Kintore Konnect

Issue 48

June 2022



Fun and games at Kintore Summer Festival









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Kintore Konnect

DEADLINE

for the September 2022 issue is 1st August 2022

FACEBOOK: kintorekonnect

Please give us a like on our Facebook page! Keep up to date with deadlines, share with us any posts, pictures, info or events you would like to include in the next issue.





PHOTOGRAPHERS

We are always looking for pictures to feature in Kintore Konnect, these can be local scenes, events or any subject that might be of interest.

Why not send us your favourites?

ARTICLES

Do you have a story to tell; or an interest you'd like to share; or an event you'd like to promote?







DELIVERIES

Almost 2,000 magazines are delivered in Kintore and surrounding area - could you help with deliveries in your street? Please get in touch now.

CONTACT US ON

Facebook: kintorekonnect Tel: 07340 305603 Email: chair@kintorecommunitycouncil.co.uk

ADVERTISING IN KINTORE KONNECT

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We are now in a position to offer colour advertising. Please see the rates below. Discounts apply for 4 issues.

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Rates	Commercial		Community	
Page Size	Per Issue		Per Issue	
(Based on A4)	B & W	Colour	B & W	Colour
Half	£80	£160	£40	£80
Quarter	£40	£80	£20	£40
Eighth	£20	£40	£10	£20
Sixteenth	£10	N/A	£5	N/A

Discounts available for multiple issues

EVENTS

Let us know about your event.

The next issue will be covering the period from September 2022 to December 2022. Please call or email us with details of any events during that period that you would like included.

Kintore Konnect reserves the right to refuse or amend any advertisements or submission and accepts no liability for any omission or inaccuracy.

Think You Know Quiz by Cllr. Glen Reid

The Konnect Konundrum

- What was the name the radio station based in Kintore?

Scotland

- What Scottish title was given to Prince William and Kate Middleton once they married?
- McCaig's Tower overlooks which Scottish town?
- Which Scottish pop group had a hit with Alive and Kicking?
- Which Scottish entertainer once said, "Never trust a man who, when left alone in a room with a tea cozy, doesn't try it on"?

General Knowledge

- What delicacy is a Wigan slappy?
- Which Commonwealth country's official language is Portuguese?
- An authority on cocktails, what is the IBA?
- What is the common connection between; Weber Cup, Mosconi Cup, Ryder Cup and Solheim Cup?

True or False?

Which one is true and which one is false:

- A cross between a male zebra and a female horse is called a zorse.
- The black box in a plane is black.

You Know' range of
quiz calendars are
available from
Kintore Post
Office

See page 20 for the answers!

A BIG THANK YOU AND FAREWELL

After 12 years at the helm of Kintore Konnect, the time has come to stand down. I would like to thank the KK team, Rusty Waldram, Elma Christie and Gladys Duguid; The Kintore Church and Kintore Community Council and all those who have contributed with articles and adverts and helped with deliveries. I must give special thanks to Angela Gibb who first helped me with the magazine while at school and who, for the past 4 years, has done all the hard work of compiling the magazine.

I am grateful to the KDCC for taking over the running of the magazine which I believe provides a valuable service to those who are not internet or social media users. I hope they receive the same support that I have enjoyed.

Thank you all

Lorna Gillespie

What's Happening at Kintore Library

At the time of writing, in early May, Kintore Library is now open for the full complement of 15 hours open browsing time and 8 hours Click and Collect a week. Browsing (no appointment required) is on a

Tuesday morning 9 – 13.30 Wednesday afternoon 14.00 – 18.00 Thursday afternoon 13.00 – 17.00 Saturday morning 9 – 11.30

Click and Collect (please see below) on Mondays 12.30 – 17.00 Thursday 9.00 – 12.30

Please note that there is a slight change to our previous Wednesday open times. Whilst we have done our best to get a full range of open times this will be subject to ongoing review.

