

# Flies & Lies

NEWSLETTER OF THE FLYFISHERS  
OF NORTHWEST FLORIDA  
MAY 2005

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**MONTHLY MEETINGS**  
Meetings at Miraflores Park  
17th Avenue between  
Belmont and LaRua

**BUSINESS MEETING**  
1ST TUESDAY, 7 PM

**BULL SESSION**  
2ND THURSDAY, 6:30  
PM

**CASTING & TYING  
CLINIC**  
3RD SATURDAY, 9 AM

**BOARD MEETING**  
4TH TUESDAY, 6:30PM

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**Beer and Soft Drinks....For the enjoyment of all club members and guests, your club provides beer and soft drinks at the clubhouse. All drinks are free at the Saturday casting and fly tying clinics. At all other times, and on the honor system, beer costs \$1. Soft drinks and bottled water cost \$0.50. Please put your payment in the cup provided in the frig. If you don't have the change at the time you take a drink please do not put an IOU in the cup. Pay for the drink some other time....Tom Regina**

## President's Message ....Milt Mays

April was a great month. We caught some great fish with friends and tied some new flies. **Skeet** taught us why the fishing "ain't so good" in Pensacola Bay anymore, and how Project Green Shores may be making that much better. And, once again, we learned from the fly tying masters, **Kevin Cohenour** and **Tom Regina**, how to tie some new flies. But, what did we learn about our friends. You know friends, those special people we choose to let in our lives and share special moments. Maybe you remember those moments, when you argued about where to fish, presumably so you would both have the best chance of catching the best fish. Or maybe it was when that friend made lunch that you both enjoyed when the fishing got slow.

Sometimes we take for granted the moments or hours we share with our friends. We do capture some of them on film. But, right now I am wondering why I always worried so much about getting a great shot of the fish. Don't get me wrong, those fish were important. But, I just wish I would have included more shots of friends. Maybe we should just stop fishing for a few minutes and capture that friend and the moment in our mind's eye so we can enjoy it again in the future when telling "good ole' fishin' stories".

So, enjoy the fish, and tying the flies, but bathe and wallow in the stories, lives and company of friends with whom we share this sport of fly-fishing. Because it is that joy of friendship that truly makes fishing fun. Besides, without them present who would witness that big one that got away?....Milt

**P.S. Remember the picnic with breakfast, fishing, and lunch is 15 May at Shoreline Park.**

Also, don't forget we need more items to share with our friends at the monthly business meeting raffles. And, bring your most beloved items to share with your friends at the Auction June 7, 2004. Of course, whether you have any items or not, you can always bring "mo' money" to buy those beloved items from one of your friends!

### *Spring Fishing Trip ....Art de Tonnancourt*

**May 15<sup>th</sup>** is going to be a full FFNWF day combining our annual spring club picnic AND the spring club fishing trip! Here is the chance to be on the water fishing at the crack of dawn and be back to enjoy the picnic together. Here are the details for the fishing trip (more on the picnic to follow):

**Place:** Shoreline Park in Gulf Breeze

**Date:** Sunday, May 15<sup>th</sup>

**Time:** "Crack of dawn" , 5:55 AM

**Scenario:** Rendezvous for coffee and doughnuts "a la Pat Poloski" at ?? AM. **Pat will have a sign up sheet at the May 3<sup>rd</sup> meeting and/or contact him at 453-9829.**

Jerry Aldridge will have chart handouts of the bay and gulf hot spots as well as briefing us on fly patterns, techniques etc. Don't miss the briefing. Beach Master Tom Regina is asking all boat captains to keep him informed of available space for those who need a boat ride for the fishing trip. Members needing space on a boat please communicate with Tom Regina and all efforts will be made to accommodate you.

Launch at dawn or shortly thereafter, about 6 AM. Catch and release a lot of fish and return for the picnic at 1 PM.

Unfortunately, I will miss this day of FFNWF fun as we will be in Virginia celebrating our granddaughter's college graduation.

## SPRING PICNIC

**Don't forget the picnic, May 15th at 1 PM, at Shoreline Park.** \$5 per person. Bring a "potluck" dish. Entrée provide by your club. Games, fish stories from the morning's outing, games. Call Karen at 516-1833 for additional info.

## FLIES & LIES

If you still get your copy of the newsletter by regular mail, please consider receiving it by e-mail only. This will save your club money for mailing costs and your editor lots of time that he could use for fishing! Contact Jerry jamayfly @yahoo.com

## AUCTION!

Yes, its that time again. Time to dig through your fishing stuff (and anything else) to find items to bring to the Club Auction on June 7th. You might also want to collect all those coke bottles you've been saving up and turn them in for deposit so you can have some money to bid on the great items we'll be selling.

We've already got some good stuff together, but we need anything that you can bring. There will be rods and reels and fly tying stuff and flies and much more. So, come on along and watch me dance again. Remember, this function greatly benefits our club and your contribution (be it donated items or bidding) makes the difference.

