



Finding Her Purpose

Local Woman Uses Her Journey to Healing as a Catalyst to **Help Others Heal**, Too

By *Katie Chatham*

Ginny Jablonski's story—one of determination and strength—is worth listening to, and in many ways, it's easy to identify with, when taking on a posture of an open mind and an open heart.

Ginny struggled with chronic pain after working for years in the high-stress environment of private security. As her pain intensified, she began to search for a solution. Her doctors identified the source of her pain as Rheumatoid Arthritis and Degenerative Disk/Joint Disease, and eventually they diagnosed her with Lyme Disease as well.

In 2009, a doctor finally told her Fentanyl was her only hope of feeling better. She had refused narcotics for eight years, but, exhausted from searching for answers, she reluctantly accepted the prescription.

For four years she struggled with the side effects of the drug, which continued to degrade her quality of life to the point where she was bedridden. Eventually, she had what can

only be described as a “Near Death Experience.”

In 2013, on the night before her 47th birthday, she went to bed as usual, but as she slept, the side effects of Fentanyl took hold and suppressed the part of the brain that controls breathing. Those signals stopped firing, and she stopped breathing.

“I died,” she said during a recent interview.

She described a scene where she met a man that looked like Jesus and felt as if she had a choice to leave her life or stay. She remembers feeling it was not her time to go, yet.

“I heard noises, looked behind me, and there were roughly 40 horses. I could sense them saying, ‘Please don’t go.’”

Ginny woke up in a panic, feeling as if her lungs were on fire. She knew after that experience that she still had a purpose on this earth, and she was determined to live. But first, she had to get off Fentanyl. The doctors warned her that “Nobody ever gets off Fentanyl on their own,” but she did. She began to educate herself extensively about alternative healing modalities, and she began to heal and

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alternative healing modalities, and she began to heal and develop a passion for helping others.

Ginny soon found that she was more sensitive to energy. She could actually feel energy in the people and animals around her, particularly in horses. She decided to devote her time to helping people and animals heal using the gentle nature of horses to aid her. She currently holds sessions with both people and animals.

She holds certificates in areas such as Equine Shiatsu Massage, Cranial/Sacral work, and Reiki Healing.

“There is no protocol to what a session may look like,” she said. “The nervous system speaks to me, and that is the way I am able to help. I do not diagnose, but I am able to give direction.”

If she’s working with an animal, she can guide the vet to the animal’s pain by sensing the animal’s nervous system and following it to the affected area. If it is healing for a person, she can identify the affected area and use techniques such as Reiki to help the person release whatever is affecting them.

Ginny has been able to help people across the nation and overseas in countries like Ecuador, Belgium, Canada, Switzerland, and England. She spends a lot of her time traveling and sharing her experience. Not only has Ginny found healing in her own life, but she wants others to hear her experience, to feel safe around it, and to heal as well.

For more information, email Ginny at redskyeranch@gmail.com.

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