On a browsing session:

- You will be able to access the public computers and print from your own or our device, paying either beforehand with your card or in cash at the desk (correct change please).
- You can send your printing from home and collect within 24 hours using the Princh App, (you can pay by card at home or in cash when you collect).
- You may also photocopy (cash only correct change please).
- And of course you will be able to choose your own books.
- You will also be able to pick up hearing aid batteries / distance aware badges and lanyards /dog poo bags/ food caddy waste and battery bags.

On a Click and Collect slot, you will be able to:

- Return items
- Collect a reserved item
- Collect a book bundle (which will be chosen by the librarian from your guidelines)

 And at the same time pick up hearing aid batteries / distance aware badges and lanyards / dog poo bags / food caddy waste and battery bags.

We will also be trialling some outreach hours until the school summer holidays. Bookbug sessions on a Tuesday at 10.30am and a Wednesday at 13.30 (these require to be booked) and a come and play after school session on Fridays 14.30 – 16.30 (children need to be accompanied, but there are plenty of comfy seats for parents to catch up with their friends and have a cuppa, no booking is required). We are keen to do additional outreach, if you would like library staff to visit your group or place of work please be in touch at *kintore.library@aberdeenshire.gov.uk* or by *phone 01467 532605*.

For further information or to book a Click and Collect slot or Bookbug place at any Aberdeenshire Library please visit the website https://livelifeaberdeenshire/libraries/click-and-collect/ or phone 01467 532929 during office hours. This is also the phone number for Live Life Aberdeenshire Leisure sites.

Please like our Facebook page Kintore Library and/or Aberdeenshire Library and Information Services.

For more on Princh printing see: https://www. livelifeaberdeenshire.org.uk/libraries/princh-printing/



Distance Aware

Distance Aware badges and lanyards show others you need space.

You may have seen details of this Scottish Government scheme in the press or other media.

Distance Aware badges and lanyards are for anyone who prefers others to take extra care around them, for any reason. You might be worried about mixing with others as we adapt to living with the virus, or you might just feel more comfortable when you have more room.





WIN A £10 GIFT TOKEN

All children up to 10 years of age can enter this competition. Please hand in your entries to your local butcher, J&G Dossett by 1st August 2022. Well done to the winner of issue 47, Ellie Gray aged 10.



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Lumps and Bumps in female dogs

I think it's true to say that all vets and pet owners alike worry (justifiably) about any lumps and bumps that appear on our pets and patients. As vets, we will test each and every new lump that we see. Many of these lumps can be proven to be a fatty lump with a simple test performed in the consulting room. Some however, are more concerning and require us to take further action. Lumps in the mammary region in female dogs are always more of a cause for concern for us vets, and we strongly recommend early intervention. The sooner we see a lump, the sooner we can test it and treat it, and the better a chance our patient has of making a complete recovery.

Female dogs that are neutered early have much less chance of developing mammary tumours than those that are not neutered. In fact those neutered before their first season have a 0.5% chance of developing mammary tumours compared to those that have not been neutered.

Up to 1 in 2 lumps in the mammary region are malignant; that is they are cancerous and can spread around the body causing masses to form other organs such as the lungs and the glands. There are other conditions that can cause thickenings in dog's teats such as false pregnancies, cysts, benign tumours and infections such as mastitis.

Once a Vet identifies a lump in any of your dog's teats they will often recommend surgical removal. The earlier we pick up and treat these lumps, the lower the risk of spread and recurrence. Once the mass has been removed we would send it off to a specialist lab to have it looked at under a microscope by a pathologist. The pathologist will be able to tell us what kind of mass it is, and the chance of it spreading.

The at risk patients for serious mammary lumps are the entire (not spayed) older female dogs. We always check these older girls for mammary lumps when we examine them during their annual booster appointment, but I would also suggest to all you pet owners out there that you also check your dog for lumps and bumps. If you have a younger female dog and you don't want to have puppies from her, then seriously consider having her neutered (spayed) to help prevent these problems in later life. And finally, if you see any lumps or bumps on your pet, get them straight in to see your vet!

