



Leadership Education & Consulting for the Healthcare Industry



Human-Centred Leadership in
Healthcare

Our Purpose

Every day, healthcare workers and the administrators who support them face raw emotions: grief, fear, frustration, and joy. These are the people who choose Healthcare to look after our most vulnerable.

That's why we're here.

HealthKind Leadership helps leaders navigate the emotional and relational reality of healthcare through coaching, culture-building, and leadership development that centres on Integrity, Clarity, and Care.

Our Three Core Capabilities

Our core capabilities are directly aligned with the IHF Global Healthcare Leadership Competency Model. We focus on the relational and human-centred domains most critical to emotionally intelligent, ethical, and values-aligned healthcare leadership.



INTEGRITY: (aligned with IHF: Professional, Ethical & Social Responsibility). Healthcare Leadership is grounded in self-awareness, honesty, and alignment with core values.



CLARITY: (aligned with IHF: Communication & Strategic Vision) Healthcare Leaders learn to communicate with purpose, direction, and confidence.



CARE: (aligned with IHF: Compassionate Leadership) A culture of respect, empathy and inclusion is prioritised.

What We Offer

We offer three core service streams that support healthcare leaders to grow, teams to thrive, and cultures to transform.

1. Leadership Coaching & Advisory

We help leaders grow through personalised support that builds insight, confidence and capability. This includes:



360° Leadership Circle Profile + Coaching Package:
For deeper self-awareness and accelerated development



Trusted Advisory Calls: Short consultations:
Support for urgent challenges when leaders need a sounding board



Executive Coaching for Healthcare Leaders:
Navigate complexity, build resilience, and enhance impact

2. Workplace Culture & Team Consulting

We work alongside healthcare teams to uncover what's really going on and guide them toward trust, respect, and renewed collaboration.



Values Alignment Workshops: Helping healthcare teams connect and commit to shared values



Listening Circles + Leader Debriefs + Culture Reporting: Surfaces issues and insights that drive positive change



Independent Mediation Services: Resolving tension and rebuilding trust within healthcare teams



Short 2-hour Workshops: Practical tools for having difficult conversations, handling emotions, and promoting respect



Psychosocial Hazard Prevention: (Safe Work compliant): Proactive strategies to reduce risks and support well-being



Respect@Work Legislative Compliance: Meeting legal obligations while building a culture of safety and inclusion

3. Leadership Education & Training

We design and deliver learning that sticks combining theory, reflection, and real-world practice:



Signature Workshops:

Deep dives into Integrity, Clarity and Care



Custom Leadership Programs:

Tailored to workplace Needs



Integrated Learning Journeys:

Transformational Longform programs



Webinars (live and on-demand):

Flexible access to expert-led development.

"In healthcare, leadership isn't optional - it's the difference between a team that copes and a team that thrives."

— HealthKind

Meet the Founder

About Kristyn Haywood



"Kristyn brings clarity and compassion to the most complex people challenges in Healthcare."

- Julia Das, Chief Pharmacist


Kristyn Haywood is a seasoned leadership educator and former HR executive with over 20 years of experience. She has trained thousands of leaders, delivered transformational coaching, and is a sought-after keynote speaker and trusted advisor. Kristyn holds a Master of Business by thesis on how feedback improves leadership.


In 2018, Kristyn began working with Nursing Unit Managers at Fairfield Hospital, where she discovered her deep connection to healthcare. Since then, she has worked with healthcare leaders at all levels.

Kristyn is known for her compassion, transformational coaching style and the rare ability to uncover and resolve complex team issues.

"Throughout the six-month leadership development program facilitated by Kristyn Haywood, I gained more confidence to lead with integrity and clarity. I'd highly recommend Kristyn's leadership and coaching programs specifically for Healthcare Leaders as she understands our unique and hectic environment."

-Evelyn Coleman, Nursing unit Manager /Deputy DCS
Wyvern Private Hospital

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