If you have items or questions (like how much money to bring) call me or email me at: 474-9691 or [travisfly7@aol.com](mailto:travisfly7@aol.com). Thanks, **Travis Akins**

## CONCLAVE!

**T**he 2005 SE FFF Conclave and Fly Fishing Show will be in Callaway Gardens, GA June 3 & 4. We are putting together a great show which will feature some of the best Fly Tiers in the country, Commercial Exhibitors, Programs and Workshops.

The Programs and Workshops cover a wide range of topics from "Small Stream Tactics" to "Methods of Fighting Tarpon". There should be something for everyone, whether your interest are in warm water, cold water or saltwater.

I have the Registration Form as well as a list of programs and specialty workshops. General registration for the 2-day event is only \$20 if you register before May 1. The schedule of fees for specialty workshops is included in the registration form. There will also be a series of free programs and casting demonstrations that will be running during the 2-day event.

I also have the Registration Form for lodging at Callaway. They have put together a great package of \$89 per night and that includes the entrance fee to the Gardens. To get the reduced rate, reservations need to be made by May 3.

Jerry Aldridge e-mailed all the forms to everyone a few days ago. However if you need a form or have any questions give me a call. Karen Brand, Commercial Exhibits Chair, 850-516-1852 (Cell), [KBrand@SantaRosaMRI.com](mailto:KBrand@SantaRosaMRI.com)

## Olive Cone-Head Wooly Bugger... Jerry Aldridge

<b>HOOK</b>	Mustad 3906B #6
<b>WEIGHT</b>	3/16" gold cone
<b>THREAD</b>	Olive 6/0
<b>TAIL</b>	Olive marabou
<b>ACCENT</b>	Root beer crystal flash
<b>RIB</b>	Small copper wire
<b>BODY</b>	Small olive chenille
<b>HACKLE</b>	Olive saddle hackle



1. Pinch hook barb and place cone on hook. Place hook in vise and lay thread base from cone to hook bend.

2. Select a single marabou quill. Stroke the barbs so they lay perpendicular to the center quill. Remove 15-20 barbs and place atop hook so that ends of barbs extend to the rear about 1 hook length from the bend of hook. Tie in barbs from bend to cone. Trim excess. Remove 15-20 more barbs and repeat process until tail is full enough to suit (usually 3 or 4 times). Return hook to bend.



3. Tie in 4-6 strands of crystal flash on both sides of marabou tail. Trim just slightly longer than marabou. Tie in 4-5" length of copper wire from cone to bend with end extending to the rear. Remove a 1/4" of "fuzz" from a 4-5" length of chenille and tie in the "de-fuzzed" portion at the hook bend. Return thread to cone.

4. Wrap chenille forward in adjacent, firm turns to cone. Tie in at cone. Select saddle hackle and remove the fuzzy barbules from the center quill. Tie the hackle in at the cone at a downward angle and the concave side of the hackle down.



5. Palmer the hackle to the rear in 7-8 equally spaced turns. Stop at the bend, take wire in free hand and wrap forward in 7-8 equally spaced turns. Take care not to trap hackle barbules against the body. Secure wire behind cone with several thread wraps.

6. Trim excess hackle and wire. Whip finish behind cone. Apply thread cement to thread wraps and inside cone. Voila!



## May Quick Ties with Tom Regina... Black Girdle Bug

The Girdle Bug is a widely known and used stonefly nymph. It is quick and easy to tie and can be tied in colors other than black and in sizes 6 through 10. Trout are the primary quarry for which the Girdle Bug is usually used. However it is effective for taking small mouth bass and in smaller sizes pan fish. The materials list for tying the Girdle Bug is short - a hook, thread, chenille and rubber leg material. The only tools needed are a vise, bobbin and scissors.

### Tying Instructions

<b>Hook</b>	<b>Mustad 9672 size 8</b>
<b>Thread</b>	<b>6/0 black</b>
<b>Tails</b>	<b>Medium round white rubber</b>
<b>Body</b>	<b>Medium size black chenille</b>
<b>Legs</b>	<b>Medium round white rubber</b>

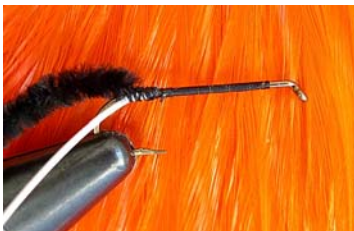


*Tying tip - Chenille comes packaged in an envelope or wrapped around a card and is rather crushed and nappy. If it came wrapped on a card it will also have creases in it about every three inches. Steaming the chenille over the spout of a teakettle will puff up the fibers and remove the creases, restoring it to a nice condition. With the chenille restored it is much nicer to tie with because without being crushed and creased it is easier to see how close your wraps are and it gives a fuller body to the fly. As the chenille is being steamed it will tend to untwist somewhat. This is good. Allow the untwisting to work its way toward the un-steamed end.*



1. Steam the chenille.

2. De-barb the hook and fix it in the vise. With a jam knot tie the thread onto the hook shank about two or three hook eyes distance back from the hook eye. In close touching turns cover the hook shank with thread back to the hook bend. In a "V" shape, tie on the two tails, about two inches long, one on each side of the hook.



