

It's no secret that the cost of living in Sydney has increased steeply over the past year. According to the Australian Bureau of Statistics, annual living costs has risen by 7.1% - 9.6%.

People often have the misconception that food relief charities like LOVE FOR AUSTRALIA are solely helping those who are homeless, unemployed or living on Centrelink payments. However, sadly in the past year we have seen an increasing number of working families, home-owners and even small business owners also needing a helping hand.

Many are reaching crisis point due to the rise in everyday expenses and interest rates.

It only takes one unexpected medical or household expense to tip a family's tight budget upside down.

This is where you and I can step in and make a difference.

Through the Love For Australia store, we offer a helping hand to families and individuals in a temporary financial crisis brought on by an emergency or unexpected circumstance. We operate a *free grocery store* in Seven Hills where households can come (bookings essential) and shop once a week for a maximum of 50 visits in total. Our store is stocked with fresh fruits and vegetables, bread, milk, pantry items, personal hygiene and household cleaning products.

Customers are able to access more than \$50 worth of groceries each week, helping them get back up on their feet faster.



1/4A Foundry Rd Seven Hills NSW 2147 www.loveforaustralia.com.au

"Spreading LOVE for Australia one grocery item at a time"

IMPACT SNAPSHOT

7849

Number of people the LOVE FOR AUSTRALIA store has helped in the last 18 months, from January 2022 to July 2023

\$153,945

Approximate dollar worth of groceries given away in the last 18 months, from January 2022 to July 2023

Who has Love For Australia helped?

The LOVE FOR
AUSTRALIA store has
helped a growing
number of people over
the last 18 months.

In just the past 12 months between July 2022 to July 2023, the number of mouths fed through the store has grown by more than 350%.



MAIN REASONS FOR NEEDING FOOD RELIEF





14.1%

Our Gratitude Report

First and foremost, our biggest thanks goes to God. We would not have been able to achieve what we achieved or be able to do what we do without His divine help and provision.

Secondly, we would like to express our deepest gratitude to those who have supported LOVE FOR AUSTRALIA throughout the year. We appreciate every dollar and every product donated and we pray for God's abundant blessing to be upon you.

How can you help







- Financial donation All donations above \$2 are tax deductible. Our charity is run by unpaid volunteers, thus all financial donations are 100% utilised to serve the community.
- Product donation Visit our website for donation ideas:
 www.loveforaustralia.com.au/wishlist
- Hold a food drive on behalf of Love For Australia in your workplace/community group/school.
- Spread the word Tell others about Love For Australia. Your message can help reach someone needing help or someone who can offer some help.