

M A G A Z I N E

ALL ESTEEM TO YAHUAH



IT'S A TIME TO CELEBRATE

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YAHUAH'S FEAST DAYS

PASSOVER

FEAST OF UNLEAVNED BREAD

FIRST FRUITS
PENTECOST

FEAST OF TRUMPETS

DAY OF ATONEMENT

FEAST OF TABERNACLES



REMEMBERING YAHUAH'S WORK IN ISRAEL

All of the ceremonies that are based around the Feast Days of YAHUAH are to show us the great wonders YAHUAH has done for Israel and also the future wonders that He will do for Israel bringing us to everlasting salvation. YAHUSHA has always spoke to Israel through parables, so even the Feast Days of YAHUAH that are commanded are parables to Israel. We keep them all in remembrance and observe them so we can remain faithful to the promises He has made to His People. Without keeping them in observance we will lose sight of what is to come and lose faith towards our Heavenly Father.

The folly days of the world don't bring anything to our remembrance or give us no type of hope to look forward to. It's literally done just for physical pleasures such as gifts and other things pleasing to the flesh. This is why we promote to keep YAHUAH's Feast Days to have something meaningful to our celebrations.

Colossians 2:16-17
(KJV) 16 Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath [days]: 17
Which are a shadow of things to come; but the body [is] of Mashiyach.



So don't let no one judge you for keeping these days set apart unto YAHUAH for righteousness because they are for a shadow picture of what is to come, the Kingdom of YAHUAH.







FIT FOR THE KINGDOM

PASSOVER







The Passover is the first light of hope we have as a people through YAHUAH's Feast Days. At a time of what seemed to be many crisis going on in the land of Egypt, the children of Israel were able to dwell in Goshen unharmed. Then came the time where YAHUAH said He will place a plague on Egypt to kill all of the firstborn in the land of Egypt. He then told Moses to command to the children of Israel that to avoid this plague they must kill a lamb without blemish and have that blood of the lamb on the doorpost of their homes for the plague to pass over them.

We observe this Feast Day annually so that we can show that we are keeping the Lamb YAHUAH has chosen on our mind so that death can too pass over our houses. We enjoy it with lamb, a bitter herb and unleavened bread (which we will get into what it represents when going over the Feast of Unleavened Bread), eating it in haste and with gladness while celebrating the beginning of YAHUAH's Feast Days.

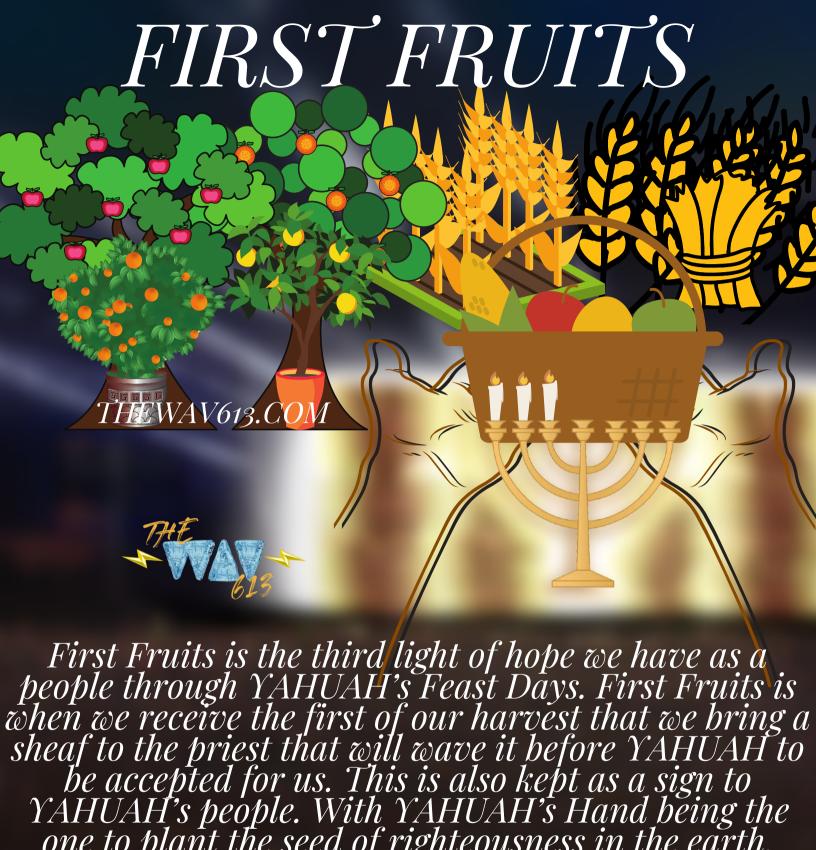


FEAST OF UNLEAVENED BREAD

The Feast of Unleavened Bread is the next light of hope we have as a people through YAHUAH's Feast Days. The purpose of this Feast Day is to go a whole seven days of not pärtaking in any leaven and removing leaven from our houses o that person would be cut off from his people.



