



SMOKY MOUNTAIN MEDICAL SOCIETY

*Cherokee, Clay, Graham,
Haywood, Jackson, Macon & Swain Counties*

SPRING PRIMARY CARE

CME PROGRAM

APRIL 22, 2023

**KERN AUDITORIUM, LAKE JUNALUSKA CONFERENCE CENTER
LAKE JUNALUSKA, NC**



Jointly Provided by
SMOKY MOUNTAIN MEDICAL SOCIETY and MORE FOUNDATION

MORE Foundation 

**SMOKY MOUNTAIN
MEDICAL SOCIETY
SPRING CME PROGRAM
SATURDAY, APRIL 22, 2023**



ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Arizona Medical Association (ArMA) through the joint providership of MORE Foundation and the Smoky Mountain Medical Society. MORE Foundation is accredited by ArMA to provide continuing medical education for physicians.

CREDIT STATEMENTS

MORE Foundation designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CE CREDIT STATEMENTS

Category 1 CE credits approved.

Educational Grant:

This program is supported by a generous grant from the Haywood Healthcare Foundation to provide tuition assistance for all Haywood providers free of charge.

For Assistance:

Email nancy@ashevillemeeting.com
or call 828-277-9634 for assistance.

COURSE DESCRIPTION AND TARGET AUDIENCE

COURSE DESCRIPTION

The Smoky Mountain Medical Society will present a one-day conference on updates in care for patients with diabetes, obesity, hypertension, depression, and women's mood disorders.

A distinguished faculty from prestigious medical universities, who are nationally recognized physicians and educators, will share their knowledge on these topics.

TARGET AUDIENCE

Primary care physicians, physician assistants, nurse practitioners, and nurses will gain knowledge from attending this activity.

REGISTRATION

Online registration, go to our website at mysmms.org or go to: [Online registration.](#)

[Download registration form.](#)

REGISTRATION FEES

- Haywood County Providers **Free Tuition (provided by a Haywood Healthcare Foundation Grant)**
- Physicians **\$125** DISCOUNTED 50%
- Allied Health **\$75 (includes PAs, NPs, Nurses, others)** DISCOUNTED 50%

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FACULTY

Shambhavi Chandraiah, MD, FRCPC, DLFAPA

Professor & Associate Chair of Clinical Affairs
Residency Program Director
Department of Psychiatry and Behavioral Sciences
Quillen College of Medicine
East Tennessee State University, Johnson City, TN

Leslie Davis, PhD, ANP-BC, FAAN, FAANP, FACC, FAHA, FPCNA

Associate Professor, PhD Division, School of Nursing
Clinical Assistant Professor, Adult Nurse Practitioner School of Medicine
University of North Carolina School of Medicine
Chapel Hill, NC

Mary Kimmel, MD

Assistant Professor and Co-Director, Perinatal Psychiatry Program
University of North Carolina School of Medicine
Chapel Hill, NC

Eugene E Wright, MD

Consulting Associate, Department of Medicine
Consulting Associate, Department of Family Medicine and Community Health
Duke University Medical Center, Durham, NC
Charlotte AHEC, Performance Improvement
Charlotte Area Health Education Center, Charlotte, NC

William S Yancy, Jr, MD, MHS

Professor of Medicine, General Internal Medicine
Medical Weight Management Specialist
Duke University School of Medicine, Durham, NC

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AGENDA

8:00AM-9:00AM

MORNING SESSION

REGISTRATION

EXHIBITOR ROOM OPEN

9:00AM

INTRODUCTIONS

9:00AM-9:45AM

GLP-1 RECEPTION AGONISTS:

METABOLIC EFFECTS AND THEIR ROLE IN MANAGING T2DM

EUGENE E WRIGHT, MD

9:45AM-10:00AM

Q&A

10:00AM-10:45AM

ANXIETY AND DEPRESSION

SHAMBHAVI CHANDRAIAH, MD, FRCPC, DLFAPA

10:45AM-11:00AM

Q&A

11:00AM-11:45AM

**INCORPORATING AMERICAN DIABETES ASSOCIATION STANDARDS OF CARE
IN ONE'S PRACTICE**

EUGENE E WRIGHT, MD

11:45AM-12:00PM

Q&A

12:00PM-1:00PM

LUNCH IN EXHIBITOR ROOM

AFTERNOON SESSION

1:00PM-1:45PM

NON-SURGICAL MANAGEMENT OF OVERWEIGHT/OBESITY

WILLIAM S YANCY JR, MD, MHS

1:45PM-2:00PM

Q&A

2:00PM-2:45PM

TREATMENT OF HYPERTENSION IN OLDER ADULTS

LESLIE L DAVIS, PHD, ANP-BC, FAAN, FAANP, FACC, FAHA, FPCNA

2:45PM-3:00PM

Q&A

3:00PM-3:45PM

**FROM THE WOMEN'S HEALTH INITIATIVE TO PRECISION MENTAL HEALTH
(AND WHY NC MATERNAL MENTAL HEALTH MATTERS MEANS YOU DON'T
HAVE TO KNOW IT ALL)**

MARY KIMMEL, MD

3:45PM-4:00PM

Q&A

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LEARNER OBJECTIVES

At the conclusion of this educational activity, participants should be able to:

- Describe ADA standards in care in the management of diabetes.
- Assess how women's mood disorders impact health management strategies.
- Examine the pervasiveness of obesity as a chronic disease and the impact of health.
- Identify efficacy, side effects, risks and benefits of diabetes medical interventions.
- Explore updates in treatments for anxiety and depression.
- Identify the effectiveness of interventions in the treatment of hypertension.



SMOKY MOUNTAIN MEDICAL SOCIETY

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MORE Foundation

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Conference Planning by:

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