## Taking Off The Mask 'Live' Saturday June 15th at 2.00 PM

## www.facebook.com/maskandme/



**Taking off the Mask Live** brings to the stage the founder of the TOTM Blog and Community, **Adam Parkes**. Adam will bring the blog to life, discuss his life and the impact depression has had on it. He will also discuss the current work of TOTM and their exciting plans for the future.

This isn't about feeling sorry or sad. On the contrary in fact. The show is designed to be a celebration, not a negative trip down Memory Lane. You may laugh, you may cry but you will be inspired by his message.

This is the second performance of the event. Taking place in Coventry, with almost 1 in 10 of the local population living with depression; the evening is free for all to attend. Any voluntary donations made will go to continue the work of the **Taking off the Mask Community**.

Lawrence Saunders Road Baptist Church

Lawrence Saunders Road, Coventry CV6 1HH

Email: admin@takingoffthemask.org or text 07949561995 for more information