## Annatto-E®

150 mg or 300 mg of Delta- and Gamma-Tocotrienols



ANNATTO-E™ 15( ANNATTO-E™ 300









Vitamin E consists of eight forms within two categories (tocotrienols and tocopherols). There are also four different tocotrienols and four different tocopherols. Each form has a slightly different structure and imparts unique properties that influence its function and effects on the body. Most conventional supplements are typically rich in tocopherols (alpha-tocopherol, in particular). However, the tocotrienol forms of vitamin E have unique effects across various body systems that make them desirable for the support of many aspects of health and overall wellness.\*

Various common Western food sources contain vitamin E. such as wheat, rice, oats, and corn. Yet, the annatto seed is the richest known source of naturally occurring tocotrienol. Annatto is a tree native to Latin America. Annatto seeds are free of tocopherols and contain only tocotrienols in the forms of delta- and gamma-tocotrienols.\* Annatto-E® contains annatto-derived tocotrienols to promote clinical efficacy in two different serving size options of 150 mg and 300 mg.\*

The tocotrienols in Annatto-E® may support cardiovascular, skin, eye, bone, and lung health and may also promote a healthy inflammatory response.\* Owing to these benefits, Annatto-E® may be clinically relevant to the general population.\* Furthermore, perhaps the best-known role of the vitamin E compound is its support of antioxidant status, which may promote healthy aging and overall metabolic health.\*

Although tocopherols may have beneficial effects on their own, they may potentially interfere with the clinical benefits of tocotrienols.\* For this reason, it may be best to take tocotrienols independently of any other supplement containing alpha-tocopherols or separate the intake of each by at least 6 hours.\*

## **Benefits\***

- Supports vitamin E status
- Promotes metabolic and cardiovascular health
- Supports antioxidant status and a healthy inflammatory response
- Supports lung, skin, and eye health
- Supports healthy bones

## **Recommended Use**

Take 1 softgel per day or as directed by your health-care practitioner.

## **Highlights**

- Delivers synergistic, clinically beneficial forms of vitamin E tocotrienols\*
- Sourced from annatto, the richest known source of naturally occurring tocotrienols
- Annatto-E<sup>®</sup> is made with DeltaGold<sup>®</sup>, containing 100% tocotrienols and 0% tocopherols
- Annatto-E<sup>®</sup> 150 contains 150 mg of delta- and gamma-tocotrienols per serving
- Annatto-E® 300 contains 300 mg of delta- and gamma-tocotrienols per serving
- Gluten-free, dairy-free, and soy-free
- Non-GMO

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