

# CREATING A BRIGHTER TOMORROW



**OMEGA HOSPITAL**

in association with

**KARANATAKA NAIR SERVICE  
SOCIETY ( MAHILA VIBHAKAM)**

## CREATING A BRIGHTER TOMMOROW



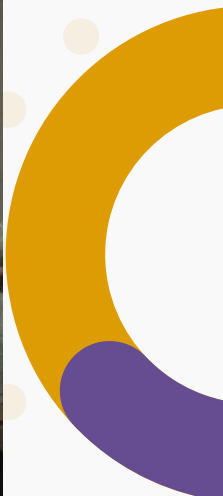
Omega Hospital, in collaboration with the Karnataka Nair Service Society (Mahila Vibhakam), recently orchestrated an insightful talk focused on heart disease prevention and Women's heart health. The event served as a platform to raise awareness about the critical aspects of cardiovascular well-being, especially among women, shedding light on the unique challenges and considerations pertinent to the female population. The initiative reflects the commitment of Omega Hospital and the Karnataka Nair Service Society in prioritizing community health and disseminating valuable information that can contribute to the overall well-being of individuals.

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Dr. A G Jayakrishnan, the distinguished Chief Cardiothoracic Surgeon at Omega Hospital, took the center stage during the talk. With his profound expertise and extensive experience in the field of cardiothoracic surgery, Dr. Jayakrishnan delivered an engaging and informative session. His insights not only addressed the preventive measures individuals can adopt to safeguard their hearts but also delved into the specific nuances of heart diseases affecting women. By disseminating this knowledge, the event aimed to empower attendees with the tools and understanding needed to make informed decisions about their cardiovascular health. Dr. Jayakrishnan's involvement underscored the hospital's commitment to education and community outreach, fostering a culture of proactive health management.

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*Thank  
You*

