

# Flies & Lies

NEWSLETTER OF THE FLYFISHERS  
OF NORTHWEST FLORIDA  
APRIL 2006

THE FLYFISHERS OF  
NORTHWEST FLORIDA  
PO BOX 1041  
PENSACOLA, FL 32591

## PRESIDENT

Jay Williams Jr.  
(850) 456-1392, 572-2624  
jwmsmdjd@aol.com

## VICE-PRESIDENT

Russ Shields  
(850) 983-9515, 712-5112  
rkshields@bellsouth.net

## SECRETARY

Gerry Giles  
(850) 626-6617, themilton-  
nole@netscape.com

## TREASURER

Larry Sisney  
(850) 474-1433  
lsisney@cox.net

## NEWSLETTER

Jerry Aldridge  
(850) 478-9255  
jamayfly@yahoo.com

## MONTHLY MEETINGS

Meetings at Miraflores Park  
17th Avenue between  
Belmont and LaRua

## BUSINESS MEETING

1ST TUESDAY, 7 PM

## BULL SESSION

2ND THURSDAY, 6:30  
PM

## CASTING & TYING CLINIC

3RD SATURDAY, 9 AM

## BOARD MEETING

1ST TUESDAY, 6:15PM

Minutes, March meeting....Jerry Giles 2

New in the Library....Tom Regina 2

President's Message....Jay Williams 3

Tying Travis Akin's Salt  
Water Popper, Tom Regina 3



Streamer Ties - Black  
Nose Dace....Tom Regina 4



DVD and Book Reviews....Klaus Gohr-  
bandt & Tom Regina 6

Winter Fishing with Milt, Karen & John  
Milt Mays 7

Fly Fishing and Tying Books for Sale  
Klaus Gohrbandt 7

Calendar 8

Pay your 2006 membership fees now to stay in  
the Club Directory and to keep receiving Flies &  
Lies! Directory will be ready in April. Contact  
Jerry Aldridge to make any last minute changes

## General Business Meeting, Fly Fishers Of Northwest Florida, March 7th, 2006, President Jay Williams, Jr. presiding

President Williams called the meeting to order at 7 P.M.

The first order of business as the presentation of a Past President's shirt with club monograms, to Jerry Aldridge. He was lauded for his service as interim President of the club.

A motion was made and seconded to approve the minutes of the February meeting, and was unanimously approved.

Larry Sisney presented the budget for 2006. The only item subject to question was the subject of continued membership in the Federation of Fly Fishers. The federation has increased dues and fees substantially. Karen Brand will report on the specifics of those increases at the April meeting. The membership will then decide if we should continue our connection to that agency. Karen suggested that members check out activities of the FFF at their web site, [www.fedflyfishers.org](http://www.fedflyfishers.org). The budget was presented to the membership which voted its approval.

President Williams indicated he would appoint a committee to draft a membership questionnaire. The purpose of the questions would be to discern general opinions on the club's direction, activities, and missions.

The membership was informed that the board had rejected a proposed change in the monthly Saturday casting clinic's procedure and practices. Jerry Giles made a suggestion that the club hold a future Saturday clinic at the Stonebrook Village ponds in Pace. The suggestion was met with enthusiasm and will be planned for sometime in the coming summer.

Jerry Aldridge moved that Andy Housand be voted an honorary lifetime member for his many contributions to the fellowship and progress of our club. Karen Brand included a suggestion that a plaque be prepared to commemorate that presentation. The motion was unanimously approved.

Tom Regina presented his thoughts on support of donating flies to a program called "Casting For Recovery", which is a cancer patient support organization. The idea was well received by the members.

Travis Akins gave a report on plans for the "Temple Fork Day", Saturday, March 18<sup>th</sup>. He asked for volunteers to help with various phases of that operation. Many members offered their services. Subsequent to a motion for same, President Williams concluded the general meeting.

Our special guest, Karen Herrington, from the U.S. Fish & Wildlife Service, gave a sterling report on the Striped Bass fishery in our state. She went into detail about the stocking, habitat, and general information on Striper fishing. The presentation was accompanied with visual media and was very informative. Members can find more information at [www.fishnsba.com](http://www.fishnsba.com), [www.stripersurf.com](http://www.stripersurf.com), and [www.stripers247.com](http://www.stripers247.com).