As YAHUSHA stated, leaven isn't just concerning bread but it represents sin and it has the quality of making things puff up. The Feast of Unleavened Bread is observed for 7 days straight while only partaking in unleavened bread which is a representation of YAHUAH's Word. So partaking in unleavened bread would be in representation of not partaking in any sin or any puffed up doctrines, which leads to sin. So if we kept that practice throughout each week, we can go without partaking in any puffed up doctrine or any sin everyday.



theaf to the priest that will wave it before YAHUAH to be accepted for us. This is also kept as a sign to YAHUAH's people. With YAHUAH's Hand being the one to plant the seed of righteousness in the earth, there will be first fruits that will be ready for harvest according to the righteousness He has planted. These first fruits will be gathered by YAHUAH's Hand and will be waved before YAHUAH for an offering to be accepted by Him.





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PENTECOST



Pentecost is the fourth Feast in in the year that we hold unto YHUH our Mighty One or the Fourth light of our salvation. It is a day where we bring the first of our hand back to YHUH.



When Do We Keep This Feast?

- Leviticus 23: 15-22
- * 50 Days from the First Fruits sheaf waving.

How Do We Observe?

We shall keep a Feast unto YHUH with a tribute of a free will offering of first of our hand. Which we shall give to YHUH our Mighty One as YHUH has blessed us. And we shall rejoice before YHUH our Mighty One everyone among us in the place where YHUH chose to place his name.



Trumpets the fifth Feast unto YHUH that is in observance of the blowing of the Trumpets. The Fifth light of Salvation. Being watchful for the signs that are mentioned for our deliverance and HIS coming. On the first day of the seventh month where we hold a Set Apart



convocation.

When Do We Keep This Feast?

• Leviticus 23: 23-25

* The 1st day of the 7th month.

What Are We To Look For?

Knowing that no man knows the time nor the hour of the coming of the Son of Man will make his Grand appearance. We are told to look for the signs of the times, Meet his appointed times, and lend a ear to the voice.

ATONEMENT

This day is day we must afflict (humble) ourselves before YHUH. On the Tenth day of the seventh month. It is the 6th light of Salvation.





We must mend all problems and rid of strife amongst us. This can happen before the Day of Atonement even arrives. If possible try to reconcile when it occurs. How can we expect the Father to forgive our trespasses if we are not willing to forgive those who trespass against us. So on this day it shall be a Set Apart convocation, and we shall afflict (Humble) our souls. We shall not do any servile work for it is a day to make an atonement for us. The person who does not afflict themselves this day, he shall be cut off from among his people. And the person who does any work on this day that same soul will get destroyed from among his people. We should not do any manner of work. This shall be a statue forever throughout our generations and in the ninth day of the month we shall celebrate our Sabbath from evening to evening.

FEAST OF TABERNACLE



The last feast we hold unto YHUH our Mighty One. This is the 7th light of Salvation. It is one of the three times we are commanded to appear before YHUH. This time is in representation of when we will be gathered together with Mashiyach for the millennial period (A thousand years of peace). We do Sukkot in the seventh month on the 15th day for seven days.

When Do We Keep This Feast?

• Leviticus 23: 33-36

* The 15th day of the 7th month.





On the first day it shall be a Set Apart Convocation, and we shall do no work. Seven days shall we offer an offering made by fire unto YHUH and on the eighth day we shall have another Set Apart convocation and offer an offering made by fire. It is solemn (serious) festival and no work shall be done in it. This shall be kept as a feast for seven days on the fifteenth day of the seventh month as a statute forever in our generations. Those that are Israelite born shall dwell in Booths seven days. That our generations may know that YHUH made us dwell in booth ms when he brought us our of the land of Egypt.







FOREVER FITNESS 3FOLD WORKOUT

12 MINUTES A DAY (3X A DAY)

DAY 1

DAY 2

LET'S BEGIN WITH 3 STAPLE STRETCHES TO GET THE DAY STARTED (4MINS)

*YADA
*BOKER TOB
*RABOTS

LET'S FOCUS ON GETTING CHORES DONE WITH A SET CORE (8MINS) LET'S START THE DAY OFF
REFOCUSED
*4 MINS OF APPRECIATION

LET'S GET STRETCHED OUT AND PREPARED TO MOVE *4 MINS OF STRETCHING

NORMAL ROUTINE

*4 MINS OF CORE SETTING

DAY 3

*12 MINS OF REFOCUSE

*12 MINS OF STRETCHING

*12 MINS OF CORE SETTING



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