Charlie Carnochan BVM&S MRCVS



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The Bothie

The Bothie is a place in Kintore, designed for supporting young people in the community. It is run by volunteers and currently has three youth groups running for varying age groups. On Mondays, the junior group runs, which is welcome to all kids in P5, P6 and P7. On Tuesdays, the Young and Free to Speak youth group runs, available to those in S1+, and on Thursdays the walking group is held, which involves walking around Kintore and finishing with a local take-away. The groups that are run are set up based on what young people want, working around the needs of the young people in the community.

The Bothie aims to create a safe and fun environment for kids to be themselves. This allows them to meet with friends, build skills, learn from each other, and gain advice from the youth workers and volunteers there. The activities run at the Bothie are totally free of charge. The organisation runs purely on funding applications and is managed by volunteers and youth workers. While the Bothie was originally built for youth groups, it is used by the wider community with art groups, Tai Chi and yoga classes and birthday parties being held there.

For people who are interested in taking part, please contact the Bothie Facebook page or contact one of the youth workers, Rachel, at *thebothiekintore@gmail.com*. For people interested in hiring the Bothie for other events contact *kennythomson241@btinternet.com*.

Katie Henderson



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Aberdeenshire Councillor's Report

Election

I would just like to say a huge thank you to everyone who voted for me in the recent local authority elections. It is a privilege and honour to be returned as one of your local councillors.

In case you missed it, the result was:

Independent	290
Labour	323
Independent	321
Conservative	1,156
Lib Dems	398
SNP	1,727
	Labour Independent Conservative Lib Dems

Along with myself, Jim Gifford, Dominic Lonchay and Trevor Mason were also elected for the East Garioch Ward. Unfortunately, with Martin Ford's retirement, it means that I am now the only local councillor to live in the ward.

Gauchhill Woods - Tree Felling/Clearance - 30th May to 30th June (approx)

I have been pushing repeatedly for action on opening up our woods again. The contracts have now been approved and signed off.

Traditional horse-power will be deployed to help the council in the aftermath of storms Arwen and Corrie.

Large vehicles are often unsuited to smaller, inaccessible sites so a specialist contractor has been drafted in who uses more traditional means of horses to extract the timber and clear fallen wood.

It won't be too long before complete access is fully restored.

Northern Road Hatchings now Double Yellow Lines (Lochburn Drive/Dinnie Place)

Finally, after over two years of asking, getting agreement, but covid and weather delays, I was delighted to see the fresh double yellow lines painted at these junctions.

Many constituents complained about struggling to exit onto Northern Road as there were cars parked on the white hatching areas. The hatchings were unenforceable so I requested the double yellow lines as this was an accident waiting to happen.

Leo Group Kintore/Cottown Rendering site

I have for many months been representing multiple constituents and have been continuing to liaise with the regulator SEPA over the unacceptable emissions from the plant.

The jobs and investment in the site are welcome, but the plant must not affect the quality of life of it's neighbours and the surrounding area.

I have been pushing SEPA for a plan of action to tackle this and give residents the peace of mind that it is being dealt with, and an end date is in sight. I received the following incidents/actions summary from SEPA and thought that it would be best to share this with the whole community:

- Between 3 February and 10 March SEPA carried out 10 field investigations in the area around the Kintore Rendering site.
- On 4 of these SEPA found offensive odours associated with the rendering site at off site receptors (houses).
 Some odours from the site not deemed offensive were found at receptors on 2 investigations whilst no odours from the site were found at receptor locations on the remaining 4 investigations.
- SEPA therefore have evidence suggesting the Kintore rendering site is not consistently complying with the condition in their environmental permit requiring no offensive odours to be present at off site receptors. Improvement is therefore required to bring the site into compliance.
- SEPA met with the Kintore Rendering site management on 18 March 2022. This was a productive meeting, and several actions were agreed with the latest update to the agreed action plan being submitted to SEPA at the end of last week.
- The key action which has been agreed is that a specialist odour consultant will visit the site in May. Once this is complete, we will have a good idea of the likely timeframes for them to gather the information they need to produce a report with recommended actions to reduce odour emissions from site. The brief is to rationalise the current odour management systems ensuring they are fit for purpose and also to recommend areas where improvement can be made. It is vital that any decisions here are based on good data which the odour consultant will gather in the coming weeks.
- Once a list of recommended improvement actions is reported, timeframes for implementing appropriate odour reduction measures can be agreed upon.
- SEPA also have another site audit planned for May.