### *Annual Club Auction*

**Circle the Date! Tuesday, May 2<sup>nd</sup>, is the day starting at 7 PM sharp. Here is a chance for you to support our club by looking around the house and garage for your spare sporting gear that has value. Collect all your stuff in a box to be auctioned and bring it to the club as early as 4 PM that day.**

**Here is a chance for anyone to be able to buy some good fishing equipment, books, fly tying materials, fantastic fresh and salt water flies beautifully tied by our top fly tiers in the club.**

**Contact Art de Tonnancourt, Auction Chairman, should you need any additional information ( [artdetonnancourt1@cox.net](mailto:artdetonnancourt1@cox.net) or call him at 492-3833).**

## President's Message ....Jay Williams

Those of you who missed last Saturday's casting clinic missed an opportunity to see and participate in one of the most successful activities your club has engaged in. Thanks to the single handed efforts of Travis Akins, we had the Florida representative of Temple Fork Rod Company and their local vendor, Gulf Breeze Bait and Tackle bring several of their fly rod lines and reels for use and demonstration by those attending. A total of fifty was counted, some of those being members.

Guy Tillotson, the TFC rep held a skull session for the group, describing his company's various rod lines and discussing their applications, and other bits of fly fishing lore. The whole group listened intently. At the conclusion of this activity, a drawing for a TFC 8 weight rod was held, with only non-members being eligible to win. A guest named Jim Donovan was the lucky winner.

John Brand instructed many of our guests in casting techniques and Karen Brand led a fly tying session, and demonstrated tying the Woolly Bugger. Russ Shields and Jerry Giles cooked "gourmet" hot dogs which were enjoyed by all.

We picked up five new members and at least one, perhaps more, renewals.

I also want to recognize Pat Poloski for his contributions as publicity chairman. He has made some good contacts with the radio, print and video media, several of whom were in attendance, doing their jobs.

There were others who contributed both behind the scenes, and in taking the guests in tow, enriching their appreciation of the club's unique "personality".

I'm sure we will be trying this type of community service again. Next time, be sure and come out to enjoy the fun.

If you have read to this point, you'll be pleased to learn that Gulf breeze bait and Tackle offers our members a 15% discount, including TFC rods and reels purchases. Tight Lines.... Jay

### *Tying Travis Akin's Salt Water Popper.... Tom Regina*



At our regular Thursday evening fly tying and bull session, Thursday 13 April 2006 at 6:30 PM, professional fly tier and club member Travis Akins will teach us how to tie Travis' Saltwater Popper. If you haven't seen this popper you are in for a treat. This is one appealing popper... and it catches fish. Lots of fish. Lots of big fish.

We had a good turnout at the March tying and bull session when Travis taught us how to tie his Pompano Rocket. Travis is a meticulous fly tier who not only teaches us how to tie a particular fly but gives us many tips and pointers on how to tie high quality, durable, attractive flies, and how to tie them quickly.

Travis will demonstrate how he shapes and forms his popper bodies from high density foam blocks. We will learn how to tie hair, feathers, and synthetics to hook, how to join hook and body, and how to finish poppers.

Travis will provide all materials. Bring your vise and tools or use your club's tools and vise. Learn firsthand how to make this pattern. Tying instruction starts at 6:30 PM. Bring a guest or more. We will make them welcome.



## Streamer Ties with Tom Regina... Black Nose Dace

This month's featured streamer fly is the Black Nose Dace, an effective imitation of that minnow. The black nose dace is a small bait fish that grows to about 2 inches in length. The black nose dace is distinguished from other minnows by the black lateral line which extends from the mouth through the eye to the tail. The body is rounded and plump in the front and compressed behind. The back is olive-green to dark brown while the lower sides and belly are silvery-white.

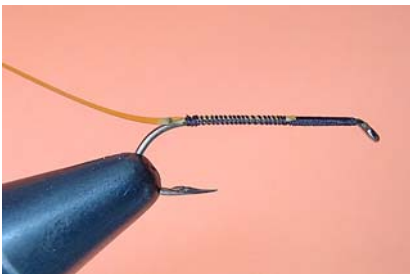
This minnow is found on both sides of the Appalachian Mountains in Virginia, North Carolina, Georgia, and Alabama, north into Canada and Nova Scotia, and as far west as the Dakotas. The black nose dace inhabits small, rapid streams and rivers with rocky or gravelly bottoms but is seldom found in lakes and ponds. Common names for this minnow are blacknose dace, black-nose dace, eastern blacknose dace, dace, striped dace, redfin dace, brook minnow, pottlebelly, and potbelly.

