

## CLASSROOM TO CLINIC OPTIMIZING TREATMENT FOR PATIENTS WITH TYPE 2 DIABETES

I'd like to share with you an accredited teaching package '**Optimizing treatment for patients with type 2 diabetes**' that I recently chaired in collaboration with Sarah Cote (Private Nurse Practitioner and Chair of the Maine Chapter of ADCES Board).

It's a Classroom to Clinic™ program consisting of 10 interactive workshops that explore how weight loss, cardiovascular and renal risk, and even the barriers a patient faces to accessing care, can also inform our treatment and lifestyle modification recommendations.

Each workshop comes complete with instructions, session resources, and requires around 15 minutes to complete. The full module awards learners up to 2.5 AMA PRA Category 1 Credits™.

The module can be broken down into a series of shorter sessions focusing on a couple of the learning objectives at a time:

1. Describe the role of weight loss as an integral part of T2D management
2. Describe the importance of timely achievement of glycemic targets
3. Recall clinical trial data regarding novel and developmental treatment approaches in diabetes management, including GLP-1/GIP receptor agonists
4. Strategize mitigation of disparities due to inequalities in diabetes care
5. Select appropriate pharmacotherapy to intensify treatment where appropriate, based on patient presentation

If you feel your colleagues would benefit from this module and you would like to facilitate a session, the team at Liberum Independent Medical Education are available to provide more information, talk you through the platform and to help you set it up; [click here to book at tutorial over zoom](#).

[Click here to explore the module content](#)

[Click here to watch a 2-minute video explaining more about Classroom to Clinic™](#)

Thank you for your support in sharing this education!

**Optimizing treatment for patients with type 2 diabetes**

**Diabetes Knowledge into Practice**

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Credits™

**CLASSROOM TO CLINIC**  
Personalized group learning

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