SEPA will send myself a further update once we receive a report from the site and I will again publish it.

Should you require my assistance, please do not hesitate to contact myself through the details below:

Cllr. Glen Reid

Community Champion – LGiU Scottish Councillor Awards East Garioch (Ward 12)

Tel: 07388 956139

Email: cllr.g.reid@aberdeenshire.gov.uk





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In February 2019 the Legislation relating to smoke detection in your home changed. All domestic properties in Kintore could be affected.

You need to have the following: -

- One smoke alarm installed in the room most frequently used for general daytime living purposes.
- One smoke alarm in every circulation space on each storey, such as hallway and landing.
- One heat alarm installed in every kitchen.
- All fire alarms are to be ceiling mounted and must be interlinked.
- Carbon monoxide detectors are to be fitted where there are carbon fuelled appliances (such as boilers, fires, open fires, heaters, stoves or a flue).

The Regulations come into effect in February 2022.

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KINTORE SUMMER FESTIVAL 2022

A great day had by all, thanks to everyone who allowed us to share their photographs of the day! Suzy Brown Photography, Michael Fletcher, Margaret McWilliam & Abi Lyall





Kintore Church

Message from Rev Neil Meyer



Interesting Times

"Heaven and earth will pass away, but my words will not pass away"

– Matthew 24:35

"May you live in interesting times" – Chinese curse

Dear friends,

I don't know if we ever get used to the idea of everything changing all the time. No sooner were we beginning to hope the pandemic might be over than war erupted in Europe – fuel prices, food prices, interest rates, inflation. Interesting times indeed – who would choose them?

Sadly, the Church is not immune to change either. It can be tempting to look at our venerable old granite buildings – like the one here in Kintore – and think of the church as the last unmoving anchor in an otherwise topsy-turvy world. But that is not the case. The Church of Scotland is currently undergoing some fairly major restructuring and this inevitably filters down to local congregations. Many readers of the Kintore Konnect will have read in the mainstream press a few months ago for example about more than 20 church buildings across Aberdeenshire being slated to close in the next five years. I thought I would take this opportunity to say something about how these changes might affect our local church.

Firstly, the church building in Kintore is not one of those

earmarked for closure. This means that it will continue to be a center for worship, community activities and charity in our town. Moreover the plan is for regular weekly worship to continue as in the past. What will change however is the level of co-operation between the congregation in Kintore and some other nearby congregations. An area-grouping has been established which includes the churches in Kintore, Kemnay, Chapel of Garioch, Blairdaff, Cluny, Monymusk, Echt and Midmar and currently discussions are underway to determine the precise working arrangements within the group including sharing resources, projects and ministers.

It must be added of course that not all change is bad. Indeed, historically the Church has led some of the most important changes for good in society. My hope is that closer co-operation between Kintore Parish Church and our neighbours will bear much fruit for us and them.

Grace and peace to you all,

Rev Neil Meyer



Dates for your diary

Sunday afternoons

Please check Messy Church Kintore
Facebook page for details.

12th June
11th September
9th October
13th November
3rd or 4th December

Please note that this is a change from the previous 3rd Sunday of the month pattern





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Kintore & District Community Council

It's been another busy few months for the community council since the last issue, with several planning applications in for review and other community activities to plan and support.

Planning

With regards to local planning items, there's been plenty happening. The Town House planning application has been approved, this is the start of an exciting journey to bring the historic Town House back into use for the community. Action Kintore have led the project, with much appreciated help from Lippe Architects, Inverurie, Aberdeenshire Council Planning and Historic Environment Scotland. There's a lot to do, but this will be an important project for Kintore, and we look forward to progress.

