

Flies & Lies

NEWSLETTER OF THE FLYFISHERS
OF NORTHWEST FLORIDA
MAY 2010

THE FLYFISHERS OF
NORTHWEST FLORIDA
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NEWSLETTER

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MONTHLY MEETINGS

Meetings at Miraflores Park
17th Avenue between
Belmont and LaRua

BUSINESS MEETING

1ST TUESDAY, 7 PM

BULL SESSION

2ND THURSDAY, 6:30
PM

CASTING & TYING CLINIC

3RD SATURDAY, 9 AM

FFNWF Spring Auction, June 1



- Clubhouse opens @ 5 PM for donations and browsing
- Auction starts @ 7 PM, come early and stay late
- Refreshments are free, but you are allowed to spend money
- Fly Rods, Reels, Flies, Tying Equipment, Fishing Trips(sometimes)
- Estate items and all things fly fishing
- Everything is donated, if you no longer use it, donate it
- Early donation can be arranged
- For Donations & Information: Terry McCormack, Head Auctioneer, flycastsgt@hotmail.com

May Program

Steelheading with David Burton

General Business Meeting, Fly Fishers Of Northwest Florida, April 6, 2010, President Larry Goodman, presiding

President Larry Goodman called the **board** meeting to order at 6:30 pm with 9 board members present. The minutes of the March 2, 2010 board and business meeting as published in the April 2010 newsletter were approved. Art deTonnancourt reported that the club membership was approximately 63 members and that the membership directory would be made available soon. Russ Shields announced he had completed the audit of the clubs financial status and everything was in order. John and Karen Brand suggested that the Hurricane Lake club outing scheduled for June 12, 2010 be moved to an earlier date in order to have cooler water and better fishing. May 1, 2010 was selected by the board as the new date for the Hurricane Lake trip. Karen Brand volunteered to provide maps and more information to club members prior to the trip. The board meeting was adjourned at 6:40 pm.

President Larry Goodman called the **business** meeting to order at 7 pm with 25 members present. Stacy Martin was introduced as a guest. Many new members were also reintroduced.

Larry Goodman explained to the membership that the website provider who had been managing our website free of charge was no longer in business and that they had turned our account over to another website provider. To avoid interruption of our web site service it was necessary to pay a yearly fee of \$107 to the new website provider on an emergency basis and without approval of the general membership as required by club by laws. The \$107 appeared as an expense on the treasurer's March 2010 report. The general membership approved the \$107 expenditure and the treasurer's report for March 2010.

Jon Williams was presented with an honorary lifetime membership to the FFNWF. Jon was introduced as one of the charter members of the club. A slide presentation of Jon and club members from earlier times was made.

Tom Regina and Karen Brand presented a program on PROJECT HEALING WATERS, a program that promotes physical and emotional rehabilitation of disabled active military service personal and veterans through fly fishing and fly tying. After considerable discussion a decision was made to form a committee made up of interested club members to find out more information about the program.

After a drawing for door prizes the meeting was adjourned at 7:50 pm....Bob Willice secretary

Casting & Tying at the Club.... Tom Regina

May 13 - Monthly Bull Session, 6:30 PM. We will tie the "Guides Special" streamer.

May 15 - Monthly Casting and Tying Clinic, 9 AM until about 1 PM. Casting instruction and practice with John Brand. Fly tying the "Wiggle Bug" with Tom Regina.

Your club will provide all tying materials to tie both flies. If you have them, bring your vise and tools. The club can also provide a vise and tools for you and your guests. Bring your long rod. Club fly rods/reels are available for you and your guests also. Free lunch and beverages will be provided at the Casting and Tying Clinic.

