

Flies & Lies

NEWSLETTER OF THE FLYFISHERS
OF NORTHWEST FLORIDA
August 2006

THE FLYFISHERS OF
NORTHWEST FLORIDA
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MONTHLY MEETINGS

Meetings at Miraflores Park
17th Avenue between
Belmont and LaRua

BUSINESS MEETING
1ST TUESDAY, 7 PM

BULL SESSION
2ND THURSDAY, 6:30
PM

CASTING & TYING
CLINIC
3RD SATURDAY, 9 AM

BOARD MEETING
1ST TUESDAY, 6:15PM

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Gourmet Lunch...Beef and Chicken Shish Kabob July
19th Saturday Clinic, Chefs Russ & Jerry G

August Fly Tying....At the August 10 bull session starting at 6:30 PM Don "Big Wolf" LuPone will lead us in tying his version of the Tiger Stone Nymph. The Tiger Stone Nymph is tied with a successive simple overhand weave (overhand knots). On Saturday August 19 at 9:00 AM Tom Regina will school us in tying a articulated leech pattern.

Your club will provide all the materials for both flies. If you have a vise and tools please bring them. If not the club will furnish them. And do bring a guest or two. We have a vise and tools for them also.

At the Saturday tying and casting clinic, Russ Shields and Jerry Giles will fix you a mighty fine lunch and provide adult and little peoples beverages - and for free - and you need not tip Russ or Jerry. Well you can tip Jerry - but not Russ.

General Business Meeting, Fly Fishers Of Northwest Florida, July 11, 2006, President Jay Williams, Jr. presiding

President **Jay Williams** called the meeting to order at 7:00 P.M. There was no board meeting prior to the general business meeting. There were no proposals or issues in need of attention at this time. Pursuant to proper motion, the minutes of the June meeting were approved.

Larry Sisney presented copies of the treasurer's report, and the membership voted approval. Committee reports were taken and several warrant mention: **Karen Brand** reported that the Fly Fisher's Federation National Conclave is considering holding the June 2007 session at Calaway Gardens. That decision could bring notables of fly-fishing from all areas of the country to the Southeast.

A request for a volunteer for the club trip chairmanship was repeated, as that position has not yet been filled. **Vick Vickery**, our club representative to the Boy Scout camp fly-fishing program, said that he and **Klaus Gohrbandt** helped the scouts qualify for their fly-fishing badges. The club's role spans 16 (sixteen) years. The total number of scouts qualified with assistance from our club passed the 1,000 mark! Vick again expressed gratitude to **Tom Regina** for the excellent fly tying kits he prepared for the Scout's use. The process of passing our skills on to the next generation is greatly assisted by these volunteers.

Tom Birdwell reports that the club web site will be on the net in September. It was suggested by several members that we keep any personal information of members protected from general public access.

New member **Tom Howell** was welcomed to the club. He recently fished some of the best streams and lakes of the West and gave an excellent account of those adventures.

Klaus Gohrbandt presented a DVD and book by George V. Roberts Jr., entitled "Master The Cast", to the club library.

Fishing reports ranged from a "Sheep Wagon" adventure in British Columbia, to Tarpon pursuit in Key West, and local salt and freshwater action.

No further business was brought forth and the meeting was adjourned. Respectfully submitted:
Jerry Giles, Club Secretary

President's MessageJay Williams

I don't know about you, but I'm having the midsummer doldrums. It's too hot to have a pleasant walk in the mornings, too hot to enjoy fiddling around with stuff that has to be fixed in a hot garage workshop, and too hot to go fishing. Thank God it's not too hot to recollect some great trips, and look forward to the fall when cool mountain streams will be calling.

I can't blame the "too hots" on age, I guess, 'cause there are guys who are nearly my own, or older, who don't admit to that syndrome. I guess I'll have to blame it on my own personal sorryness. Mind you, I don't apologize for it.

I did let you down last month when I just couldn't come up with a July Report. I do apologize for that. This present effort isn't much of a report. I understand that. The only saving grace is that maybe there's someone out there who won't be ambivalent about it. That is, either glad I put *something* on paper, or peeved because I took up space without having much to say.