Boundary Changes

There has been a public consultation during the first few months of the year, after a recent move by Inverurie CC to change the boundary of Kintore and District CC, but thanks to the overwhelming support from the community the proposals were rejected, and we have also welcomed the residents of the Balbithan area into the Kintore boundary.

Energy

With the recent rise in energy costs, this will be a concern for our community, and will be a topic during our monthly meetings. We welcomed Garioch Heat Network to a recent meeting to tell us of plans to use the waste heat from the Agile Energy plant, planned for Thainstone, and deliver a community heat network. But we do also acknowledge that the energy crisis needs decisive government action, and we'll be asking the questions of our local councillors.

Council Election

On the mention of our local councillors, the elections have just passed so we are looking forward to welcoming some new faces to our monthly meetings. Engaging with the local elected councillors is an important part of our meetings, we can press them on local issues brought to our attention and give feedback from the community. One councillor we will miss is Martin Ford, who decided to retire

this year, many thanks for his years of service and advice, and we wish him the very best for his retirement.

Floral Displays

With summer almost on us, and Spring well under way, attention has been drawn to the many plants and flowers that need looked after around the town. Once again, many thanks and appreciation to Ainsley Reid for his work over the last 10 plus years in organising the planting. We have Sue Parrott taking on the responsibility for the arrangements moving forward, and Sue has already started work in preparing the displays for the summer period. It's not a job for just one person, we rely on community engagement and many helpers. If you have a few hours to spare each week, make sure to get in touch and we can direct you to the right person to get involved, whether that's watering or helping with the upkeep of the planters.

Community Celebrations

By the time you read this, the Queens Platinum Jubilee celebration in the centre of town will have taken place. A day of music and entertainment thanks to Ruby at Chalmers MacKay music school, along with a willing bunch of helpers. The Summer Festival will also have taken place on Saturday 28th June, and it consisted of several community events and fundraisers, another brilliant effort by the organisers.

AGM

The Kintore and District Community Council AGM will be in June, with our election at the start of June. If you are interested to join, get in touch. As part of the Garioch Area, the community council have support from Aberdeenshire Council, with our local councillors attending meetings to give advice and support. Our meetings are the 3rd Tuesday of each month, at 7pm.

Email *info@kintorecommunitycouncil.co.uk* with any questions.

Jamie Grant, Kintore and District Community Council

The Common Swift

The common swift is a summer visitor to Kintore and arrives in early May.

Numbers have drastically reduced over the last 25 years and this year the common swift have been placed on the red list as critically endangered. Kintore is very lucky to have a number of swift colonies and they can be heard entertaining us with their screaming parties over the streets of Kintore.

If anyone would like to find out more about these amazing birds and possibly identify their nest sites then Why not join us on a Walk and Talk evening on Monday 27th June or Wednesday 20th July 8.30 pm in Kintore Square. If the weather is really bad we will reschedule. My contact details are 01467 642578.

Liz Mackay

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We know only too well that everyone is finding an increase in the cost of living just now and we are so grateful to all of you generous people who continue to buy something extra when you are out shopping to donate to our stocks. Our wish list for the current month is always to be found on our website (https://aberdeenshirenorth.foodbank.org.uk) or on our Facebook page and is usually displayed on our local collection points in supermarkets both in Kintore and Inverurie. Our latest innovation is using the BanktheFood app, to allow our supporters to see on their phones in real time what the current shortages are, when they are out shopping. We are keen to explore all avenues to attract donations, because, since New Year, we have consistently put more food out from our Food Banks in food parcels each month than we are taking in in food donated. In April, across our network of five food banks, we collected just over 5300kg of food and sent out just over 6500kg in food parcels. It does not require a mastermind to work out that this is not a sustainable pattern. In the last three months from February to April, in the Garioch area, we have provided 141 households with 320 food parcels. 198 of these were for adults and 122 were for children.