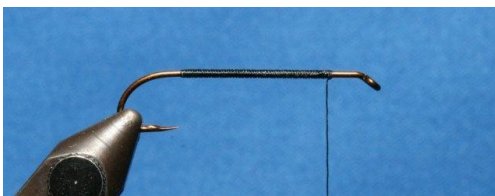
Guide Special Streamer..... Tom Regina

Tying Materials

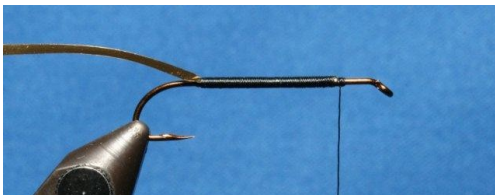
Hook:	Mustad R75, 2XH/5XL, size 4
Thread:	6/0 black
Underbody:	Danville silver Mylar tinsel, size 10
Bottom wing:	Dark blue northern bucktail
Middle wing:	Red northern bucktail
Top wing:	Yellow, Whiting Farms, American Rooster Saddle heckle
Head:	6/0 black thread coated with epoxy



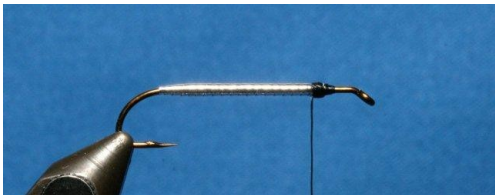
Tying Instructions



1. **Lay down a thread base.** Using a jam knot start the thread on the hook shank about 3/16-inch back from the hook eye. In touching turns, wrap a neat thread base back to a position directly above the hook spear. In a like manner, return the thread forward to the position 3/16-inch back from the hook eye. *Note: An untidy thread base with gaps, spaces, or overlapping wraps will show through and be “magnified” when the Mylar tinsel is wrapped over the thread base.*



2. **Tie on the tinsel underbody.** Cut about an 8-inch length of Mylar tinsel from the spool. At the front thread hang point tie the tinsel, gold side up, to the top of the hook. In the same manner as the thread base was layed down in step 1, bind the tinsel to the top of the hook shank back to the position directly above the hook spear.



3. **Form the tinsel underbody.** Return the thread to the front thread hang point. *Note: Keep the thread wraps neat as noted in step 1.* Whip finish or half hitch the thread but do not cut it away. Wrap the tinsel, silver side out, forward in 50% overlapping turns to the front thread hang point. Tie off the tinsel and cut away the tag end.



4. **Tie on the bottom wing.** Clip a small bunch of dark blue hair from the bucktail. *Note: The bottom and middle wings should be tied sparse. With a little practice, you will be able to easily determine the correct amount of hair to use.* Clean and stack the hair. Measure the hair so the wing extends beyond the back of the hook a distance equal to about one hook gape. At the front thread hang point tie the hair to the bottom of the hook. To keep the hair from migrating up the sides of the hook, position the hair under the hook, pinch the hair and the sides of the hook, make two or three light thread wraps around the hook and hair, then while still pinching the hair and hook, pull the thread straight down with the bobbin to tighten the light wraps. Continue the pinch and finish tying on the hair. Cut away the bottom wing hair butts at about a 45-degree angle and cover with a few thread wraps.



5. **Tie on the middle wing.** Clip a small bunch of red hair from the bucktail. *Note: The middle wing should consist of about half as much hair as was used for the bottom wing.* Clean, stack, and measure the hair as in step 4. Tie the red hair on as in step 4, except this time tie it to the top of the hook and pull the thread straight up to tighten the light thread wraps. Finish the tie on as in step 4.

Guide Special Streamer..... Tom Regina (continued)

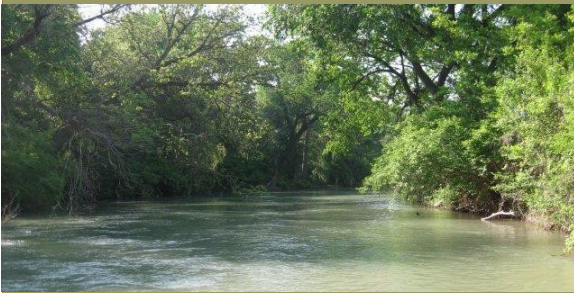


6. **Tie on the top wing.** Select and prepare two-to-four feathers from the rooster saddle. Measure the feathers so their length will extend beyond the back of the hook a distance equal to about two hook gapes when tied on. Align the feather tips and edges. As a single unit, tie their stripped butt ends onto the top of the bottom and middle wing tie-on thread wraps using the pinch method described in step 4. *Note: The bottom edge of the top wing should be aligned along and adjacent to*

the top of the hook. Pull the thread straight up to tighten the loose thread wraps. Complete the tie by building a neat thread head. Whip finish or half hitch the thread and cut it away. Apply a thin coat of epoxy or several coats of head cement to the thread head.