This brings to mind the video "essays" of Andy Rooney on CBS, Sunday nights, in that he says a lot, although sometimes in my opinion, he doesn't have that much to say. Yet, he gets paid damn well for it. Hell, I can't even claim to be a curmudgeon like Andy is, because our newsletter editor claimed that title a long time ago.

Look at it this way, at least this is not on video. Have a rotten day, and don't let the *tight lines* get around your neck....Jay

Hinged Leach (adapted from a Pattern by Skip Morris).... Tom Regina

Most anglers regard leeches with disdain and choose to have little or nothing to do with them. Trout and other freshwater game fish however don't have such an aversion and will eat them when they can. As fly anglers we can be one up on the bait slingers. We can lash a leech to our string and never have to handle the actual nasty blood sucking oafs. Leeches inhabit rivers and streams with slow to moderate current where the bottoms contain rubble and silt. Leeches also dwell in many still water lakes. Leeches are parasitic aquatic worms that attach to a host and suck blood. Leeches are normally 1 to 6 inches long with 2 to 4 inches being about average. The most common leech colors are brown, brownish olive, purplish black, and black.

Materials

Hook	Mustad 9672, 3XL, size 6
Thread	Gudebrod GX2 and Gudebrod 8/0 black BCS 118
Tail	Purple zonker rabbit fur strip
Body (back)	Purple crosscut rabbit fur strip
Head	Medium black tungsten cone, 8/0 thread, head cement, or (optional) quick set epoxy
Connector	20 lb. clear monofilament
Body (front)	Purple crosscut rabbit fur strip



Typing Instructions This pattern is tied in two parts, a back section and a front section, which are joined with a monofilament loop.



1. Debarb and mount the back section hook in the vise. Using GX2 thread lay down a neat thread base from about two hook eyes distance in back of the hook eye to a point on the hook bend directly over the hook barb. Cut away the thread tag end.
Note: GX2 thread does not cut well with normal scissor cut action. Instead use a jabbing slicing motion of one scissors blade to slice the thread. Select a 2 inch long piece of zonker (not crosscut) rabbit strip for the tail and trim a point at the hide end to which the fur cants. Tie the zonker strip fur side down to the top of the hook at a point directly over the hook barb. The pointed end of the hide should extend beyond

the back of the hook a distance equal to one hook gape. The fur will extend a greater distance. Bind the forward or tag end of the zonker to the top of the hook with spiral thread wraps to a distance about 1/4 inch in back of the hook eye. Cut away the excess zonker tag and return the thread to the tail tie on point.



2. Select a 5 inch long piece of crosscut (not zonker) rabbit strip for the back section of the fly. With the crosscut strip held vertically in front of you, fur canted to your right, trim or pull away fur from the top tip of the strip to expose 1/4 inch of fur side hide. At the tip of the hide cut a shallow point. Tie the crosscut strip by the point fur side out to the far side of the hook at the tail tie on point. Bind down the tag end and bring the thread forward to 1/4 inch in back of the hook eye.



3. In tight touching but not overlapping wraps palmer the crosscut strip forward. With each palmer wrap stroke the fur to the rear so as not to trap any fur under successive wraps. Palmer the strip forward to a point two hook eye distance in back of the hook eye. Tie off the strip with two or three half hitch or whip finish knots. Cut away the GX2 thread and closely cut away the rabbit strip tag end. Immediately in back of the hook eye attach the 8/0 black thread and build a neat tapered thread head. Half hitch or whip finish the thread head. Cut away the thread and cement the head. Set the back section aside (or go fish it) while you work on the front section.

You can stop at this point and have yourself a mighty fine leech pattern or you can carry on and build an articulated (hinged) leech.... or you can do some of both.



4. Cut away part of the hook bend of the front section hook leaving some of the bend to mount the hook in the vise. Diagonal wire cutters serve well. Smooth the cut end of the hook with a grinding wheel, sand paper, a file, or a grinding stone fitted to a Dremel tool. Smoothing will prevent wear on the monofilament hinge.

