

## Vegan, Gluten Free Crackers

### Ingredients

2 cups of almond flour  
1/8 cup of chia  
1/4 cup of olive oil  
1 cup of water  
1 generous teaspoon of salt

### How to

Preheat oven to 450.

- ✱ Mix the dry Ingredients first
- ✱ Add the water, and oil and mix well. It will be a soft dough
- ✱ With a rolling pin create a 1/8 inch thick sheet of dough.
- ✱ Cut squares (or whatever shape you like)
- ✱ Bake about 7 min each side



Enjoy,

Nava Chernoff

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