

# ***Flies & Lies***

NEWSLETTER OF THE FLYFISHERS  
OF NORTHWEST FLORIDA  
OCTOBER 2010

THE FLYFISHERS OF  
NORTHWEST FLORIDA  
PO BOX 1041  
PENSACOLA, FL 32591  
www.flyfishpensacola.  
com

## **PRESIDENT**

Larry Goodman  
(850) 433-5135  
trakr1@aol.com

## **VICE-PRESIDENT**

Jerry Giles  
(850) 994-9946,  
FlyFisherman1942@aol.com

## **SECRETARY**

Bob Willice  
(850) 934-6586  
lastboat3@msn.com

## **TREASURER**

Larry Sisney  
(850) 474-1433  
lsisney@cox.net

## **NEWSLETTER**

Jerry Aldridge  
(850) 478-9255  
jamayfly@yahoo.com

## **MONTHLY MEETINGS**

Meetings at Miraflores Park  
17th Avenue between  
Belmont and LaRua

## **BUSINESS MEETING**

1ST TUESDAY, 7 PM

## **BULL SESSION**

2ND THURSDAY, 6:30  
PM

## **CASTING & TYING CLINIC**

3RD SATURDAY, 9 AM

## **ELECTIONS**

At the November business meeting, the Nominating Committee, which is charged under the by-laws with nominating a panel for the four officer positions, will do so. Additionally, nominations from the floor for the four officer positions *and* the two member at large positions will be taken, then the elections will immediately follow. The newly elected board will take office at the January, 2011 business meeting.

Please give consideration to running yourself or nominating a member who you feel will dedicate his best efforts to the position sought.

The two Member at Large BOD positions are excellent for 'getting familiar with the club governance without duties other than attendance. They are excellent entry points for newer members who are motivated to take on further leadership roles in the future.

This year, our esteemed Treasurer, Larry Sisney, has requested relief from his duties. He has organized the job nicely, and will get a replacement off on the right foot. The bookkeeping is straight forward, and he will have an audit done at year end so his replacement can take over with confidence in the books. Anyone with basic skills, and a desire for accuracy, who will be pretty regular in attendance, and who will issue a monthly report at the BOD meetings, can handle this important job. Larry estimates he spends about 3 hours/month on the duties.

Please consider volunteering for this very important role in our club, and if you have any questions, please call me or Larry.

Tight Lines, Jay Williams, Chair, Nominating Committee

Joe Higgins has a source for members who want to put the clubs logo on their shirts, jackets and hats. Cost \$4.50 per logo. Bring garments to the monthly club meeting or Saturday clinic. Also club name tags are available for \$7.00.  
Thanks....Joe Higgins

## Business & Board Meetings, Fly Fishers Of Northwest Florida, September 7, 2010, President Larry Goodman, presiding

President Larry Goodman called the **board** meeting to order at 6:30 pm with 7 board members present. The treasury report for August 2010 was approved. The minutes of the August 3, 2010 meeting contained a computer error. The minutes for the meeting were approved with the stipulation that the title FFNWF BOARD AUCTION MEETING AUGUST 3, 2010 PRESIDENT LARRY GOODMAN PRESIDING printed in the September 2010 newsletter be replaced with the title FFNWF BOARD AND BUSINESS MEETINGS AUGUST 3, 2010.

Larry discussed several issues that will have to be dealt with before the fly fishing classes can begin in the spring of 2011. Budgeting, selecting class dates, purchase of equipment, and finding a class coordinator are among the top priorities. Russ Shields suggested that the club use the next Saturday clinic to inventory the equipment we already have before purchasing anything. Jay Williams suggested that since the position of class coordinator was a major endeavor that the club might consider offering an incentive to that person such as the club paying his membership dues for one year.. The board asked President Larry Goodman to send an E Mail to the membership seeking (1) a class coordinator and other volunteers to help teach the class, (2) someone who would be interested in replacing Larry Sisney as treasurer, (3) someone who would be interested in replacing Russ Shields to do the cooking at the Saturday clinics. Russ stated that if someone would relieve him of club cooking duties he might be available to handle the position of class coordinator. It would not be possible for him to handle both positions. Dennis Majewski offered to donate to FFNWF the fly tying materials that remain from the GULF COAST FLYFISHING Club after it disbanded. The **board** meeting adjourned at 7 pm.

The president called the **business** meeting to order at 7 pm. with 15 members present. Russ Shields reported that the Sam's Club card that FFNWF has been using to purchase food items for the Saturday clinics had been issued to the Optimist Club in Pensacola. The card may not be renewed by them. It was felt FFNWF should have its own card and the club approved purchasing an entry card but not a credit card to Sam's Club.

Jay Rudzinski was introduced as a new member.