Hinged Leech (continued).... Tom Regina



5. Slide a cone head onto the cut hook and fix the hook in the vise by the remaining bend. Start the GX2 thread at the back of the cone and lay down a neat thread base back to the hook bend. Cut away the thread tag end. Cut about a 6 inch long piece of clear monofilament from the spool. (Red monofilament is used in the pictures for illustration purposes). At the hook bend tie on the monofilament to the far side of the hook with about 3 inches of the monofilament extending in back of the hook and a 2 inch tag extending over the cone/hook eye. Bind the monofilament to the far side of the hook with tight closely spaced thread wraps to the back of the cone..



6. Fold the monofilament front tag back over itself and bind it down back to the hook bend. Cut away any excess tag. Feed the monofilament, extending in back of the hook, from the underside and through the hook eye of the finished back section of the fly. Manipulate the monofilament so it forms a small upright loop on top of the hook at the bend of the front hook. Bind the monofilament to the top of the hook with tight closely spaced thread wraps to the back of the cone. Fold the monofilament back over itself and bind it down back to the monofilament loop. Cut away the tag end.



7. Select another 5 inch long piece of crosscut rabbit strip for the front section of the fly. Follow the instructions given in steps 2 and 3 for tying on and palmering the crosscut strip. Tie the crosscut strip on just in front of the monofilament loop and wrap the thread forward to the back of the cone. Palmer the strip forward to the back of the cone. Tie off the strip and cut away the strip tag end. Half hitch or whip finish the GX2 thread and cut it away. Cement the GX2 thread using caution not to get cement on the rabbit fur.



8. Attach the 8/0 black thread to the hook in front of the cone and build a neat tapered thread head that pushes the back end of the cone back over the crosscut strip tie off point. Half hitch or whip finish the thread head and apply head cement or quick set epoxy.

For tips on fishing the Hinged Leech see the "Brown Marabou Leech" streamer ties article in the June 2006 Flies & Lies.

FFNW Teach Scouts for the 16th Year....Vick Vickery



2006 marks the 16th year that the Flyfishers of Northwest Florida have provided instructors and equipment to teach scouts the Fishing and Flyfishing Merit Badges at Camp Euchee near Defuniak Springs. Over 1,000 scouts have participated in our fishing, tying and casting classes. Interest in learning to fly fish has been growing over the last several years and enrollment in our classes has increased greatly.



Several club members who have helped with this project over the years are no longer available. This year, Klaus Gohrbandt volunteered for the entire two weeks camp was in session. Klaus communicated well with the scouts and many of them made great progress in learning to cast and tie flies. I hope other club members will consider volunteering for the camp sessions next year. This is our longest ongoing club project and it continues to attract young people to the sport we all enjoy.

Tiger Stone Nymph (original recipe by Al Campbell)...Don "Big Wolf" Lupone

This fly covers a diversity of medium sized stonefly nymphs found in our eastern trout waters. Stonefly nymphs largely inhabit well-oxygenated waters, typically riffles and around rocks that break up river or stream flow.

This dressing uses a simple overhand weave (overhand knot) which is sometimes referred to as a "Granny Weave" to build the body. The orange and black Micro Ultra Chenille contrasts well and provides the appearance of segmentation. At first glance the Tiger Stone Nymph may seem difficult. Be assured, it is not.

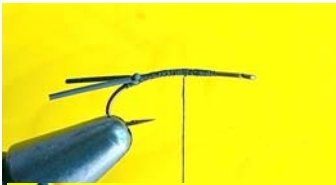
The Tiger Stone Nymph can be fished with or without a strike indicator. It should however be fished deep and produces best when bounced along the stream bottom with a dead drift.

Materials

Hook	Mustad C53S, size 10
Thread	Gudebrod 6/0 black BCS 118
Tail	Black round medium rubber leg material
Abdomen	Woven strands of black and orange Micro Ultra Chenille
Antenna	Black round medium rubber leg material
Wing case	Black Swiss straw
Legs	Black hackle
Thorax	Black Ultra Chenille



Tying Instructions



1. Debarb the hook and place in the vise. Using a jam knot tie the thread onto the hook 1/4 hook length distance back from the hook eye. In touching turns wrap a neat thread base back over the hook shank to a point on the hook bend just above the hook barb. Wrap the thread forward about 1/8 inch and tie in a split tail of round rubber leg material. Manipulate the tail to form a narrow "V". Trim the tail so it extends back over the hook 1 hook gape length. Wrap the thread forward to mid shank but not beyond.



