

**includEd Learning**

**Independent Specialist Education Provider**



# Alternative Education Provider

IncludEd Learning Centre is an Independent Specialist School that provides educational provision to young people, who live in Manchester and surrounding areas. We are an alternative to mainstream education and work with young people who have faced barriers to learning and struggled to manage in a mainstream environment.

IncludEd aims to provide a safe, stimulating and comfortable environment for students to increase their opportunities, as well as exploring new and interesting activities. We work with students as a whole and build on their educational attainment as well as their social and emotional well-being.

## STUDENT PLACEMENT

- We monitor attendance and punctuality on a daily basis.
- You pay for the place and not the student, therefore minimising loss of investment.
- We operate a 'Fast Track' referral service - on receipt of a completed referral form, and students can usually start the following day.

## OUR VALUES

IncludEd's work is underpinned by a belief in the in the following principles:

- Compassion
- Warmth
- Empathy
- Emotional robustness
- A non-judgemental attitude
- The ability to stay stable under stress
- Imaginative ways of exploring feelings

## REFERRALS

Referrals to IncludEd are made by contacting the Head of Centre and completing a referral form available on the school website.



07380 292211 / 07380 818484



[noreen@includedlearning.co.uk](mailto:noreen@includedlearning.co.uk)



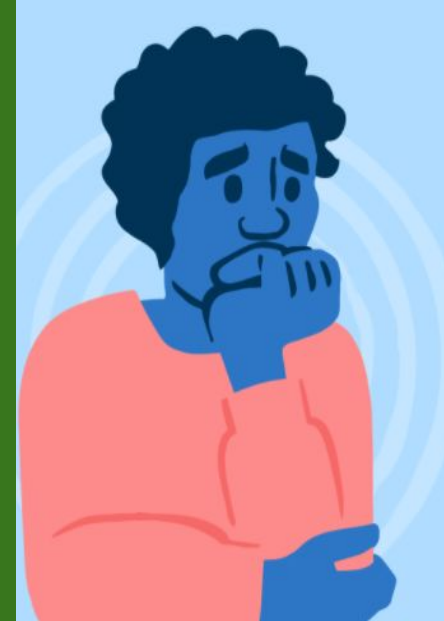
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8 Alexandra Rd South, Whalley Range, M16 8ER

## **Referral Criteria - pupils can be, though not exclusively:**

- Socially anxious
- Socially isolated
- Unlikely to leave their home
- Unable to travel independently
- Unable to make friends except through social media
- Unable to regulate their anxiety and emotions and will withdraw into themselves
- At risk of CSE
- Drug and Alcohol abuse
- Adverse childhood experiences
- Experienced trauma
- Have a SEND diagnosis
- Experiencing suicidal ideology
- Self-harming
- School refusers
- Able to leave their home and take part in activities in their community
- Still attending their school, albeit for a small amount of time
- Unable to control their emotions and direct their anxiety in anger towards others
- Have an EHCP or are undergoing the process of an EHCP
- Displaying aggressive behaviour



# Trauma Informed School

At IncludEd we offer a nurturing caring environment where all staff are prepared to recognise and respond to those young people who have been impacted by traumatic stress.

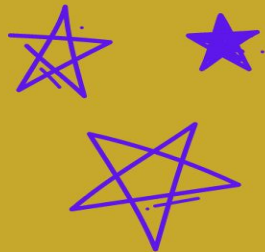
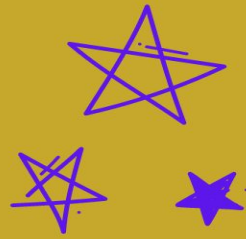
- Support young people to make sense of their experiences;
- Adapting to adversity and stress;
- Responding to ACEs and mental health;
- Building a culture of trust;
- Teach young people how to self-regulate and manage their emotions in a safe and calm manner;
- Intense work around trauma and crisis;
- Alleviate suffering, support learning and make young people feel cared for and appreciated;



# Therapeutic Curriculum

At IncludEd we recognise the underlying problems which can be the cause for a student disengaging from mainstream education. Besides offering accredited courses we work with students to develop their social and emotional skills and build on their confidence and self esteem. Our team work hard to make sure all young people feel comfortable in our centres and ensure there is always someone to talk to and support them in their learning.