Tom Regina Photos

San Marcos River near Martindale, Texas



HIGHLY RECOMMENDED GUIDE SERVICE

On several trips to No. Carolina, I have talked with a guide, Alex Bell, who is a former resident, retired police officer, from Pensacola. I was greatly impressed with his friendliness and helpfulness. I would like to recommend Alex, if you need a guide. Please check out his web-site at www.abfishing.org He offers free guided trips for current servicemen and women of the middle east wars, and their surviving families.

Send him an e-mail of appreciation for that, and tell him **Jerry Giles** says "Hello".

Wiggle Bug.... Tom Regina (original design by Larry Tullis)

Smallmouth and largemouth bass find the wiggling and diving action of the Wiggle Bug irresistible. Its subsurface action is akin to a flatfish lure and many other crankbaits. The Wiggle Bug can be tied in many different sizes and in a variety of colors and/or color combinations such as all yellow, black, brown, or olive, etc., or in combinations of yellow and black, olive and brown, and tan and chartreuse, for example. Let your imagination be your guide. The bug's underbody can be made with yarn, chenille, ice chenille, or dubbing, etc. Again, let your resourcefulness be your guide. Because it interferes with the action of the fly, a weed guard is not incorporated into its design. If the Wiggle Bug hits a snag, the extended lip usually causes the fly to flip over the hindrance.

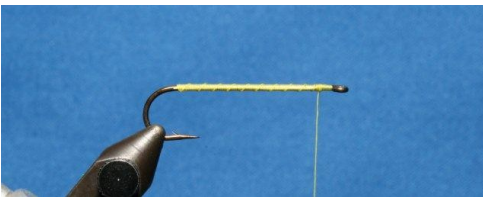
Use an open style knot, such as a non-slip loop knot, to attach the fly to your tippet/leader, thus leaving a small mono loop in front of the fly. If you tie the fly on with a closed knot, such as an improved clinch knot, the fly will not swim properly. Retrieve the Wiggle Bug relatively fast so it swims and dives with lots of fish attracting action. You may want to use a jerk-strip retrieve. Start the jerk-strip retrieve with the rod pointed at the fly. Remove line slack and jerk the rod to the side about two feet without moving your line hand. While returning the rod to the starting position, strip the excess line created by the rod jerk and quickly return your line hand to the starting position. Repeat.

Tying Materials

Hook:	Mustad R75S, 2XH/5XL, size 4
Thread:	3/0 yellow
Underbody:	Yellow medium size chenille
Adhesive:	Cyanoacrylate, (super glue) i.e. Gorilla Super Glue (available at hardware stores and home centers.)
Body:	Yellow 3mm closed cell foam (Sheet foam such as Craft or Funky, sold in hobby/craft shops is not suitable for tying this fly. It is not thick or stiff enough and is easily cut by the thread wraps.)
Tail:	Yellow marabou bloods
Eyes:	3mm yellow doll eyes



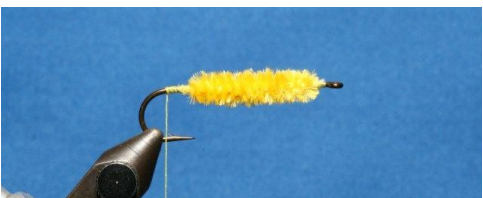
Tying Instructions



1. Lay down a thread base. Secure the hook in the vise. Using a jam knot start the thread at the hook eye and lay down a neat, touching wraps thread base back to a position on the hook bend directly above the hook barb. In several evenly spaced spiral turns, take the thread forward to a position on the hook shank 3mm's back from the hook eye. (Hint: The foam body material is 3mm's thick.)

