

@THELEADERSHIPCONSULTANT

Mental Health Support

IDEAS FOR EMPLOYERS

1. COMPREHENSIVE MENTAL HEALTH BENEFITS

2. GENERATIVE AI FOR PERSONALIZED SUPPORT

3. MEASUREMENT-BASED CARE

4. FLEXIBLE SCHEDULING AND REMOTE WORK

5. DIVERSITY AND INCLUSION INITIATIVES

6. FAMILY-CENTRIC MENTAL HEALTH SUPPORT

7. LEADERSHIP TRAINING

8. GLOBAL MENTAL HEALTH STRATEGIES

9. HOLISTIC WELLNESS CAMPAIGNS

10. TECHNOLOGY-ENABLED ACCESSIBILITY

11. MENTAL HEALTH DAYS
