



## What I Did Today:

My name is: \_\_\_\_\_

Date: \_\_\_\_\_

### How I ate today...

Breakfast:  All  Some  I wasn't hungry

Morning Snack:  All  Some  I wasn't hungry

Lunch:  All  Some  I wasn't hungry

Afternoon Snack:  All  Some  I wasn't hungry

### My mood today:

Happy  Playful  Quiet  Talkative  Sleepy  Helpful  Wild  Bossy  Aggressive  Sad  
 Silly  Angry  Not feeling well  Inquisitive

### Today I played in the following ways:

Free play  Painted  Was read to  Colored  Played games  Building toys  
 Played dress up  Sand play  Play-doh  Puzzles  Helped cook/bake  Music  Sang  
 Watched movie  Outside play  Arts & crafts  Played with dolls  Danced  Sensory table

### During nap time I:

Slept  I was quiet but didn't sleep  
 I bothered the other children while they tried to sleep

### I had a break for:

\_\_\_\_\_  
\_\_\_\_\_

### Please bring more...

Diapers  Diaper wipes  Clean clothes  Ointment  Formula  
 Other \_\_\_\_\_

### Debbi's comments:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

