



# THE HAPPY HEELER

MARCH 2021



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## CAN DOGS EAT POPCORN?

Here's What Veterinarians Have to Say

Pop, pop, pop. Your dog instantly knows when the air popper is hoppin' and traipses over to get in on your snack. But aside from the cuteness overload of tossing Fifi popcorn and perfecting her mid-air catch, should your pooch actually eat popcorn?

We got the skinny (popcorn is a low-fat snack after all) from two veterinarians who were happy to weigh in before movie night at your house.

**"Yes, dogs (and cats) can eat popcorn!** It's a low-calorie food that pets love, so it makes a great treat," says Dr. Angelica Dimock, managing shelter veterinarian at Animal Humane Society.

Dr. Dimock even recommends plain popcorn to replace high calorie treats for dogs that need to lose a little weight.

### **Which Popcorn is Best for Dogs?**

"When feeding popcorn to your pet, it's important that the popcorn is plain and preferably air popped. Popcorn that is covered in butter (even fake butter), salt, and seasonings can cause stomach issues for your furry friends," Dr. Dimock says.

She adds that while pets can handle small amounts of "people food" as treats, for their health, it's best to not feed your pet only human food.

It's good to note that microwave popcorn typically is high in salt (and fats), which can be a problem for some canine cardiac patients. But plain, air-popped corn in small amounts is a perfectly acceptable treat for your pooch.

### **Easy on the Portion Size**

"Now this doesn't mean you should let your doggie eat a whole bag of Jiffy Pop," says Dr. Matthew McCarthy, founder of Juniper Valley Animal Hospital.

Like people, who fill up on nutritionally deficient foods like snacks, it's not a good idea for your pets either. "Ideally keep snacks, treats, and people foods to less than 10 percent of your dog's daily caloric intake," says Dr. McCarthy.

Dr. Dimock agrees and says that a handful for a medium-large dog is plenty—and only use it as a treat or snack, not a part of their regular diet.

So enjoy your next movie night guilt-free with your pup and a little bit of plain air-popped popcorn for a special treat.

## THIRTEEN SIGNS YOUR PET'S TEETH MIGHT BE BOTHERING THEM

Toothaches are notoriously hard to spot in pets thanks to our companion's enthusiastic love of food. These little gourmands tend to keep chowing down through oral pain that would have sent us crying to the dentist.

Add to that the fact that dental infections occur under the gumline where evidence of infection can be hard to see, and what you get is quite a lot of dogs and cats that, unbeknownst to their owners, are toughing it out with toothaches for months or even years.

Although the signs of oral infections can be subtle, watching closely for the following changes may let you know when something is amiss in your pet's mouth:

- Halitosis (bad breath)
- Red, swollen or bleeding gums
- Excessive or bloody drool
- Any swelling along the jaw or under either eye
- Loose or broken teeth
- Sneezing or discharge from the nose
- Avoiding hard toys, chews or treats
- Change in play behavior (for example, no longer playing tug-of-war)
- Avoiding head pats
- Favoring one side of the mouth when chewing
- Difficulty picking up food or dropping food out of the mouth often
- Decreased energy
- Decreased appetite or new preference for softened food

However, early infections may not have any outward signs at all, and some pets even go so far as to hide the problem from their owners, so your best bet for ensuring your pet is not living with oral pain is to have your veterinarian evaluate your pet's mouth on a regular basis.

### **What to expect during your pet's dental exam and cleaning**

When you go to your dentist for an exam and cleaning, you have a pretty good idea about what's going to happen, but what's the process when you take your dog or cat for a dental cleaning appointment?

First, general anesthesia is required to reduce stress and pain, and to ensure an accurate dental exam and cleaning. This allows your pet to be as comfortable as possible.

Precautions are taken prior to and during the anesthetic procedure in order to maintain the highest safety levels. Your pet will likely go home the same day as the procedure and may seem a little groggy for the rest of the day.

## **During the exam**

### **Your health care team will:**

Thoroughly examine your pet's mouth.

