



**SMOKY MOUNTAIN MEDICAL SOCIETY**

*Cherokee, Clay, Graham,  
Haywood, Jackson, Macon & Swain Counties*

# SMOKY MOUNTAIN PRIMARY CARE CONFERENCE

**APRIL 27, 2024**

**KERN AUDITORIUM, LAKE JUNALUSKA CONFERENCE CENTER  
LAKE JUNALUSKA, NC**



Jointly Provided by  
SMOKY MOUNTAIN MEDICAL SOCIETY and MORE FOUNDATION

**MORE** Foundation 

**SMOKY MOUNTAIN  
PRIMAY CARE CONFERENCE  
SATURDAY, APRIL 27, 2024**



**ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Arizona Medical Association (ArMA) through the joint providership of MORE Foundation and the Smoky Mountain Medical Society. MORE Foundation is accredited by ArMA to provide continuing medical education for physicians.

**CREDIT STATEMENTS**

MORE Foundation designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**CE CREDIT STATEMENTS**

Category 1 CE credits approved for nursing.

**Educational Grant:**

This program is supported by a generous grant from the Haywood Healthcare Foundation to provide tuition assistance for all Haywood providers free of charge.

**For Assistance:**

Email [nancy@ashevillmeeting.com](mailto:nancy@ashevillmeeting.com)  
or call 828-277-9634 for assistance.

**COURSE DESCRIPTION AND TARGET AUDIENCE**

**COURSE DESCRIPTION**

The Smoky Mountain Medical Society will present a one-day conference on updates in patient management including diabetes, anticoagulants, chronic lung disease, urinary incontinence, rheumatology and behavioral health. A distinguished faculty from prestigious medical universities, who are nationally recognized physicians and educators, will share their knowledge on these topics.

**TARGET AUDIENCE**

Primary care physicians, physician assistants, nurse practitioners, and nurses will gain knowledge from attending this activity.

**REGISTRATION**

**Online registration, go to our website at [mysmms.org](http://mysmms.org) or go to: [Online registration.](#)**

**[Download Registration Form](#)**

**REGISTRATION FEES**

- Haywood County Providers **Free Tuition (provided by a Haywood Healthcare Foundation Grant)**
- Non- Haywood County Physicians **\$150**
- Non-Haywood County Allied Health **\$75 (includes PAs, NPs, Nurses, others)**

**SMOKY MOUNTAIN  
PRIMARY CARE CONFERENCE  
SATURDAY, APRIL 27, 2024**

**FACULTY**

**Joseph Aloï, MD, FACE, FACP**

Professor, Department of Internal Medicine  
Chief, Section on Endocrinology & Metabolism  
Wake Forest School of Medicine  
Winston Salem, NC

**Ashley Blaske, MD**

Assistant Professor  
Department of Internal Medicine  
Division of Rheumatology  
East Tennessee State University  
Johnson City, TN

**Amie Kawasaki, MD, FACOG**

Assistant Professor of Obstetrics  
and Gynecology, Obstetrics and  
Gynecology, Urogynecology  
Duke University School of Medicine  
Durham, NC

**Stephan Moll, MD**

Professor of Medicine  
Department of Hematology  
UNC School of Medicine  
Chapel Hill, NC

**Jill Ohar, MD**

Professor, Pulmonary, Critical Care  
Allergy, and Immunologic Diseases  
Wake Forest School of Medicine  
Winston Salem, NC

**Victoria Soltis-Jarrett, PhD, PMHCNS/NP**

Carol Morde Ross Distinguished Professor of  
Psychiatric-Mental Health Nursing  
The University of North Carolina School of Nursing  
Chapel Hill, NC

**SMOKY MOUNTAIN  
PRIMARY CARE CONFERENCE  
SATURDAY, APRIL 27, 2024**



## **AGENDA**

### **MORNING SESSION**

- 7:30AM-9:00AM REGISTRATION \*EXHIBITOR ROOM OPEN\***
- 8:00AM-8:55AM SPONSORED BREAKFAST WITH SPEAKER  
(NO CME)**
- 8:55AM-9:00AM INTRODUCTIONS/OPENING REMARKS**
- 9:00AM-9:45AM UPDATES ON ANTICOAGULANTS: HOW TO START AND MANAGE  
STEPHAN MOLL, MD**
- 9:45AM-10:00AM Q&A**
- 10:00AM-10:45AM UPDATE ON COPD/CHRONIC LUNG DISEASE  
JILL OHAR, MD**
- 10:45AM-11:00AM Q&A**
- 11:00AM-11:45AM WHERE TO START WITH BEHAVIORAL HEALTH: WHAT CAN PCP'S DO FOR THEIR  
PATIENTS WHILE WAITING FOR REFERRAL  
VICTORIA SOLTIS-JARRETT, PHD, PMHCNS/NP**
- 11:45AM-12:00PM Q&A**
- 12:00PM-1:00PM LUNCH IN EXHIBITOR ROOM**

### **AFTERNOON SESSION**

- 1:00PM-1:45PM UPDATE ON DIABETES AND WEIGHT LOSS MEDICATIONS  
JOSEPH ALOI, MD, FACE, FACP**
- 1:45PM-2:00PM Q&A**
- 2:00PM-2:45PM UPDATE ON URINARY INCONTINENCE  
AMIE KAWASAKI, MD, FACOG**
- 2:45PM-3:00PM Q&A**
- 3:00PM-3:45PM RHEUMATOLOGY FOR THE RURAL PCP  
ASHLEY BLASKE, MD**
- 3:45PM-4:00PM Q&A**

**At the conclusion of this educational activity, participants should be able to:**

- Describe the advances in managing patients who need anticoagulants.
- Discuss current treatment strategies for patients diagnosed with chronic lung diseases including chronic obstructive pulmonary disease.
- Examine patient management strategies in diagnosing and treating patients with urinary incontinence.
- Identify actions the primary care provider can take for a behavioral health diagnosis while waiting for a referral.
- Review updates on treatments for diabetes and weight loss management.



## SMOKY MOUNTAIN MEDICAL SOCIETY

900 Hendersonville Rd, Suite  
201C, Asheville, NC 28803  
828-277-9706  
[mysmms.org](http://mysmms.org)

## MORE Foundation

18444 N. 25th Ave., Suite 110  
Phoenix, AZ 85023  
623-241-8724  
[more-foundation.org](http://more-foundation.org)

Conference Planning by:

## ASHEVILLE MEETING LOGISTICS

900 Hendersonville Rd, Suite 201C, Asheville, NC 28803  
828-277-9634  
[ashevillmeetinglogistics.com](http://ashevillmeetinglogistics.com)