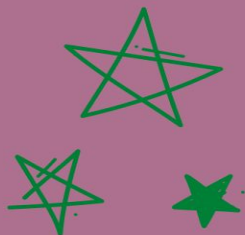
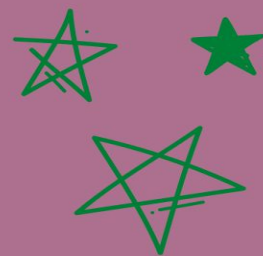
- A holistic approach to learning;
- Small class groups;
- Academic and vocational learning;
- Liaise with external agencies to enhance learning and achieve goals;
- Offer new challenges and opportunities;



# Intensive Support

At IncludEd we know that mental health is vital to wellbeing and physical health. Our staff team work tirelessly to ensure our Mental Health strategy is purposeful and endemic in all aspects of school life. We have over 15 years experience of working with young people who are at the most vulnerable points in their young lives. We have a robust network of staff who are trained in a range of areas including:

- Senior Mental Health Lead
- Mental Health Champions
- Mental Health First Aid
- Trauma Informed Practice
- Lego Therapy
- Sand Therapy
- Drawing and Talking



# Emotional Wellbeing & Confidence

At IncludEd we provide a welcoming and safe environment and relate with our young people in ways that enhance their self-esteem, confidence and develop their capacity to reflect and resolve. To create an underlying culture of respect, support, tolerance and empathy.

- Finding ways to manage emotions and feelings;
- Healthy Relationships and Sexual Health;
- Respecting each other as individuals,
- Providing 1:1 mentoring/support;
- Providing positive experiences;
- Food and Mood;

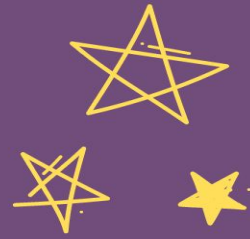




# SEND Ethos

IncludEd Centre offers specialist teaching and learning in a small, nurturing environment for young people with very high Social Emotional Mental Health (SEMH) needs. All of our young people have a common need for a sensitive and flexible approach to their education so that they can begin to address some of the issues that have created difficulties for them in mainstream education.

- A structured stimulating environment;
- Identifying individual learning needs;
- High student to staff ratio;
- A high level of pastoral support;
- Creating an environment of safety, connection and compassion;
- Language enriched and communication friendly environment;





# EmPloyability & Life Skills

At IncludEd we teach our young people about skills that they can use in their everyday life equipping them with a range of transferable skills. We focus on developing all the skills necessary for living a independent and fulfilling adulthood.

- Careers Advice and Guidance;
- Cooking and Budgeting;
- Exploring Future Hopes & Dreams;
- Financial Responsibility;
- Labour Market Information;
- Preparation for Independent Living;
- Problem Solving;
- Saving and Banking;
- World of Work - Guest Speakers;