Bob Korose had just returned from a fishing trip to Alaska for Silver Salmon with some great pictures of his adventure. He has promised to put together a power point presentation for the club to be shown at a future date. The meeting was adjourned at 7:28 pm

Bob Willice secretary.

### *Casting & Tying at the Club.... Tom Regina*

- |            |   |
|------------|---|
| October 14 | Monthly Bull Session, 6:30 PM. Russ Shields will lead us in tying the "Extended Body Parachute Yellow Sulfur".  |
| October 16 | Monthly Casting and Tying Clinic, 9 AM until about 1 PM. Casting instruction and practice with John Brand. Fly tying the " Halfnhalf " with Jerry Aldridge. |

Your club will provide all tying materials to tie both flies. If you have them, bring your vise and tools. The club can also provide a vise and tools for you and your guests.

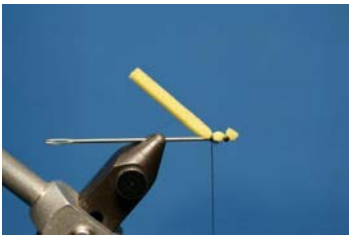
Bring your long rod to the Saturday casting clinic. Club fly rods/reels are available for you and your guests also. Free lunch and beverages will be provided at the Saturday Casting and Tying Clinic. Free beverages are available for all club bull sessions, clinics, and meetings. **The coming month being October, Jerry G. and Russ have decided to do a real Oktoberfest meal for the clinic. There will be good brotwurst, German potato salad, and good German beer plus the regular soft drinks and water.**

## *Extended Body Parachute Yellow Sulfur... Russ Shields*

While I was fishing on the Watauga River earlier this year there was a hatch of fairly large Yellow Sulfurs. I thought of trying to tie a high-floating dry fly to imitate them as well as the smaller versions we frequently see on the Tuckasegee and the Nantahala. Taking an idea from Skip Morris's book "Tying Foam Flies" and a few attempts to tie smaller versions of his flies, led to the development of this little fly. We have demonstrated it here on a size 14 hook but it is better tied on an 18 or 20 for use on the Tuck or Nan. It floats well without using a floatant and should provide lots of hook-ups since similar small yellow bodied and yellow winged flies have worked very well in the past.

### **Instructions for tying the Extended Body Parachute Yellow Sulfur**

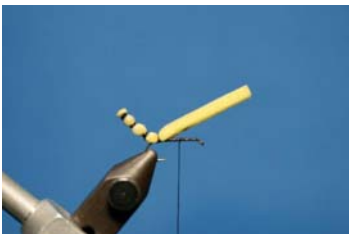
**Hook:** TMC 100 #16 to #20.  
**Body:** 1/8th inch wide strip of Larva Lace foam and 2 ½ to 3 inch sewing needle to form body on  
**Post:** White or other bright color Poly yarn  
**Hackle:** Light yellow or light Grizzly white/tan  
**Thread:** Yellow 8/0 or 70 Denier. NOTE: for photographic clarity we have used a contrasting color.



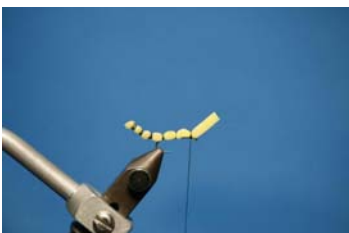
1. Put the needle in the vise with the point outward. Attach the end of a strip of foam to the tip of the needle using some half hitches – three will work fine. Cut the thread.



2. Move up the foam strip about 1/8th of an inch and tie it to the needle with three half hitches. This will form the first segment of the extended body. Keeping the foam strip aligned with the needle, repeat this process two more times, cutting the thread each time to make individual body segments. Each segment should be slightly larger than the previous one so that the body has a tapered form. With a bodkin, place a small drop of head cement on each thread wrap forming the body segments. Let the head cement dry for a few seconds and with the fingernails of your thumb and forefinger slide the foam body off the needle. Remove the needle from the vise.



3. De-barb the hook and place in your vise. Wrap a single layer of closely spaced thread wraps beginning at the eye of the hook and extending to just over the barb of the hook. Put some head cement on the thread wraps and attach the extended body at the rear of the hook, just in front of the bend and above the barb, on top of the thread wraps. The head cement will keep the body from twisting as you attach it to the hook.



4. Advance the thread under the foam to the mid –point of the hook and tie the foam down again, forming the thorax. Advance the thread under the foam again and tie down the foam just behind the eye to form the head of the fly.

## *Extended Body Parachute Yellow Sulfur (continued) . . . Russ Shields*



5. Return the thread to the thorax tie in point and tie in the poly yarn wing post using two figure eight wraps around the foam and hook shank. Wrap several, 8 or 10, wraps up and down the wing post to stiffen it and to tie the hackle to.