If the waters you fish are inhabited by black nose dace then the Black Nose Dace streamer fly is one you don't want to be without. Even if your stream or river waters have no dace population, carry a few of these streamers. Its an excellent searching pattern which I have used to catch and release many trout in the rivers of western North Carolina.

<b>Hook</b>	Streamer 3X to 6X long, size 6,8,10, or 12. We will use a Mustad 9672 (3XL) size 6
<b>Thread</b>	6/0 black
<b>Tail</b>	Red wool yarn
<b>Body</b>	Flat silver Mylar tinsel
<b>Underwing</b>	White bucktail
<b>Midwing</b>	Black bucktail
<b>Overwing</b>	Brown bucktail
<b>Head</b>	Epoxy (optional)
<b>Eyes</b>	Paint or stick on (optional)



### Tying Instructions (Do not over dress)



1. Debarb and mount the hook in the vise. Using a jam knot start the thread about two hooks eye distance back from the hook eye. In tight touching turns lay down a smooth neat thread base for a distance 1/4" back from the hook eye. At this point tie in about a 5" piece of flat silver Mylar tinsel gold side up on top of the hook shank with the running part of the tinsel extending back over the back of the hook bend. (*Note: Flat Mylar tinsel comes in several sizes or widths. Most flat Mylar tinsel is gold on one side, silver on the other. To use the silver side tie the tinsel onto the hook gold side up. When the tinsel is wound around the hook shank the silver side will be out. Visa versa for gold side out*). Continue wrapping the thread around the hook and over the tinsel to the hook bend.

2. For the tail cut about a 2" piece of red yarn from the skeen. Tie the yarn on at the bend. The tail should extend back over the hook bend a distance equal to about one hook gap.

3. Pull the tag end of the yarn forward over the top of the hook shank and advance the thread forward in close spiral wraps to tie the yarn on top of the hook. Stop the thread wraps short of the thread tie-on point. Cut away the yarn tag end at a shallow angle and cover the angle cut with a few thread wraps.

## Streamer Ties with Tom Regina... Black Nose Dace (continued)



4. Wrap the tinsel forward in slightly overlapping turns to the point where the back of the yarn shallow angle cut started. Tie off the tinsel and cut away the tag end.



5. Cut a small amount of white hair from the white bucktail for the underwing. Remove any fuzz or underbody hair from the butts and tips. Stack the hair to even the tips. (*Clue - It's fine if the hair tips are not perfectly aligned. Staggered hair ends feather out naturally and appear tapered in the water*). Measure the hair so when tied in by the butts, the tips will extend just past the end of the tail. Tie the hair in at the front of the body as shown in the picture. Use only 5 to 8 thread wraps to secure the hair. Do not allow the hair to migrate around the hook shank/body.



6. The black bucktail hair for the midwing should be less bulk than the white and brown hair. The black midwing, remember, represents the lateral line of this minnow imitation. The bulk of the midwing should be less than half the white and brown hair. Follow the procedures in step 5 and tie the black hair on top of the white.



7. The overwing of brown bucktail hair should be about the same bulk as the white underwing. Follow the procedures in step 5 and tie the brown hair on top of the black.

8. With the tying thread, build a relatively large neatly tapered head. Whip finish or half hitch the head. Cut away the thread and apply head cement. To make the streamer more pleasingly aesthetic for the

angler the head can be epoxied and eyes applied. But the fish don't care... right Tom?

Like other streamers, the Black Nose Dace fly should not be forsaken when the water is high, cold, or murky. Use the Black Nose Dace and other streamers when salmonid are in shallow water but not aggressively devouring aquatic or terrestrial bugs. Fish streamers shallow with floating or sinking-tip lines with longer leaders, or deep with sinking lines and short leaders. Fish streamers across tailouts of pools, in low light, and to tempt brawny trout out of the deep. Position yourself upstream and at the edge of tailouts. Cast across the tailout. Let the streamer swing down to where the water shelves up. Twitch retrieve the streamer through the tailout shallows. Discipline yourself not to set the hook when you see the V-wake of Mr. Big Trout following your presentation... wait until you feel the fish... strike... hold on, then tell me how you disciplined yourself.

