomes
- Budget monitoring of \$240,000.00
- Utilization of self-report questionnaires to screen suspected disabilities
- Referral and collaboration with local psychologists for assessment services
- Provincial grant acquisition for disability and mental health services
- Coordination of student support services
- Training and supervision of student support staff
- Negotiation of alternative format rights with domestic and international publishers
- Conflict resolution and mediation between providers and students



- LSAT administrator for Southern Alberta region

University of Lethbridge

July 2009- June 2012

Exam Coordinator, Accommodated Learning Centre

- Coordination of disability exam services with over 3000 exams per year
- Supervision of exam invigilation team
- Collaboration with faculty, staff and students
- Provision of disability learning strategies to registered students
- Utilization of system databases for exam administration
- Technical management and maintenance of student databases
- Statistical record keeping for government audit purposes
- Participation in collaborative team environment

Quest Support Services Inc.

February 2005- February 2015

Disability Support Worker

- Provision of disability support based on individual program plans
- Support clients in the development of life skills for community inclusion
- Counselling and mentorship for client wellness
- Utilization of interpersonal and crisis management skills
- Effective record keeping for government audits
- Support clients in developing self-awareness, autonomy and self-advocacy
- Collaboration with community partners for increased success

Education

Master of Counselling, Applied Psychology	2017	University of Lethbridge
Graduate Certificate, Disability Learning	2013	Cambrian College
Bachelor of Arts, Psychology	2009	University of Lethbridge

Supervised Research

Neurobiology of Trauma	2017	Dr. Dawn McBride
Social Psychology of Deviant Behaviour	2017	Dr. Dawn McBride
Understanding Disabilities in a Postsecondary Setting	2017	Dr. Dawn McBride/ Dr. Lynn Davis
Why Student Accommodation is Important	2016	Dr. Mary Runte
Specialized Learning Concepts	2016	Cayla Clemens/ Phil Jones, R.Psych
Understanding Mental Health	2009	Patrick McFarland/Dr. Margaret Forgie
Practical Methods in Mental Health Care	2008	Phil Jones, R.Psych
Dynamics of Disability Care	2008	Patrick McFarland/ Phil Jones, R.Psych

Awards

President's Award for Service Excellence	2016	\$2000
Dr. Gary McPherson Disability Leadership Award	2016	\$1500
Dr. Gary McPherson Disability Leadership Award	2015	\$1500
Queen Elizabeth II Graduate Award	2014	\$3352
Federal Study Tour Grant- Japan	2009	\$10,000

Professional Development

Evolution of Psychotherapy	Milton H. Erickson Foundation
CBT and DBT Clinical Skills Conference	Jack Hirose and Associates
Tapping-IN EMDR Seminar	Dr. Dawn McBride
Crucial Conversations Certification Training	Vital Smarts
Psychology in the Workplace Seminar	Colorado State University
Mental Health First Aid	Mental Health Commission of Canada

First Aid/CPR C
FOIP Modular Seminar
Creating Working Alliances Seminar
VTRA Level 1
VTRA Level 2
Leadership Excellence Seminar
Mediation Training Seminar
Mental Health in the Workplace
First Responder to Sexual Assault Training
Suicide Risk Assessment Workshop
Patient and Family Centered Care
Patient Relations
Ethics Governance Policy
Mental Health Status Exam
Non-Violent Crisis Intervention
Treating Sexual Deviance
Motivational Interviewing in Practice
Mobilizing Evidence into Best Practice
DBT Seminar
Violence and Risk Assessment
Assessing Personality Disorders with MMPI-2RF
Parenting Stress Index Assessment
CPT for PTSD
Essentials of Trauma Treatment CCTP

St. Johns Ambulance
Government of Alberta
Athabasca University
Canadian Centre for Threat Assessment and Trauma
Canadian Centre for Threat Assessment and Trauma
Disney Institute
MTI Institute of Alberta
University of Lethbridge
University of Lethbridge
Alberta Health Services
Alberta Health Services
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Alberta Health Services
Crisis and Trauma Resource Institute
Association for the Treatment of Sexual Abusers
Alberta Health Services
CONCEPT, Palo Alto University
Pearson Assessments USA
Psychological Assessment Resources INC.
Pesi Institute/Kate Chard
Pesi Institute/Peter Levine

Leadership

University of Calgary- Medical School Applicant Assessor
Alberta Health Services- Outreach Initiatives Committee
(Chair) Harassment and Discrimination Committee
President's Advisory Committee on Campus Security
University of Lethbridge People Plan Committee
Presidents Initial Steps Committee- People Plan
Moodle Accessibility Committee
Personal Security Committee
Harassment and Discrimination Consultant
Disability Parking Working Group
Tri-Campus Mental Health Grant (Communications team)

Professional Presentations

February 14, 2019. Educational Psychology of Exceptional Learners- EDUC 3602. "Adverse Childhood Experiences and the Role of Educators in Minimizing the Negative Impact". University of Lethbridge. Lethbridge, AB.

May 21, 2019. Christ the Teacher Catholic Schools Teachers' Association Professional Development Event. "Trauma, Students, and Teachers: Fostering an Understanding of Trauma and How Educators Can Respond to the Impacts of Trauma in the Classroom". Yorkton, SK. Canada.

Professional Affiliation

College of Alberta Psychologist
Psychologists Association of Alberta
Association for the Treatment of Sexual Abusers
Canadian Counselling and Psychotherapy Association
National Coaching Certification Program