

## How to become an RSA (Riding School Assistant)

### #TeamLME

#### All RSA's must:

- Have regular lessons with us
- O Be at least 11 years old, able to walk, trot & canter independently **and** having completed our Junior Progressive Riding Tests 1 5 in a minimum of 2 Stable Management lessons **OR**
- O Have a pony on loan/livery, be at least 9 years old and able to follow instruction (including tacking up independently) OR
- O Have a minimum of Pony Club D+ Test level (with visible proof)
- Have the ability to listen, communicate and follow instruction independently and as part of a team
- O Be able to act as a representation of #TeamLME
- O Understand and act accordingly within the environment on the yard
- Be a Pony Club Centre+ Member

If you are unable to do all of the above or would like to ask further questions, please see Georgia or Wendy or email georgia@liegemanor.co.uk. We are here to help!

#### What you'll need to know...

- A full day as an RSA will earn you a 'free ride' this is an hour of supervised riding with your friends!
- Full Day hours 8:30am to 5:30pm (ride may finish later depending on day)
- O Half Day hours: Morning 8:30am to 1:30pm Afternoon 12:30pm to 5:30pm
- Our Café is open to provide lunches and snacks throughout the day on weekends and during school holidays
- O All RSAs must confirm their attendance on a weekly basis through our '#TeamLME RSA WhatsApp Group'
- RSAs are have the privilege of being offered 'Hire Horses' for those without loan ponies wishing to participate in our shows & clinics
- O Hard work is well rewarded!!
- It's important to remember we are all happy to help ©!

#### What you need to do now:

- 1. Register your interest to become an RSA with your Coach, Melissa or Wendy
- 2. You will be given a digital OR hard copy version of your RSATests 1, 2, 3, 4 & 5 (ALL tests must be completed before you are able to do any Full Days)
- 3. Learn the tests, make sure you're happy with everything in them. If you're not, most things can be learned via The Pony Club Online or YouTube but please be aware not everything is correct!

#### Important Information

- YouTube/Online tutorials are not always right so be open to re-learning something you got online!
- Pony Club Tests can be used as substitutes for most of #TeamLME RSA Test subjects and will ensure you pass muck quicker!
- Every RSA has been 'the youngest' or 'the newest' or 'the best' at some point. We are all here to be A TEAM at ALL times! You can ALWAYS ask one of your fellow RSA's for help and advice and they will always do their very best to assist or fond someone else who can
- O Learning is FUN the more you learn, the more you'll know, the better you'll get. Don't get complacent and always remember: 'It takes more than one life time to learn to ride a Horse!'
- O 1 x Full Day = Free Ride, 2 x Half Days = Free Ride YOU are responsible for keeping tabs on your Free Rides and can 'bank' them for any you don't wish to take saving them for when you do!
- Lunch times may be altered depending on activities and may also be split.
- We are ALWAYS here to help, please make sure you tell us anything and everything that concerns you – no matter how big or small! We are able to help if we know but not if we don't!

# Congratulations—you're now an RSA!

#### Welcome to our (very) big #TeamLME Family!

Please send Georgia your contact number in order to be added to our WhatsApp Group.

#TeamLME Clothing is available to order - Coats, Hoodies, Polo Shirts & Riding Tights – Please enquire directly with Wendy/Georgia to order.

We recommend half-days initially as it can be tiring when you're on the yard for the first time.

Appropriate footwear **must** be worn at **all** times.