3. Cut about a five inch piece of steamed chenille from the skein and strip about 1/4 inch of the fibers from the cord. At the hook bend, tie on the chenille by the cord as shown.

4. Cut three 3 inch long pieces of rubber leg material from the skein. Tie the back legs on top of and perpendicular to the hook shank 1/4 distance forward from the hook bend. Use figure 8 thread wraps to tie on the legs. Manipulate the thread wraps so the legs stick out to the sides of the fly. Tie on the middle legs 1/2 hook shank distance forward from the hook bend. Tie on the forward legs 3/4 hook shank distance forward from the hook bend.

(Turn Page)



## *April Quick Ties with Tom Regina... Red Palomino Midge (continued)*



5. Wind the chenille forward working it past the rubber legs with two or three turns between the tails and each set of legs. The chenille and legs can be manipulated as the chenille is wrapped to keep the legs sticking out to the sides of the fly. Make about three wraps of chenille in front of the forward legs. Tie off and cut away the excess chenille. Build a neat head, whip finish, cut away the thread and apply head cement. The tails can be trimmed to equal the hook length. The legs can be trimmed to equal the hook length on each side. However it may be best to leave the trimming until you are at the fishing location then trim according to how

the fish are taking the fly. That is, if the fish are short striking you may want to trim the tails and legs shorter. If the water is off color you may want to leave the appendages long for better visibility. Dead drift is not the only way to fish this stonefly nymph. Up and across with a swing and strip retrieve ala streamer works well also.

## *What's Happening... Jerry Aldridge*

**BOY SCOUT CAMP**....2005 Dates for camp at the Spanish Trail Reservation in Defuniak Springs are June 12-16, 19-23 and 26-30. We will once again teach the Fishing and Flyfishing Merit Badges plus flytying. We need your help to teach or assist in teaching. The Scouts love our classes! If you can help, even for a day or two, please call Vick Vickery at 478-3584.

### COMMITTEE CHAIRS

**AUCTION** - Travis Akins

**CONSERVATION** - Skeet Lores

**DIRECTORY/NEWSLETTER** - Jerry Aldridge

**EDUCATION/CASTING** - John Brand

**EDUCATION/TYING** - Tom Regina

**TRIPS & OUTINGS** - Art de Tonnancourt

**FFF REPRESENTATIVE** - Larry Goodman

**LIBRARY** - Kevin Cohenour

**MEMBERSHIP** - Karen Brand

**MAY 15th FISHING TRIP AND PICNIC**....Shoreline Park in Gulf Breeze has recovered enough to again be the site of our 2005 picnics. See pages 2&3 for details.

**FLY TYERS NEEDED**....The Southeastern Council Conclave Is scheduled for June 2-4 at Callaway Gardens Resort in Pine Mountain, GA. Tyers, **especially trout fly tyers** are needed to demonstrate their skills. We have several fine tyers so lets show up in force! Karen will tell us how to apply at the May business meeting.

**ANNUAL AUCTION**....The annual fund-raising auction will be June 7th at the Business Meeting. We have had some nice donations already so things are starting to shape up. Travis suggested a replacement auctioneer but found himself outvoted by the rest of the board. So start looking through your "stuff" for donations and start saving those pennies and be prepared to have a great time.

**Mike Shields (son of Russ), Art and Jay.**



**Mike, Art and Russ prepare to hike the "Big Snowbird River" trail in search of North Carolina native brook trout.**



**Mike, Art and Russ on the trail.**

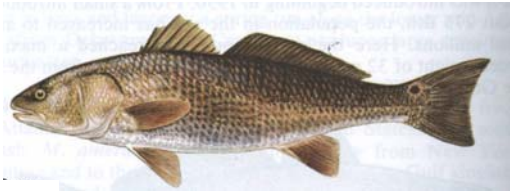


**Art, Mike, and Russ show the stringers of trout they caught on the six mile hike up the "Big Snowbird". What Jay is showing we don't know as he and Tom stayed in "camp" and drank beer. Now who are the smart ones?**



**Somebody ran in a ringer! You didn't catch this bonefish In the Carolina hills, did you , David?**





# MAY 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b> Business Meeting 7 PM	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Bull Session-Tying & Tall Tales 6:30	<b>13</b>	<b>14</b>
<b>15</b> May 15th - Shoreline Park in Gulf Breeze - Spring Picnic and Fishing. Fishing starts at the crack of dawn, lunch at 1PM. Details on pages 2&3.	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> Clinic - Casting, tying gourmet lunch 9 AM	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>				