We are very thankful for our small band of delivery drivers who help us to get our food parcels where they need to go on Mondays, Wednesdays and Fridays. These wonderful people turn up at the warehouse around midday and set off to Oldmeldrum, Newmachar, Kemnay, Blackburn or wherever required to get the parcels to our clients by 2pm. If you feel this is something you could help out with as your free time allows, then contact our administrator via email on info@aberdeenshirenorth.foodbank.org. uk who will be delighted to give you more information. It does not have to be a regular commitment every week. You can volunteer as much or as little as you like and expenses will be offered for mileage. It is just another way that we can help those in our communities who are in need of a bit of support.

We continue to be extremely grateful for all the donations you send our way, whether in food or in money. Thank you, on behalf of those who benefit from your generosity but who will never get the chance to say 'thank you' in person.

Think You Know Quiz by Clir. Glen Reid Answers

The Konnect Konundrum

- NECR (North East Community Radio 1994-2018).

Scotland

- Earl and Countess of Strathearn.
- Oban.
- Simple Minds.
- Billy Connolly.

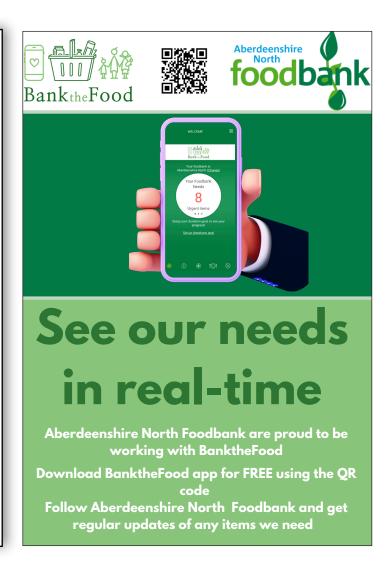
General Knowledge

- Pie in a bread roll.
- Mozambique.
- International Bartenders Association.
- They are all Europe v US sporting competitions (tenpin bowling, pool, men's golf and women's golf).

True or False?

A cross between a male zebra and a female horse is called a zorse? *True*.

The black box in a plane is black? *False, they're actually orange.*





Who are we?

Taylor Made Refills was founded in October 2019 by myself, Carole Taylor and operates out of our workshop in the Craigearn Business Park in Kintore. We specialise in refillable, eco-friendly household products with the aim of encouraging more sustainable choices. We have lived in Kintore since 2008 and basing my business here was very important for me to have a good work/life balance, working around our kids who go to school in Kintore.

What do we do?

A comment made by our Health Visitor a few years ago, got me thinking about my use of high street cleaning products and their negative impact on my young sons' respiratory health issues. I started researching how to make my own, eco-friendly cleaning products. Friends and family began to show an interest and encouraged me to take the idea further. Their continuing support and encouragement enabled me to turn this new awareness and interest into a business. We have loved the way so many in the community has embraced our business and we look forward to watching this continue and grow.



Our Products

All our products are handmade in our Kintore workshop. They are plant based, bio-degradable, do not contain palm oil or synthetic fragrance and are certified by the Vegan Society. We only use essential oils in our products, which not only smell lovely, but some also add natural antibacterial and antimicrobial properties. Our suppliers and ingredients are painstakingly researched to ensure they meet our ethical standards, are cruelty free and kind to the environment.

We make a wide range of household products:

Foaming handwash - Kitchen cleaner - Dishwasher tablets - Laundry powder - Toilet bombs

Search www.taylormaderefills.co.uk to see our range!

We currently supply to over 80 stockists nationwide with a mixture of eco-friendly stores and online retailers as well as doorstep refillery services. We send all our deliveries out in re-used packaging that people kindly donate to us. We are always happy to accept more!

We aim to provide a 'closed loop system' so if you're local you can drop off your containers to the workshop for refilling or even better pop in during our open times to refill them yourselves. We are also a Terracycle collection point for various items that cannot be currently recycled by the Council. The points earned will be redeemed and a donation will be split between Kintore School and Midmill Primary School.