2. Cut 5 inch pieces of orange and black chenille from the skeins. At mid shank tie on the orange chenille to the far side of the hook. Bind the orange chenille to the side of the hook back to the start of the tail on the bend. Wrap the thread back to mid shank and tie on the black chenille to the near side of the hook and bind it down as with the orange. Return the thread to mid shank. Whip finish the thread and cut it away.



3. Rotate your vise so the hook eye is facing you. Tie a simple overhand or granny knot with the orange chenille going over the black. *Note: In this weave the orange chenille always goes over the black.*



4. Slip the black chenille loop over the hook eye. *Note: In this weave the black chenille Always goes over the hook and the orange under.*



5. Manipulate the knot to the back of the hook just over the beginning of the tail and clinch the knot tight by pulling outward, or perpendicular to the hook, on both pieces of chenille.

6. Make subsequent overhand knots remembering orange over black - black over hook - orange under hook. Continue the weave to the hook shank mid point. Re-attach the thread at the very front of the last weave knot. Tie off the chenille, cut away the tag ends and bind them down.



Tiger Stone Nymph (continued) . . . Don "Big Wolf" Lupone



7. At the front and up against the weave, tie in the antenna in the same manner as the tail. The antenna should extend beyond the hook eye about a length equal to the hook shank. Also directly in front of the weave, tie in a length of swiss straw, a black hackle by its tip, and a piece of black chenille for the thorax. Wrap the chenille forward to form the thorax stopping three hook eyes distance in back of the hook eye. Tie off the chenille and cut away the tag end. Wrap the hackle forward over the thorax in three or four turns to the three hook eye distance. Tie off the hackle and cut away the butt or tag end.



8. Use your bodkin as shown in the photo to fold the swiss straw and form the first wing case segment over the thorax.



9. Remove the bodkin and tie down the first wing segment two hook eyes distance back from the hook eye. Smash the straw down to flatten the wing but **DO NOT CUT AWAY THE STRAW TAG END YET.**



10. Repeat steps 8 and 9 to form a second and shorter wing case segment. Tie off the second segment one hook eye distance back from the hook eye. Cut away the straw tag end and form a neat tapered thread head. Whip finish and cement the thread head. Trim the hackle flat on the bottom of the fly. The legs (hackle) should extend out perpendicular to the thorax and not under the fly. A micro tip scissor is a good choice for trimming the hackle legs.

Use the left over orange chenille to tie San Juan Worms, the black chenille for small Woolly Worms.

Book Review by Klaus Gohrbandt . . . "Master the Cast . . . ", George V. Roberts, Jr.

I praised and reviewed in the April 2006 Newsletter the best fly casting instruction video I ever came across that teaches the intermediate caster advanced overhead casting: "Saltwater Casting - 10 Steps to Distance and Power". The author is George V. Roberts, Jr. who has built a reputation as one of America's best casting instructors. In recognition of my review, Roberts sent the DVD version of the video with instructional pamphlet. I have added the DVD to the club library.

Roberts also sent a paperback copy of his compact book on casting entitled "Master the Cast - Fly Casting in Seven Lessons". The book is organized into Part 1 - fly casting mechanics, fly rod mechanics, rod arm mechanics, and the closed stance; Part 2 - the roll cast, the pick up and lay down cast, false casting, shooting line casting in all planes, drift and follow through, off vertical casting from an open stance, and an advanced lesson in hauling; and an Appendix with glossary, suggested reading, troubleshooting advice, and index.

The book is designed for the beginning to intermediate caster. It teaches step-by-step the traditional American casting style propagated by Joan Wulf and Mel Krieger. Roberts demonstrates again his profound understanding of the casting technique. His instructions are fluidly written and well illustrated to the last detail. He sometimes repeats points he considers important or when they recur in a different context. The book is easy to read and conveys deep insight into the fundamentals of casting. The tabulation on troubleshooting is of great help in self - correcting casting mistakes. If you practice regularly and critically, this book will make you a well-rounded caster!