Hi All, The Free Saturday Fly Fishing Clinic was a tremendous success! We picked up 5 new members and I received checks from several previous members who are rejoining for 2006. The Membership report to date shows 50 paid regular members, 6 associate members and 3 life members. As Membership Chair I wanted to thank all of you that were involved in putting on the Clinic! A special thanks goes to Travis who coordinated the event, Pat who helped with publicity and Russ and Jerry Giles who did the cooking! Thanks for all your hard work! **Karen Brand, Membership Chair**

*Saltwater Flycasting - 10 Steps to Distance and Power by George V. Roberts Jr. . . . . Reviewed by Klaus Gohrbandt*

A GREAT INSTRUCTIONAL FLY CASTING DVD!

The club members who attended February's general meeting will remember my praise of a instructional fly casting video. The video is now available only on DVD. Here are the details: Saltwater Flycasting - 10 Steps to Distance and Power by George V. Roberts Jr., produced by White Mouse Productions, 319 Centre Avenue, Suite 280, Rockland , MA 02370 (toll-free 877-299-0394 and [www.whitemouseflyfishing.com](http://www.whitemouseflyfishing.com)). Roberts' DVD is accompanied by a 46-page instruction booklet.\$ 30.

Roberts' program is broken down into: General review of the principles of proper casting, the back cast, the forward cast, shooting line, rod drift, distance casting, hauling, parts one and two, hauling for distance and power, casting in the win, weighted lines and weighted flies, Reading and viewing for the student of fly-casting.

Roberts teaches that the key to proper casting is a precise back cast. I paraphrase him: "there is no good forward cast without a good back cast" and "when you can make a good back cast you are 2/3 there".

It stands out that Roberts follows in the steps of the great American casting instructors Joan Amato-Wulff and Mel Krieger, and not in the steps of Lefty Kreh. He instructs to cast with the upper arm close to the body and moving the arm backward in two 90 degree angles only when making long casts. This way is less tiring and achieves the same 100-foot-long casts for which Lefty promotes his style.

I have tremendously improved my casting style, and distance by using Roberts' instructions - and the help of John Brand! - by investing in a few weeks of daily practice. I encourage those of you who are of the same mediocre casting caliber as I was a few months ago to make use of this DVD. Remember, long casts bring you closer to and into more fish in saltwater!

*New in the Library - Streamer Flies for Trophy Trout by Kell Galloup  
Reviewed by Tom Regina*

Club librarian Bill Parrish has added another DVD to our library, "Streamer Flies For Trophy Trout" by Kelly Galloup. Galloup shows how to dress his Woolly Sculpin, Stacked Blonde, Twin Tail Madonna, Zoo Cougar, and Galloup's Craw streamers. The techniques Galloup has pioneered to fish for large trout have led to the development of these innovative streamer patterns.

The chapters of this 120 minute instructional DVD are *Zoo Cougar, Stacked Blond, Twin Tail Madonna, Woolly Sculpin, and Galloup's Craw*. The Zoo Cougar is the most famous of Galloup's original flies. Galloup designed the Zoo Cougar to be neutrally buoyant. The fly has a unique side-to-side action when stalled on the retrieve and is Galloup's "go to" fly. The Stacked Blonde is a hybrid of the Joe Brooks pattern called the Blonde. This fly's most distinguishing characteristic is its large profile. Galloup dresses this fly on a keel hook to represent a small bream or minnow. Galloup also shows us how to tie Ray Schmidt's Twin Tail Madonna. This deer hair head, tinsel body, twin tail rabbit streamer comes alive in the water as it undulates and is irresistible to big trout. Both an attractor and baitfish imitation, the Woolly Sculpin is tied in a variety of colors and produces trophy trout. Galloup's Craw is dressed in reverse order. This crayfish imitation is easily tied once mastered and Galloup's instruction quickly helps you master it. Each element of this tie adds to the animation of the pattern, and the long pincers trigger strikes from big trout.

Along with the details on how to tie these streamer flies Galloup will expand your knowledge of selecting, cleaning, stacking, spinning, and tying in hair plus other subtleties of the art of tying streamers. None of the five streamers presented in this DVD are difficult to tie so don't let *fear of spinning* keep you from enjoying it.