Use a dental probe to evaluate gum bleeding and periodontal pockets, and to check for defects on the tooth surface where food can accumulate or which may be causing irritation.

Take x-rays of the teeth to evaluate the roots and underlying bone.

Discuss your options if any teeth are badly affected by dental disease.

## **After the exam**

### **Your health care team will:**

Perform tooth scaling to remove tartar above and below the gum line.

Polish the teeth to remove microscopic scratches and decrease the rate of subsequent plaque buildup.

Perform a deep cleaning or remove significantly affected teeth of sample any areas of concern.

## **What about anesthesia-free cleanings?**

The American Veterinary Dental College advises against anesthesia-free cleaning because the procedure can cause pain, may be unsafe for your pet and/or the operator, and doesn't allow cleaning or inspection below the gum line, which is important to help delay periodontal disease.

Thorough dental x-rays and cleaning are recommended in order to help keep your pet's teeth and oral cavity as healthy as possible.

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## WHAT DOES IT MEAN WHEN YOUR DOG SMILES?

Be it cheesy, goofy or just plain precious, we all love our dogs' smiles. But does the relaxed mouth with slightly upturned corners, lolling tongue and soft, squinty eyes that we call a dog smile mean the same thing to our furry friends as it does to us?

Since dogs are all about body language, a true doggie smile is actually more likely to look like bouncy behavior with a relaxed, circular tail wag and perky ears.

What we humans consider a smile is in fact used as a sign of submission in wild canids like wolves, and our domestic dogs use it in the same way. The submissive dog relaxes their face in a "smile" to the alpha dog to show a non-challenging deference.

But that's not the whole story. After all, many dog owners swear that their pooches are truly happy when they smile. How can that be?

Our dogs are smart cookies and they learn very quickly that when they make their submissive "smile" at a human, they get all kinds of wonderful attention—a laugh, a pet, maybe even a treat. Over time, a behavior that starts as submission evolves to become a way for a dog to bond with their owner.

So, in other words, you can say that your dog beams at you to bring a smile to your face. Awwww!

# OCSDC RALLY TRIAL – FEBRUARY 27, 2021

**Judge: Mrs. Vita Allison**

## **Rally / Novice A**

- 1 – 96+ RISE N SHINE'S UNCOMMONLY CHEEKY, Pomeranian, Owner: Dr. Diedre Schloyer
- 2 – 96 SGT IV, German Shepherd Dog, OWNER: Ester P Vargas
- 3 – 93 JEM, German Shepherd Dog, OWNER: Kris Eitland
- 4 – 89 WICKLOW'S IF DREAMS COME TRUE, Collie (Smooth), OWNER: K & G Morrison
- 5 – 80 JEAN-LUC XXVI,, Poodle (Standard), OWNER: Carla Anne Hayes

## **Rally / Novice B**

- 1 – 85 NIGHTHAWK'S GOOD TIMES AT BRISWOOD, Rottweiler, OWNER: Wisler & Mitchell
- 2 – 84 CLARK'S SIR BENSON, All American, OWNER: Kathy Clark

## **Rally / Intermediate**

- 1 – 97 POWERHOUSE BONDI ON THE ROCKS, Border Collie, OWNER: Sandy Dinnsen
- 2 – 90 CINDER'S CHANCE RN BN, German Shepherd Dog, OWNER: Kathy Clark
- 3 – 81 NEEMA MISS PINKERTON B RN, Rhodesian Ridgeback, OWNER: Good & Davis

## **Rally / Advanced A**

- 1 – 96 TJ'S STAR RI, All American, OWNER: Sally Schweitzer
- 2 – 94 PYKE, Belgian Malinois, OWNER: Stanislava Panayotova
- 3 – 78 SUNDOWNS RED HOT LILY, Australian Shepherd, OWNER: Vicki Brown
- 4 – 75 WIREWORKS LOVE'S A LOADED GUN @ CANDO RI OSD TKE ATT VHMA, Pointer (German Wirehaired), OWNER: Charles & Erin Zimmer