6. Prepare a hackle feather and attach it to the wing post wrapping the thread several turns up the post and back down to the bottom of the post. Note: The length of the parachute hackle barbs should be about the same as the hook length. Make three or four turns of the hackle around the post winding the hackle down with each turn. Secure the butt end of the hackle in front of the post using several half hitches. Be careful not to tie down the parachute hackle fibers.



7. Move the thread to just behind the eye and tie it off with half hitches or whip-finish it. Secure it with head cement. Trim any stray hackle fibers below the hook shank and cut the wing post to the desired length.

## *Around the Bay . . . and Further Away*



**Some pictures from my trip to Alaska. Silver salmon, leopard rainbow, and Arctic Char. Plus a brown bear fishing for sockeye salmon. Bob Korose**

**These pics of an alligator came from a source whose identity I have forgotten or never knew. Were they really taken at Ft Pickens?**





## Half N Half

Original recipe by Bob Clouser

<b>HOOK</b>	Mustad 34007, size as desired
<b>THREAD</b>	Strong 3/0 or size "G", color as desired (Bob uses Uni-thread 6/0, Lt Cahill color)
<b>WEIGHT</b>	Dumbbell eyes of desired size
<b>TAIL</b>	Four saddle hackles, bucktail
<b>FLASH</b>	Flashabou
<b>WING</b>	Bucktail of desired color(s)
<b>OPTIONAL</b>	Epoxy



1. Secure hook in vise. Using 10 diagonal wraps each direction, secure dumbbell eyes at the 1/3 back from the eye position. Make 5-6 horizontal wraps below the eyes, but above the shank, to pull diagonal wraps tight. Wind thread to bend and back forward to above hook point.

2. Select four saddle hackle feathers of desired tail color. Tail length should be two to three hook shanks past bend. Marry feathers up, two per side, curving inwards. Match tips together. Secure above hook point and wrap over butts to about mid-shank. Cut excess butts and cover with thread. Attach flashabou running down both sides of tail.



3. Cut a fat matchstick diameter of bucktail (same color as tail). Clean out under fur and attach at about mid-shank with a couple wraps of thread, tips to the rear, extending to middle of tail. With fingers, work the bucktail so it rotates around, encircling hook shank, flashabou and tail.

4. Cut a fat matchstick diameter of bucktail (if using two colors of bucktail this should be the lighter color), clean and stack. Secure in front of the dumbbell eyes with tips to the rear. The butt ends should be just behind the hook eye. Length should extend about a hook shank's distance past the bend. Wrap over the ends toward the hook eye covering the ends fully. Pull the bucktail back between the eyes and secure.



5. Cut, clean and stack another bunch of bucktail. Wrap over the butt ends and cover fully. Build a tapered head, whip and cement. If desired, coat head and eyes with epoxy, and rotate until cured.

## *Around the Bay....and Further Away (continued)*

**West Branch Penobscot River near Baxter State Park, Maine. Home to wild Atlantic landlocked salmon and native brook trout. One of "Fifty Places To Fly Fish Before You Die" according to the**



**book by the same name. From Tom Regina's meanderings**

### **Read the Water for Fishing Success**

**By Capt. Pat Damico – Taken from the Suncoast Fly Fishers Club Newsletter**

We all believe that ten percent of the fishermen catch ninety percent of the fish. Let's think about why this happens. You can have the best lure or bait, the finest equipment, great casting ability and tactile sensation, but if your presentation is not in front of fish, failure will result. If every cast you made on your last outing was in a quarry's strike zone, a banner day would have been the reward of your effort. Was it? What percentage of the time was your bait where there were fish? If all other factors are correct and a fish was not there to pick up your offering, you would have had a very poor day of fishing.

When you plan an excursion to your favorite inshore fishing area, do you have a good idea of where most fish will be concentrated? Seasonal migration is a factor, water temperature, and bait location for the time of the year are also important. We will concentrate on what is under the water's surface where we plan to fish. A freshwater lake where the depth rarely varies is best probed with a good depth finder. Next to an outboard motor, this could be your best equipment investment. Structure that holds fish, usually attracted by the presence of food can be located in deeper water. A GPS or marker buoy can be used to pinpoint a spot that has fish holding potential. Saltwater affected by tides will make this easier.

Have you ever visited your favorite fishing area when the tide was at it's lowest? I'm not suggesting running all over the place up on plane waiting for the first obstruction to damage your boat and possibly the passengers. Go there and stay in the deeper water going slowly and be a keen observer. Look for differences in the flats that will act as fish holding structure or migratory routes. A video camera or a plane 35 mm camera will be helpful. You will be surprised at what some of your productive spots may reveal. One of the mangrove shorelines I like to fish has a deep channel adjacent to the trees as well as several points created by oysters jutting out from land. The adjacent flat has a large isolated oyster bar a hundred feet or so from the shoreline. The isolated bar is very productive at higher tides as I feel reds hold there on their way to the shoreline. Prop scars or small channels will provide security as redfish move to the shoreline in search of food, and will be especially productive if they connect two or more pieces of structure. A deeper area at low tide may be filled with fish waiting to migrate, as water gets deeper. This could be a real "honey hole."