## *Winter Fishing with Milt, Karen and John...Milt Mays*

Of course the day the Brands came we got a winter storm advisory after being in the 50's and 60's for a week before. In the snowy picture it was their first chance at fishing, so being the good guide I tried to oblige them. We first took a little tour of Estes Park and the YMCA of the Rockies hoping for the temperature to warm some. Well it went from a cool 19 to a balmy 24, and the snow let up, so we fished. Of course as soon as we got into our gear the snow started again and the temp dropped. After stringing her rod and putting on a nymph, Karen had to get back in the truck to put her frozen fingers back on and warm them up. I got pictures to prove that the married couple are the ones out in it, not me! I have to admit I was fishing just around the bend just before I snapped the picture. I just about caught one that day, on a #22 midge emerger, but he threw the hook after a couple of head shakes. I decided it was time to quit when all five of the line guides were iced and putting them in water didn't help much. John and Karen only caught a few snow flakes and almost got frost bite. Some people will do anything to catch a fish ( present company included). Luckily we got to warm up with a few Fat Tires and a nice supper my wife Lynn made that night.

The next day we went out with Kevin and Marty to the "Rio Grande" for a Mexican food supper in Boulder. We all opted to stay inside that day, having similar snowy weather and colder than the day before. Those Margueritas really hit the spot! NO pictures were taken at this event, as we knew frivolous imbibery was frowned on by the FFNWF club.

After a couple of days of rest, and more snowy cold weather, we went out on a really nice day (Everything is relative!). After touring Rocky Mountain National Park, letting the temp warm up a little, we actually went out and caught a few. John tobogganed on his back down to his fishing hole. Then using his 00 Sage he managed to lose one that took him into his backing. He caught another 2-3 over 14 inches, and missed several others. I had some good luck as well with a couple over 14 inches. Karen was not as lucky, but she at least got to enjoy the sun, and a beautiful day in the Rockies. That evening we were treated to a delightful meal from my son Jameson, and he then serenaded us on the digereedoo. I think fun was had by all, and we are looking forward to better fishing and definitely better weather when they come back in the fall.

By the way, I can say that my golden stone fly nymph pattern has caught a lot of fish over the last few weeks, for me and for several friends. I have a few modifications that have changed and simplified the pattern a lot. John and Karen should have at least one left to show you. Once I get it down pat, I'll send the modified recipe and a couple of samples.

As I type this out, the snow is once more accumulating, this time probably a foot or more expected. I can't even see the foothills behind us it's coming down so hard. But since the temperature was 36 and no wind I did go out with my fishing crazed son-in-law. You note I said HE was the one fish-crazed! Anyway, yesterday I managed to catch a few on the Big Thompson, and today on the Poudre. There were three rainbow and one brown that got away on the Poudre today that must have been at 18-20 inches, all three on the stone fly Golden Oldie. And I was sight fish nymphing! The water was gin clear. So next time we gotta hit the Poudre!

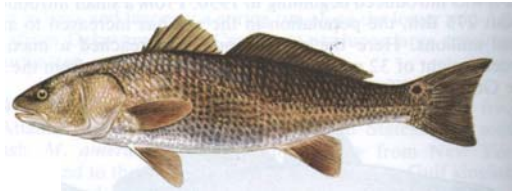
First day of spring tomorrow. I really do like to fish in the snow, but I can't wait for some good dry fly fishing in a few weeks....Milt

## *Fly Fishing & Tying Books for Sale....Klaus Gohrbandt*

I had to reduce my my flyfishing literature book-shelf space when we rebuilt and remodeled our home following its destruction by hurricane Ivan. Therefore, I had two boxes of literature stored in the attic. When I recently saw the boxes again I thought, that another flyfisher might possibly be interested in some of the books.

I offer the books to club members for purchase. They are all in very good condition and deal with fly tying (21), fly fishing techniques (10) and fly fishing destinations (8); collected when I learned to fly fish and fished in and around northern California. I leave it up to the purchaser to pay me what he/she thinks is a fair price; somewhere in a window from \$1.-- to \$10.--. As a guide, I have listed on an inventory the original prices as far as I found them printed on the book.

I will carry the books, and copies of my inventory, with me at the next few monthly general meetings, and at the bull sessions and casting clinics when I attend them....Klaus Gohrbandt



# APRIL 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Business Meeting 7 PM	5	6	7	8
9	10	11	12	13 Bull Session-Tying & Tall Tales 6:30 PM	14	15 Clinic - Casting, tying gourmet lunch 9 AM
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