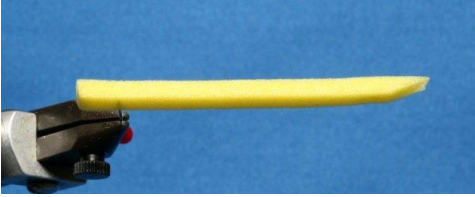


2. Tie on the underbody. Cut about a 5 inch length of chenille from the skein. (Note: Chenille usually comes wrapped on a spool or a card and is therefore crushed and matted, lacking fullness and roundness. To revive fullness, roundness, and "life" to the chenille, pass the length of chenille through steam emitted from a tea pot. Store the steamed chenille loosely in a plastic bag.) Strip about 1/8 inch of fibers from one end of the chenille cord. At the forward thread hang point, tie the bared chenille cord to the hook. In several evenly spaced spiral turns take the thread back to a point on the hook shank directly above the hook point.

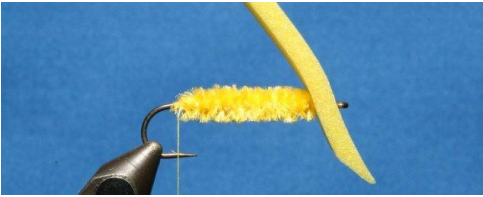


3. Wrap the chenille underbody. In neat touching turns wrap the chenille back to the rear thread hang point. Tie off the chenille and cut away the excess.

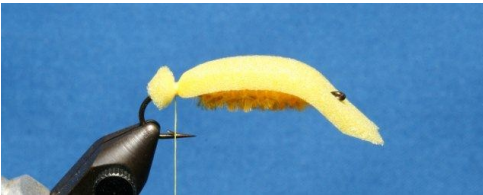
Wiggle Bug (continued)



4. Prepare the body foam. Cut a strip of 3mm foam about 2-inches long by 3/8-inch wide. Using a sharp, double edge razor blade, cut about a 45 degree beveled lip at one end of the foam strip. Lay the foam strip, beveled side up, on flat surface. Using your bodkin, poke a hole through the center of the foam strip about 1/8-inch back from the bevel.



5. Place the body foam on the hook. With the foam strip lip at the front of the hook, beveled side down, push the hole in the foam over the hook eye.



6. Glue and tie on the body foam. Apply a liberal amount of adhesive to the entire top of the underbody chenille while allowing a small amount of adhesive to migrate between the front of the chenille and the foam strip. With moderate pressure, pull the back end of the foam over the glued underbody being careful to center the foam width over the underbody while the glue is pliable. While holding the foam in place with your

off hand, take several light thread wraps around the hook and foam at the rear thread hang point. Then take several tight thread wraps to securely hold the foam in place. Let the thread hang at this thread tie-down point. Cut away the excess foam tag end as close to the rear thread wraps as possible without cutting the thread wraps. Ensure the foam body is centered over the underbody. Allow a few minutes for the glue to dry.



7. Tie on the tail and apply the eyes. Select and prepare a marabou blood feather. Wet the thumb and index finger of your off hand and preen all the barbs toward the tip of the feather. Remove any short barbs sticking out of the sides of the quill. Measure the tail to be about equal in length to the hook shank. Tightly pinch the feather directly in front of its mounting point and position it above the rear tie-down thread wraps. *(Note: Unlike marabou plumes, marabou bloods normally have thinner, more flexible stems or quills which precludes the need to strip useable barbs from the quill for use.)* Make one moderately tight thread wrap around the tie-down thread wraps and the

feather. Be sure to keep the tail centered over the foam tie-down thread wraps and apply several tight thread wraps to securely hold the tail in place. Cut away the butt end of the feather quill as close to the tie-in thread wraps as possible without cutting the thread. Cover the butt or tag tip of the quill with a few turns of thread. Using an extended reach whip finish tool, whip finish the thread over the tie-down thread wraps. Cut away the thread and apply a small amount super glue all the way around the final thread wraps. Place a small drop of super glue on each side of the foam body and apply the doll eyes aligned along a horizontal plane with the hook eye.