We're always open to new ideas and suggestions of new products. Currently we are trialling a new concentrate multi-surface cleaner that will decrease the amount of water being transported and therefore reducing our carbon footprint.

In recent years there has been a shift in awareness of the impact of our modern lifestyles has on the planet and a recognition of a need to change. We understand that, for some, this may seem quite a daunting prospect. At Taylor Made Refills our aim is to help and encourage you to either make that first step or continue your sustainable journey. It's our small changes combined that make a big difference.

Where

Open 9.15am - 2.45pm at Craigearn Business Park in Kintore

Website:

www.taylormaderefills.co.uk

Facebook:

#taylormaderefills

Instagram:

@taylormaderefills

Telephone number: 07766 318036



Kintore Kemnay & District Rotary Club

The Rotary Club of Kintore, Kemnay and District was first Chartered in 2007, so we are celebrating our 15th year. We managed to get together in April to celebrate and catch up over dinner, and we're looking forward to many more gatherings through the summer. It's been great to see the weather improving with the recent storms behind us and the tidying up of the forests well underway.

Our Annual Golf event will be taking place in June, something we've missed over the last couple of years, as it's a great day out and is always well supported by local companies. We'll have other events through the summer months and lots to plan for later in the year, so keep an eye on our facebook page.

Each year Rotary in Great Britain and Ireland organises a wide variety of competitions for young people: Artist, Photographer, Writer, to name but a few. These are aimed for young people between the ages of 7 and 17 at Junior, Intermediate and Senior levels. The theme for the writing this year was "Environment".

The Young Writer competition organised by the Rotary Club of Kintore, Kemnay and District attracted 63 entries from 3 neighbouring schools – Kintore Primary, Kemnay Primary and Kemnay Academy – in all three age groups. Independent judges selected the first three in each age group with the winner at each level progressing to the District Final for Rotary Scotland North. We were delighted that our winner at Senior level from Kemnay Academy was placed second in the District final. All entrants have their

contributions recognised with a certificate and the winners receive further recognition.

The enthusiasm of the young people has been very encouraging over the past two years and the Rotary Club is extremely grateful for the support and encouragement we have received from these schools in promoting the competition during the pandemic. We look forward to building on this success in the coming years.

Now that the restrictions of the past couple of years are lifted, we're relishing a busy schedule and hoping to be more visible in our communities. The team are always looking at ways we can serve, and happy to volunteer and get involved where possible. Through lockdown it's been difficult to maintain membership, but as we increase the interactions we're looking to increase our numbers. The intention, when possible, is to meet at different locations in our area, for fellowship and discussions. We welcome many guests, and if you would be interested to join in on a meeting or find out more about Rotary and how you can contribute within your community, find us on Facebook or send a message to *jamie.grant79@yahoo.com*. We are really keen to recruit more members to build on the team we have and be able to support the community more. Our meetings are the 1st and 3rd Thursdays of each month, at 6.45pm.

Jamie Grant

Kintore, Kemnay and District Rotary Club





Kintore based All types of bicycles worked on

Contact Alex Guild 07729 776206 alex@spannersnsprockets.com



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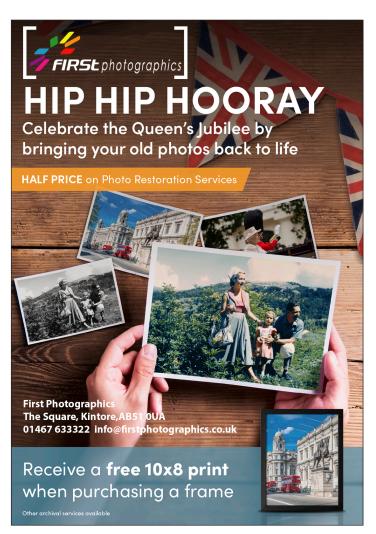
Diary of Events