Look for structure adjacent to deeper water. A shoreline that has a lot of fish holding potential will be best if close to a channel. At lower tides this deeper water will hold fish leaving or getting ready to invade the shallows. Mentally think of an approach to this area to fish it effectively without disturbing the fish. I often observe boats approaching a good spot only to throw an anchor overboard, bang hatch lids, create a major disturbance that sends fish scurrying and then after a few minutes of unproductive fishing, reverse the process as they speed to their next hot spot. The presence of birds feeding on the exposed flat will indicate the presence of the same food fish will eat.

Successful fishing is a mental game. The time you spend developing a plan will be a good investment. Don't be in such a hurry to make your first cast. As your observation skills increase, you will get closer to being one of the fabled ten percent.



## Fishing Report... Captain Baz Veluerton



September started off with huge schools of finicky false albacore a couple miles SW of the USS Massachusetts. These were smaller than normal fish in the 3-4# range, and they were feeding on something nearly microscopic. The usual #6 clear gummy minnows were way too big, but nothing else seemed to work. So we stayed with the gummy minnow, and after about 50 casts the "Icelandic Surgeon" Jonas Magnusson landed the fish in the first photo...one of two for Jonas on Sept 3. Matthew Vann also landed a pretty FA...his first ever on fly. Since then the albies have disappeared, but they'll be back soon. I'm hoping for at least one size larger when they return for the fall run.



Close to shore in the Gulf there's been an on and off problem with "June grass" especially east of the pass. The pompano are there, but you have to catch conditions right when the seaweed mysteriously disappears. There are also some pretty hefty bluefish and ladyfish in the mix, so it's best to have two rods ready. West of the pass the water's been slightly off-color but not enough to prevent some excellent sight-fishing. Plus, there's less June grass down there. Bluefish, ladyfish, and pompano are running the same stretches of beach, so you have to be selective about where you put the fly. I don't blind cast without at least 50# bite tippet. Here's a shot of Rob Angus, Birmingham, with a typical bluefish caught on a Gartside gurgler September 10.



The big news for September is the arrival of huge Spanish mackerel on most of the grass beds in Santa Rosa Sound. Look for areas with deeper water close to the grass beds, and fish the dropoffs. We've been using the old standard tan/white Clouser minnow which the club tied at a recent meeting. I don't like wire, so we've been stepping up the leader to 60# mono bite tippet. These fish are so big they'll eventually bite through the heavy mono, so you have to check the leader after every strike. The biggest fish we've landed weighed



7# on the Bogagrip and took Rhad Hayden about a hundred yards into the backing. None have been under 5#. Here's a shot of Rhad with the all-time boat record Spanish caught close to Town Point. The next shot taken Sept 19 is Terry Brykczynski of NYC, who was fishing with his brother Jay (a club member). Jay will vouch for the ferocity of these fish... It's a ton of fun and relatively simple. You don't even have to make long casts...just a lot of them. Let the fly sink and then use a quick 2' strip followed by a pause to let the fly dive. Be sure your drag's set, and keep your hand away from the reel when the fish takes off. We're talking about a very real opportunity for bloody knuckles!

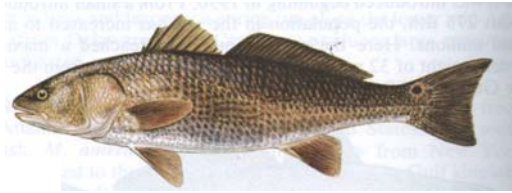


The pompano are starting to show up on the sand and grass flats, too. I've heard of them being caught as far east as Opal Beach. We see a few pompano on every inshore trip when I'm poling the flats, but in September we only landed one of them. Here's Rhad Hayden again with that fish...a beauty caught and released on Sept 20. The fish took a tan/white Clouser minnow.

And finally, the redfish and trout are still on the flats even though the water temp is in the high 80's. We've been having good success on a new fly that Karl Elliott from St Joseph, MO, ties for me. It's a tan/white Clouser minnow tied with Puglisi fibers, and the fish love it. Here's Rhad again with a testimonial from Sept 20. Karl also sells his "Puglisi Clousers" to Gulf Breeze Bait and Tackle. Next time you're in Gulf Breeze check them out.



Capt Baz



# OCTOBER 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
	Business Meeting 7 PM					
10	11	12	13	14	15	16
			Bull Session-Tying & Tall Tales 6:30 PM		Clinic - Casting, tying, gourmet lunch 9 AM	
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30