



SMOKY MOUNTAIN MEDICAL SOCIETY

*Cherokee, Clay, Graham,
Haywood, Jackson, Macon & Swain Counties*

SMOKY MOUNTAIN PRIMARY CARE CONFERENCE

APRIL 27, 2024

**KERN AUDITORIUM, LAKE JUNALUSKA CONFERENCE CENTER
LAKE JUNALUSKA, NC**



Jointly Provided by
SMOKY MOUNTAIN MEDICAL SOCIETY and MORE FOUNDATION

MORE Foundation 

**SMOKY MOUNTAIN
PRIMAY CARE CONFERENCE
SATURDAY, APRIL 27, 2024**



ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Arizona Medical Association (ArMA) through the joint providership of MORE Foundation and the Smoky Mountain Medical Society. MORE Foundation is accredited by ArMA to provide continuing medical education for physicians.

CREDIT STATEMENTS

MORE Foundation designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CE CREDIT STATEMENTS

Category 1 CE credits approved for nursing.

Educational Grant:

This program is supported by a generous grant from the Haywood Healthcare Foundation to provide tuition assistance for all Haywood providers free of charge.

For Assistance:

Email nancy@ashevillmeeting.com
or call 828-277-9634 for assistance.

COURSE DESCRIPTION AND TARGET AUDIENCE

COURSE DESCRIPTION

The Smoky Mountain Medical Society will present a one-day conference on updates in patient management including diabetes, anticoagulants, chronic lung disease, urinary incontinence, rheumatology and behavioral health. A distinguished faculty from prestigious medical universities, who are nationally recognized physicians and educators, will share their knowledge on these topics.

TARGET AUDIENCE

Primary care physicians, physician assistants, nurse practitioners, and nurses will gain knowledge from attending this activity.

REGISTRATION

Online registration, go to our website at mysmms.org or go to: [Online registration.](#)

[Download Registration Form](#)

REGISTRATION FEES

- Haywood County Providers **Free Tuition (provided by a Haywood Healthcare Foundation Grant)**
- Non- Haywood County Physicians **\$150**
- Non-Haywood County Allied Health **\$75 (includes PAs, NPs, Nurses, others)**

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FACULTY

Joseph Aloï, MD, FACE, FACP

Professor, Department of Internal Medicine
Chief, Section on Endocrinology & Metabolism
Wake Forest School of Medicine
Winston Salem, NC

Ashley Blaske, MD

Assistant Professor
Department of Internal Medicine
Division of Rheumatology
East Tennessee State University
Johnson City, TN

Amie Kawasaki, MD, FACOG

Assistant Professor of Obstetrics
and Gynecology, Obstetrics and
Gynecology, Urogynecology
Duke University School of Medicine
Durham, NC

Stephan Moll, MD

Professor of Medicine
Department of Hematology
UNC School of Medicine
Chapel Hill, NC

Jill Ohar, MD

Professor, Pulmonary, Critical Care
Allergy, and Immunologic Diseases
Wake Forest School of Medicine
Winston Salem, NC

Victoria Soltis-Jarrett, PhD, PMHCNS/NP

Carol Morde Ross Distinguished Professor of
Psychiatric-Mental Health Nursing
The University of North Carolina School of Nursing
Chapel Hill, NC

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AGENDA

MORNING SESSION

- 7:30AM-9:00AM REGISTRATION *EXHIBITOR ROOM OPEN***
- 8:00AM-8:55AM SPONSORED BREAKFAST WITH SPEAKER
(NO CME)**
- 8:55AM-9:00AM INTRODUCTIONS/OPENING REMARKS**
- 9:00AM-9:45AM UPDATES ON ANTICOAGULANTS: HOW TO START AND MANAGE
STEPHAN MOLL, MD**
- 9:45AM-10:00AM Q&A**
- 10:00AM-10:45AM UPDATE ON COPD/CHRONIC LUNG DISEASE
JILL OHAR, MD**
- 10:45AM-11:00AM Q&A**
- 11:00AM-11:45AM WHERE TO START WITH BEHAVIORAL HEALTH: WHAT CAN PCPS DO FOR THEIR
PATIENTS WHILE WAITING FOR REFERRAL
VICTORIA SOLTIS-JARRETT, PHD, PMHCNS/NP**
- 11:45AM-12:00PM Q&A**
- 12:00PM-1:00PM LUNCH IN EXHIBITOR ROOM**

AFTERNOON SESSION

- 1:00PM-1:45PM UPDATE ON DIABETES AND WEIGHT LOSS MEDICATIONS
JOSEPH ALOI, MD, FACE, FACP**
- 1:45PM-2:00PM Q&A**
- 2:00PM-2:45PM UPDATE ON URINARY INCONTINENCE
AMIE KAWASAKI, MD, FACOG**
- 2:45PM-3:00PM Q&A**
- 3:00PM-3:45PM RHEUMATOLOGY FOR THE RURAL PCP
ASHLEY BLASKE, MD**
- 3:45PM-4:00PM Q&A**

At the conclusion of this educational activity, participants should be able to:

- Describe the advances in managing patients who need anticoagulants.
- Discuss current treatment strategies for patients diagnosed with chronic lung diseases including chronic obstructive pulmonary disease.
- Examine patient management strategies in diagnosing and treating patients with urinary incontinence.
- Identify actions the primary care provider can take for a behavioral health diagnosis while waiting for a referral.
- Review updates on treatments for diabetes and weight loss management.



SMOKY MOUNTAIN MEDICAL SOCIETY

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MORE Foundation

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Conference Planning by:

ASHEVILLE MEETING LOGISTICS

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