DATE	EVENT	WHERE	TIME	
1st Tues	Kintore SWI	Kintore Public Hall	19.30	
3rd Tues	Community Council Meeting	Currently online	19.00	
1st & 3rd Thurs	Kintore, Kemnay & District Rotary Club	Currently online	18.45	
2nd Sun	Messy Church	Kintore Church	15.30-17.30	
Weekly Meetings				
Mon	Junior Group - P5, P6 + P7	The Bothie	15.30-17.00	
Mon	Girls Brigade Groups (P1 up to and including S6)	Church Hall	17.00-19.00	
Mon & Wed	Kintore Scouts - Cubs (8-10 years)	Kintore Scout Hut	18.30-20.15	
Tues & Thurs	Kintore Scouts - Beavers (6-8 years)	Kintore Scout Hut	18.00-19.00	
Tues & Thurs	Kintore Scouts - Scouts (10-15 years)	Kintore Scout Hut	19.30-21.00	
Tue	Young & Free to Speak (YAFTS) (All kids S1+)	The Bothie	19.00-21.00	
Wed	Health Walk	The Square	10.00	
Sun	Kintore Community Church	Kintore Village Hall	10.30	

Some of the above may be subject to change due to school holidays











paths for all Health Walk in Kintore



These are short, low level walks around Kintore and designed for all abilities. Anyone can come along and join us, the walks are free you just need a comfy pair of shoes.

We meet in the Square at 10.00 a.m.

ON WEDNESDAY

1st, 8th, 15th, 22nd, 29th JUNE

Come along or for more information contact

Meg on 01467 632455

or Sheila on 01467 632594

Mantra Hope



What is Mantra Hope?

We are in the process of fundraising and looking into becoming a registered charity. Our Mantra is Healing, Optimistic, Positive, Energy

Our mission:

Our mission is to help fund people going through Cancer with alternative treatments alongside any other treatment. Like Reiki, hypnotherapy, crystal healing, mistletoe therapy, counselling etc. We have a fab directory. We also would like to help families create amazing memories with holidays too. We believe everyone should get to experience and try everything out there and not have to worry about finances. We're all about positive mindset as this is a huge factor no matter what stage your Cancer is, we want to share ways that can help you deal with the mental affects also. No matter what there is always Hope xx

How we can help:

Walk to Talk - New Group starting here at Mantra Hope. We believe sharing is caring. We would like to invite anyone who's life has been affected by cancer, family, friends etc to come and join us. This will be a positive walk with lots of good vibrations and laughs along the way.

Open to Male and female Monday Evenings at 7pm Meeting point Kellands Park Carpark.

Also looking for volunteers to help with this event. Please send us a DM if you would love to join us.

Our Mantra Hope Library

- We believe mindset is everything. So with that we have created an amazing collection of books mindfulness books. These can be borrowed by getting in touch with us. Our little gift of Hope for anybody going through Cancer contact us to get gift or referral a friend.





Fundraising:

Wellness Treat Day

3rd July at Garioch Heritage Centre Keep an eye out on our Facebook & Instrgram

Masquerade Ball

10th September at Jury's Inn, Dyce

Contact Us:

Facebook: Mantra Hope Instagram: mantra.hope

Email: mantrahope@outlook.com



KINTORE HISTORY

200 years ago

There was famine in Ireland. A collection was held to buy and send oatmeal. In July 1822 three cartfuls of oatmeal were dispatched from Kintore to Aberdeen harbour, where they were loaded onto a ship to be taken to Ireland.

200 years ago

The results of the 1821 census were reported in September 1822. There were 1057 people living in the parish of Kintore, including one unnamed woman aged over 100. She was one of only three centenarians in the Garioch, and one of only ten in Aberdeenshire.

100 years ago

In June 1922, Kintore got its first tennis court, adjacent to the Station Hotel. I think this was on the site of the present Co-op.

50 years ago

On 9 Sept 1972 the Press & Journal carried an article headed "Kintore To Go On Growing" It reported that the population was expected to expand from 880 to 1500. It noted "Areas of considerable amenity value, notably the woodland and open scrubland on Tuach hill, with surrounding agricultural landscape, should remain undeveloped."