2010 Southeastern Fly Fishing Show
Hosted by the Southeastern Council, FFF
Unicoi State Park, Helen, Georgia, June 4-5, 2010
See www.fffsec.org for complete information

Fishing Report... Captain Baz Velverton



Fly-fishing in the Gulf of Mexico just got better and better in April. Usually the big redfish have moved away from shore by April but not this year. We continued to have outstanding sight-fishing all month. There were individual fish feeding along the inner bar and at least one big school of a hundred or so fish moving in the "draw" between the inner and outer bars. We found a school of the big fish just outside of Pickens Point on April 12, and Michael Chamblee, Birmingham, got this redfish to eat a tan/white Clouser. The following week Ken Hutchison and Greg Fisher came to town from Idaho, and the conditions were ideal. Check out the glassy water in the photo of Hutch and Greg's "double" on the morning of April 21. To beat the other boats we headed out a little earlier on April 22, and Hutch landed the next fish before 8am. The early-morning sun reflecting off this fish made for one of the best redfish photos I've ever taken. The wind came up later in the

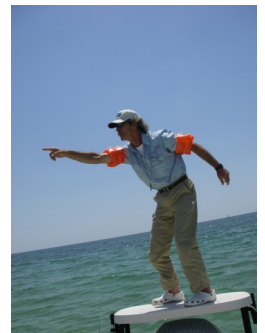


day, so we came inside and Hutch landed this last fish on a 240gr sinking line and a white bunny strip fly with tungsten eyes.



The pompano fishing hit high gear around mid-April with schools of hungry fish running the beach. All that was required for a hookup was basically getting the fly in the water somewhere in the neighborhood of the fish. If they could see it they'd fight for it. Here's Hutch with a typically beautiful pompano landed and released. Once again this year two days in a row Hutch landed two of the three "Spring Slam" species. Last year we couldn't get the redfish, and this year the missing piece was a doggone jack crevalle. Maybe next year...

Speaking of jacks, they're here. Every day for the last week we've seen at least one big school of jacks. Michael Chamblee hooked two on April 12, but lost them both. That was the day I broke new ground by falling off the poling platform into the drink while trying to position the boat in front of an approaching school of jacks. When the jacks heard the big splash they stopped and started "daisy chaining" trying to figure what the heck was going on. That gave me time to climb back in the boat, grab the pole, and push the boat into position for a shot...which my client made and hooked a fish. I was swimming so hard when I hit the water my sunglasses never went under and my hat stayed on...only lost one shoe. I just wish we could've landed that darn fish to complete the story. But it wasn't to be. After making one hard run the jack turned and charged the boat, Michael couldn't reel fast enough to keep up with it, and the hook fell out. The next week, I told Hutch about falling in so he bought me some "water wings" as a safety measure. This next photo is my new "look" on the poling platform.

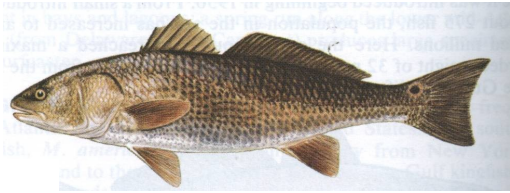


The Spanish mackerel have arrived, and you can find them in large schools along the beach in the Gulf and also in Santa Rosa Sound between Deer Point and Fair Point. The fish in the Gulf are big, as you can see in this photo of Greg Fisher with his first ever saltwater fish on fly landed April 21. Of course the Gulf will be off limits to boats starting next week after the oil booms are put in place. With a little luck the booms will work and keep our bay waters clean....Capt Baz

FLY FISHERS

OF NORTHWEST FLORIDA

**PO BOX 1041
 PENSACOLA, FL 32591**



MAY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
	Business Meeting 7 PM					
9	10	11	12	13	14	15
			Bull Session-Tying & Tall Tales 6:30 PM		Clinic - Casting, tying, gourmet lunch 9 AM	
16	17	18	19	20	21	22
23/ 30	24/ 31	25	26	27	28	29