



# HealthKind Webinar Series

## Real Conversations for Real Healthcare Leaders

Healthcare leadership is messy, emotional, and deeply human and yet most training skips over the hard stuff. This series goes where others don't. From navigating tough personalities to staying calm under pressure, each session tackles a real challenge you face on the job. No fluff, just practical insights delivered with heart.



Book your place at [www.healthkind.com.au](http://www.healthkind.com.au) or scan QR code.







## HealthKind 2025 Webinar Series: Real Conversations for Real Leaders

Live on Wednesdays • 12:00–1:00pm  
AEST • Online via Zoom

Join HealthKind's Leadership Educator Kristyn Haywood for six authentic, practical webinars tackling the real challenges of healthcare leadership. Free for all healthcare staff.

These sessions are ideal for distributed teams, shift-based staff, or leaders with limited availability. All webinars are interactive, actionable, and grounded in the real challenges of healthcare leadership. They are live or on demand.

### 2025 Webinar Series:



#### 10 June – Managing People You May Not Like

Learn how to lead with compassion and professionalism, even when working relationships are strained.



#### 15 July – How to Handle Strong Emotions

Discover tools to regulate emotions and lead calmly during high-pressure situations.



#### 12 August – When You're Carrying Too Much

Explore strategies to identify emotional overload and reclaim clarity and energy.



#### 16 September – Stuck in the Middle: Leading When You're Not in Charge

Learn how to influence upwards and sideways with confidence, even without formal authority.



#### 14 October – Beyond Blame: Leading with Accountability

Move your team from finger-pointing to ownership and build a learning-focused culture.



#### 10 November – Rapid Calm for Healthcare Leaders

Master fast, effective techniques to restore calm during intense or emotional moments.



### About Kristyn Haywood

Kristyn Haywood is a seasoned leadership educator and former HR executive with over 20 years of experience. She has trained thousands of leaders, delivered transformational coaching, and is a sought-after keynote speaker and trusted advisor. Kristyn holds a Master of Business by thesis on how feedback improves leadership.

In 2018, Kristyn began working with Nursing Unit Managers at Fairfield Hospital, where she discovered her deep connection to healthcare. Since then, she has worked with healthcare leaders at all levels. Kristyn is known for her clarity, compassion, and rare ability to uncover and resolve complex team issues. Kristyn is currently undertaking a Master of Research in Management.

"Kristyn brings clarity and compassion to the most complex people challenges in Healthcare.

– Julia Das, Chief Pharmacist

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