To order: The McGraw Hill Companies, Customer Service, P.O. Box 547, Blacklick, OH, 43004, Telephone 1-800 262 4729. Price \$13.00.

The Oconaluftee River in Cherokee... Don Lupone

My wife, Joanne, and I took a mini-vacation in North Carolina in July and ended up in Cherokee for a couple days. Having fished the Oconaluftee River in the springtime, many years ago, I decided to try my luck in July. Since Joanne had her sights on Harrah's Casino, I left her to test the "waters of Harrah's", while I tested the river waters.

A tribal permit is required to fish the Reservation waters. A North Carolina license is not required. I purchased a two-day permit for \$14. However, one can purchase a one-day permit or a permit for any number of days. On Mondays, the Reservation stocks the Oconaluftee from River Valley Campgrounds downstream to the Reservation boundary. On Wednesdays, the river is stocked upstream from River Valley Campgrounds to the Reservation boundary. On Fridays the entire river within the Reservation is stocked. One may fish any part of the river, on any day, regardless of stocking.

To fish the upper branch, one must travel north for 1.5 miles from the Cherokee Welcome Center. At the light, turn right and cross the bridge. Immediately after crossing the bridge, turn left on Big Cove Road. After eight miles on Big Cove Road, one will reach the boundary of the Reservation. After traveling five miles on Big Cove Road, one will reach the KOA campground. If one has children or people who do not fly fish, they can fish the 4 or 5 stocked ponds along the road along the KOA campgrounds. The river above the River Valley Campgrounds (about five miles from the start of Big Cove Road) is similar to the Nantahala River---narrow and faster water with occasional deeper pockets of water.

Depending on one's perspective, the Blue Ridge Parkway either begins or ends in Cherokee. Starting from beneath the Parkway Bridge, the river flows slower and is wider with many deep holes. It remains this way downstream along 19S to the end of the Reservation. There are many areas one can use streamers, nymphs, or dries.

On 19S, midway between Cherokee and Bryson City, there is a good motel, **Lloyds**, that caters to fishermen. The telephone is (828) 488-3767. Nice log cabins abound, but they are expensive. Try the Old Smokey Log Cabins on Big Cove Road. The number is (828) 497-6922. How well did Joanne and I do those two days? Well, that will be a story for another time.

Captain Baz Yelverton's Fishing Report



The false albacore action has been hot just south of the #1 and #2 buoys. Everybody ought to get out there and experience it. They're churning the surface eating tiny, clear baitfish that are about 1 1/4" long and 1/8" top-to-bottom. I'm tying a simple imitation using white Puglisi fibers that works pretty well. They'll also eat a bay anchovy imitation about 2-2 1/2" long. Here's a couple photos from a recent trip.

The next shot is from a retired US Postal Service worker from Tennessee. Landed this 4' blacktip shark on a 9wt while fishing for Spanish mackerel. Fought the fish over 30 minutes.

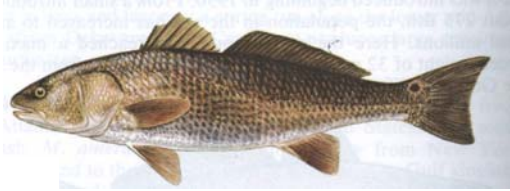
Also, we're seeing lots of tarpon but haven't gotten one to eat the darn fly yet. Maybe tomorrow. One of my favorite quotes comes to mind: "The charm of fishing is that it is the pursuit of what is elusive but attainable. A perpetual series of occasions for hope."Capt Baz



FLY FISHERS

OF NORTHWEST FLORIDA

**PO BOX 1041
 PENSACOLA, FL 32591**



AUGUST 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		Business Meeting 7 PM				
6	7	8	9	10	11	12
			Bull Session-Tying & Tall Tales 6:30 PM			
13	14	15	16	17	18	19
					Clinic - Casting, tying gourmet lunch 9 AM	
20	21	22	23	24	25	26
27	28	29	30	31		