## **Rally / Advanced B**

- 1 – 100++ H.E.L.P.ER. RE AX MXJ OF CGCA TKA, All American, OWNER: Alyson Deines
- 2 – 100+ SUNFIRE'S PRIDE AND JOY CD BN RE DS TKA CGC, Retriever (Golden), OWNER: Kathy L Klein
- 3 – 100 CH OTCH WESTERNESSE JAMMIN' LIVE JAZZ UDX5 OM8 RE HT AD CA CGCA CGCU TKP, Shetland Sheepdog, OWNER: JoAnne Griffin D.V.M. & Joyce Herie
- 4 – 98+ GEGENSCHN LUNA VOM STEFANHAUS PCD CD RI RA, Rottweiler, OWNER: Mark & Donna Stone
- 97 DREAMCATCHER GRAND FINALE CDX VER RM2 RAE2 CGCA, Dachshund, OWNER: Judy McGlothlin
- 98 CLEAR SKY B BENTLEY DEALERSHIP BN PCD RE CGCA, Papillon, OWNER: Susan Nikkel
- 83 CT DRAGONTAILS BLACK IRISH MOON BN TDX RE FDC AXP MJP XFP CGC TKP SWN SCA SBA SHDN, Cardigan Welsh Corgi, OWNER: Kayelene Hawthorne & Arlene Irby
- 93 CH MACH D'LACIE'S ECHO O'VIMANA BN RE TDX MXS MJS OF T2B3 CA CGC, Standard Schnauzer, OWNER: Patricia Ames/Rachel Williams
- 84 SIERRA LITTLE SUGAR WILLIAMS, All American, OWNER: Michael Alan Williams
- 82 LORMIC'S CONTINENTAL SOLDIER TDX RI BN CD SWA SWN TKI CGCA, Shetland Sheepdog, OWNER: Galann & Stuart Lease
- 83 ROCKING K&M'S JORY TRUE HAUS CD TDX RAE RM EFP, German Shepherd Dog, OWNER: Kathy Marmack/Ken Miller
- 97 CH CT MACH2 TICA WEEKEND BENDER VCD2 RAE RM MXS MJS T2B MXF TDU TKP FDC, Belgian Tervuren, OWNER: Sarah Naia Stier
- 77 GCHB CH KISTRYL CLOCKS FALL BACK CDX BN GO RM RAE SH CGC TKA, Retriever (Flat Coated), OWNER: Julie Ann Ressler
- 89 ROCKING K&M'S CREE TRUE HAUS S.P. BN RA, German Shepherd Dog, OWNER: Kathy Marmack/Ken Miller

### Rally Advanced B Cont.

- 94 CH CT KIZMAR CALIBRE ELITE EXPRESSIONIST OA OAJ OF RA JH RATS CGC TKA,  
Vizsla, OWNER: Jamie Walton
- 96 KODA BAMBACHT CGCA CGCU CD RE TKN SEN, German Shepherd Dog,  
OWNER: Don & Junko Bambacht
- 97 FLASHFIRE'S A SUMMER ZUMA SNOWFLOWER CDX RN OA NAJ NAP OF SWN CGC,  
Belgian Tervuren, OWNER: John Zappe
- 95 HAUTEE VOLEE'S PROTECTOR OF GOTHAM CD RN MX MXJ T2B XF TKI CGC,  
Belgian Tervuren, OWNER: John Zappe
- 92 TOP GUN RED PILOT SUCHY LAS VEGAS CD BN RI FDC CGCA CGCU CA BCAT ACT1  
DJ TKN, Retriever (Nova Scotia Duck Tolling), OWNER: Christine Daniels

