

# Lemon Garlic Steak Marinade

1/2 cup soy aminos or soy sauce

1/3 cup lemon juice

1/2 cup olive oil

1/4 Worcestershire sauce

1 Tbs minced garlic

2 Tbs Italian seasoning

1 tsp pepper

1/2 tsp salt

pinch of red pepper

mix together and marinate at least an hour  
drain and cook steak as preferred

excellent for flank and skirt steaks