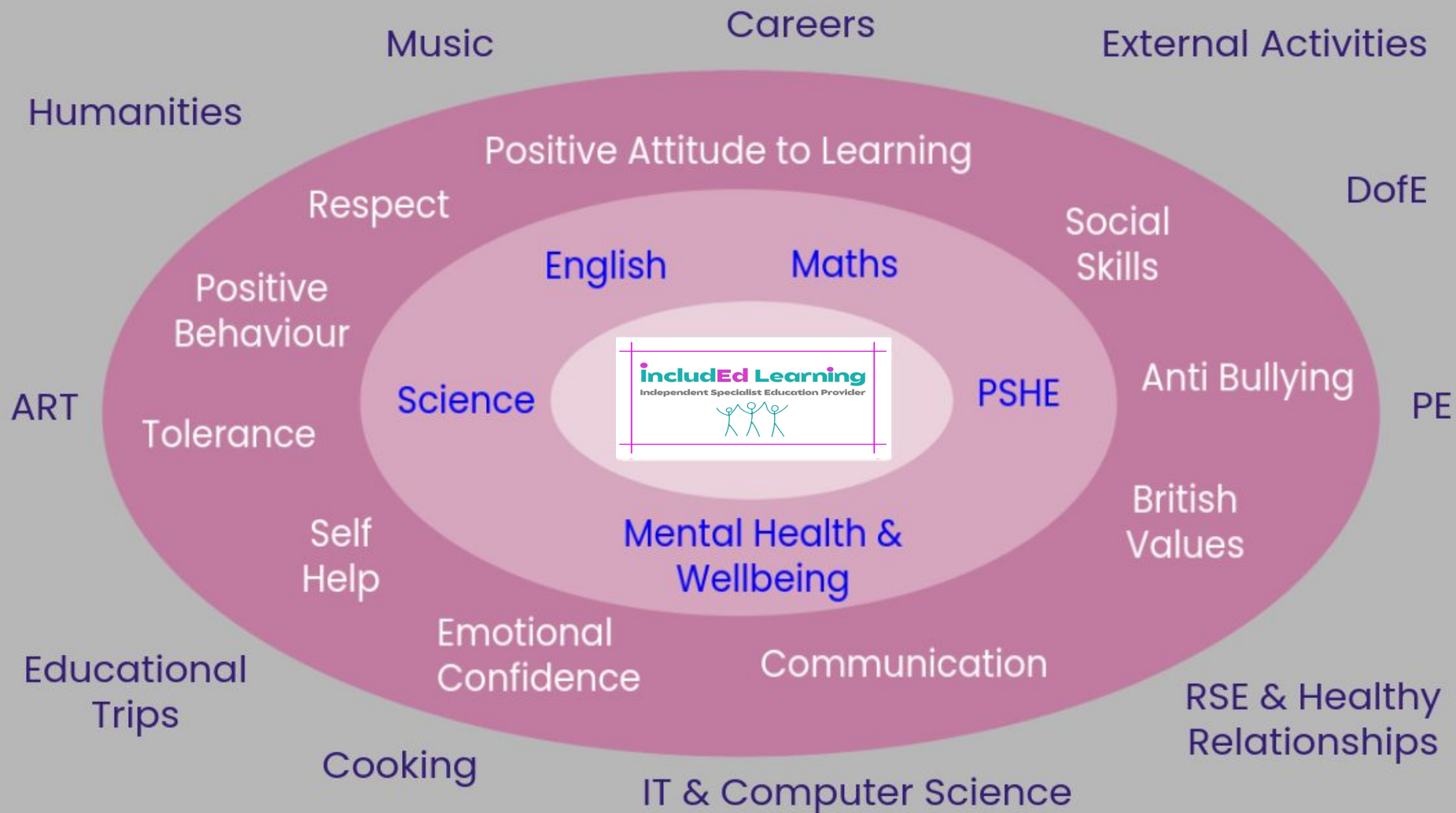


# Parenting Workshops

As part of our commitment to forge strong partnerships with families and partner schools we offer Trauma Informed Parent workshops. The workshops have been developed to help parents have a better understanding of what trauma is and how they can support their child through any traumatic events that they may have experienced or that they may encounter in the future.

- Trauma, causes, reasons & ACEs;
- Recognising and supporting children;
- Appreciating parenting styles;
- Understanding behaviour;
- Maintaining positive relationships with schools;
- Awareness of the impact of trauma;





I like IncludEd, I like some of the staff because they are nice and understand and talk to you and get the full story before having a go at you.

I like it here because you can talk to teachers

I understand all my lessons and I am taught very well, the things I don't understand are explained to me well.

I like this school because I can speak to teachers and they actually care about how you feel.

My time at includEd has been amazing i am thankful that i have met such nice people. When i first came to includEd i was shy and with help from the staff i've learnt so much and teachers have helped my confidence has grown.



*"It's great that my daughter has turned her situation into something very positive at your pru, it looks good on your education provision. I like the lovely glowing rapport she has with all staff she's revelling and it raises the bar on pupil referral units being a great hub of support to seek the best potential in all who come via your doors. You can be proud of yourselves. No parent should feel apprehensive having a pru referral because of unique opportunities that can be realised for young people having difficulties. My daughter could have of been one of the most challenging, you just gave her time to come around and orientate in her own way."*

*Parent Comment*



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