### Rally / Excellent B

- 1 – 100+ H.E.L.P.ER. RE AX MXJ OF CGCA TKA, All American, OWNER: Alyson Deines
- 2 – 100 SUNFIRE'S PRIDE AND JOY CD BN RE DS TKA CGC, Retriever (Golden),  
OWNER: Kathy L Klein
- 3 – 98+ KODA BAMBACHT CGCA CGCU CD RE TKN SEN, German Shepherd Dog,  
OWNER: Don & Junko Bambacht
- 4 – 98 GEGENSCHN LUNA VOM STEFANHAUS PCD CD RI RA, Rottweiler,  
OWNER: Mark & Donna Stone
- 95 DREAMCATCHER GRAND FINALE CDX VER RM2 RAE2 CGCA, Dachshund,  
OWNER: Judy McGlothlin
- 95 CLEAR SKY B BENTLEY DEALERSHIP BN PCD RE CGCA, Papillon,  
OWNER: Susan Nikkel
- 95 CT DRAGONTAILS-LACK IRISH MOON BN TDX RE FDC AXP MJP XFP CGC TKP SWN  
SCA SBA SHDN, Cardigan Welsh Corgi, OWNER: Kayelene Hawthorne & Arlene Irby
- 97 CH MACH D'LACIE'S ECHO O'VIMANA BN RE TDX MXS MJS OF T2B3 CA CGC,  
Standard Schnauzer, OWNER: Patricia Ames/Rachel Williams
- 97 CH OTCH WESTERNESSE JAMMIN' LIVE JAZZ UDX5 OM8 RE HT AD CA CGCA CGCU  
TKP, Shetland Sheepdog, OWNER: JoAnne Griffin D.V.M. & Joyce Herie
- 87 GCH BRAVEHEART'S FOREVER CHARMED JH RA BN CAX SEN SCN FDC CGC TKN,  
Spaniel (English Springer), OWNER: April & Mike Leonetti
- 71 ROCKING K&M'S JORY TRUE HAUS CD TDX RAE RM EFP, German Shepherd Dog,  
OWNER: Kathy Marmack/Ken Miller
- 88 CH CT MACH2 TICA WEEKEND BENDER VCD2 RAE RM MXS MJS T2B MXF TDU TKP  
FDC, Belgian Tervuren, OWNER: Sarah Naia Stier
- 83 GCHB CH KISTRYL CLOCKS FALL BACK CDX BN GO RM RAE SH CGC TKA,  
Retriever (Flat Coated), OWNER: Julie Ann Ressler
- 98 ROCKING K&M'S CREE TRUE HAUS S.P. BN RA, German Shepherd Dog,  
OWNER: Kathy Marmack/Ken Miller
- 92 CH CT KIZMAR CALIBRE ELITE EXPRESSIONIST OA OAJ OF RA JH RATS CGC TKA,  
Vizsla, OWNER: Jamie Walton
- 96 CH OCEANO'S MYTH AND LEGEND FOR HORIZON CD BN RA SDPRO CGCA TKE ATT  
AHMA, Newfoundland, OWNER: Erin Zimmer/G & K Griffith

## Rally / Master

1 – 100+	SUNFIRE'S PRIDE AND JOY CD BN RE DS TKA CGC, Retriever (Golden), OWNER: Kathy L Klein
2 – 100	CH OTCH WESTERNESSE JAMMIN' LIVE JAZZ UDX5 OM8 RE HT AD CA CGCA CGCU TKP, OWNER: JoAnne Griffin D.V.M. & Joyce Herie
3 – 97+	KODA BAMBACHT CGCA CGCU CD RE TKN SEN, German Shepherd Dog, OWNER: Don & Junko Bambacht
4 – 97	CT DRAGONTAILS BLACK IRISH MOON BN TDX RE FDC AXP MJP XFP CGC TKP SWN SCA SBA SHDN, Cardigan Welsh Corgi, OWNER: Kayelene Hawthorne & Arlene
91	DREAMCATCHER GRAND FINALE CDX VER RM2 RAE2 CGCA, Dachshund, OWNER: Judy McGlothlin
79	H.E.L.P.E.R. RE AX MXJ OF CGCA TKA, All American, OWNER: Alyson Deines
80	DANCIN' EYES ANGEL ON MY SHOULDER CD PCD BN RM RAE ACT1 CGCA CGCU, Australian Shepherd, OWNER: Faith & Bernard McCune
72	ROCKING K&M'S JORY TRUE HAUS CD TDX RAE RM EFP, German Shepherd Dog, OWNER: Kathy Marmack/Ken Miller
96	GEGENSCHNITT LUNA VOM STEFANHAUS PCD CD RI RA, Rottweiler, OWNER: Mark & Donna Stone
96	CH CT MACH2 TICA WEEKEND BENDER VCD2 RAE RM MXS MJS T2B MXF TDU TKP FDC, Belgian Tervuren, OWNER: Sarah Naia Stier
79	GCHB CH KISTRYL CLOCKS FALL BACK CDX BN GO RM RAE SH CGC TKA, Retriever (Flat Coated), OWNER: Julie Ann Ressler
94	CH CT KIZMAR CALIBRE ELITE EXPRESSIONIST OA OAJ OF RA JH RATS CGC TKA, Vizsla, OWNER: Jamie Walton
73	FULL MOON'S JACKSON RE FDC CGCA CGCU TKN, Poodle (Standard), OWNER: Debbie Vachal
75	MOXIE'S SKYWARD NOSE CD BN RE CA BCAT FDC CGCA CGCU TKP, Collie (Rough), OWNER: Erica Lipari
87	MALEVOLENT CREATION OF HEBIRON RE FDC CGC, Belgian Sheepdog, OWNER: Kay A Setzer/Michael Rausch

High Combined Rally Advanced B & Excellent B

H.E.L.P.E.R - Alyson Deines

High Combined Score in Adv B, Ex B & Masters (Triple Q)

SUNFIRE'S PRIDE AND JOY CD BN RE DS TKA CGC - Kathy Klein

## NOVICE RALLY TEAM

1 – Team 2	ROCKING K&M'S JORY TRUE HAUS CD RAE MR TDX EF – Kathy Marmack1 DRAGONTAILS BLACK IRISH MOON BN TDX RE FDC AXP MJP XFP CGC TKP SWN SCA SBA SHDN – Kay Hawthorne FULL MOON'S JACKSON RA FDC CGCA CGCU TKN – Debbie Vachal H.E.L.P.E.R. RE AX MXJ OF CGCA TKA – Aly Deines
2 – Team 1	HARTWIG'S BECKET, Luki Gubach DANNY VON TAYLORHOFF, Janet Phillips RANGER VOM SISKIYOU K9, Elizabeth Hartwig ROCKING K&M'S CREE TRUE HAUS S.P. BN RA, Kathy Marmack/Ken Miller

## BIG BRAG FOR A LITTLE DOG

From Aly Deines

Helper was really good this month! She earned both her TD and her TDX under extremely windy conditions and with lots of gun fire! She also got her 19th rally triple Q with two perfect scores, two first places, and high combined at our Rally Trial on Sunday, Feb. 27.

### SCENT WORK UPDATE:

Scent Work is growing quickly as a sport and many of our members have been requesting classes. We are working to expand the program so we can offer scent work classes more often, but we don't have many trainers. To offer more classes, we will utilize the trainers we have to staff classes, but that unfortunately means we must limit drop-in scent work. This year drop-in scent work will be limited to the Thursday nights prior to any local San Diego trials. The next drop-in scent work classes will be offered on Thursday, April 15th and Thursday, May 6th from 6:30-7:30 pm. If you have any questions or are interested in becoming a scent work trainer, please contact Nancy Asbury at [nasbury@cox.net](mailto:nasbury@cox.net). Please watch for more emails on this topic as more details become available.

Nancy Asbury

Training Director/Membership Chair

Obedience Club of San Diego County, Inc.

***WATCH FOR MORE INFORMATION ON***

***OUR SATURDAY, APRIL 10 OBEDIENCE ONLY TRIAL – BARBARA SCOTT, TRIAL SECRETARY***

***AND***

***OUR MAY 8 & 9 SCENT WORK TRIALS – LORI BRISON, TRIAL SECRETARY.***