

# 62<sup>nd</sup> Kraskin Invitational Skeffington Symposium

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## *“The Science and Application of Intention”*

By

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**Take home point:** It matters what you believe, be careful in what you believe, cultivate your beliefs, and share those beliefs.

**Reference:** Tiller Ph.D., William A. “Psychoenergetic Science: a second Copernican-scale revolution”, Pavior Publishing, California 2007

**Key Words:** Psychoenergetic, Copernican, heliocentrism, deltrons

**Assumption of Conventional Science:** A well designed targeted experiment in physical reality is unaffected by any human qualities of intention, emotion, mind, or spirit.

**The Question:** What does intention of both the optometrist and the patient have to do with patient and/or doctor outcomes? And what does conventional and progressive science have to say about it? And most importantly what do we do as optometrists, patients, and care givers?

### **Practitioner Examples:**

1. The Glaucoma patient without glaucoma.
2. The “bad” eye, “lazy” eye, “wandering” eye
3. The plaque of Astigmatism
4. Any ICD-10 diagnosis code
5. Disease as an identity.
6. The liability of success and mutual enabling

**Tiller’s Experiment:** Tiller demonstrated that intention can alter reality. Briefly stated his experiment involved raising the ph of water from 7 to 8 placed at various distances even on other continents through the mere meditation of several human beings.

**Tiller’s Prediction:** Tiller proposed “that this new, second Copernican-type revolution will, in terms of scale be at least as significant for the progress of humankind as the first one!” The Copernican revolution radically changed our view of ourselves and the world from an earth centered view to a sun centered view. With heliocentrism, the earth revolves around the sun instead of the Sun around the earth, we were no longer at the center of the universe and thus, more was out there to discover.

**Tiller's Hypothesis:** "There are two unique levels of physical reality. One is the conventional, particulate, electric atom/molecule level and two a new, magnetic, information wave level that has much in common with the old "ether" concept of the 1800's." There also is required to exist a coupling medium, of still higher dimensional nature, that allows these two, unique levels of physical reality to meaningfully interact." This second level of reality can be modulated by human consciousness, intention, emotion, mind, and spirit! However we cannot measure it with conventional instrumentation. The coupling medium Tiller calls a deltron. A deltron can travel faster or slower than light and is a product of the emotional domain as it serves to communicate between the physical and spiritual realm. This may help explain sensational phenomena like remote viewing, clairvoyance, precognition, and psychokinesis.

**Tiller's Conclusions** are involved, complicated and profound. They have scientific, philosophic, and spiritual implications. The scientific implication is that there are other factors not measurable with instrument involved in our observations. The philosophic considerations challenge conventional truth. And our personal spirituality has influence and gains credibility.

**Some interesting facts:**

1. The placebo effect is on the rise. In 1999, Enserink wrote that double blind drug studies had a zero effect in the 1980's, but now the effect is so strong that drug trials fail, because they cannot beat the placebo effect. So just take a sugar pill!!!
2. A meta-analysis of 19 antidepressant drug trials revealed that the average placebo effect accounted for 75% of the drugs effect!

**Conflict:** What does this say about the scientific method that requires the isolation of variable in world of known and unknown variables? What does this say about double blind experiments by indifferent participants? Does indifference in approach lead to indifferent results? How do you know if one is indifferent? Is the original researcher indifferent to the results? Not likely. How do you measure intention and even do you know what the intention is?

One researcher well known to this group is the late **Harold Sloan, OD** who provided wonderful studies demonstrating the benefits of optometric vision therapy. At the same time I believe, he believed in vision training and did that personal believe influence his results. And if so is that even a problem?

**What is science?** Science is but a tool of observation to understand our world.

**Heisenberg uncertainty principle:** In quantum physics, the more we know of a particle's position the less we know of its momentum. Heisenberg demonstrated the **observer effect** that showed the mere observation of a wave event influences the event.

**Quotes:**

1. "you learn more from the exceptions to the rule than the rule itself", Robert Kraskin.
2. "Science is not about status quo, it is about revolution." Leon Ledderman (*the God Particle*) 1993
3. "Any sufficiently advance technology is indistinguishable from magic." Arthur C. Clarke, *Technology and the Future*, Harper 1972

**What do we do?** The late Dr. Robert Kraskin for whom this meeting is partly named frequently said “there are very few facts in the world; it is full of mostly beliefs and concepts”. Given that, may we then search our beliefs in addition to the facts as important constructs to our understanding of vision? Then may we proceed with confidence that our beliefs are just as important or more so as the science and facts we hold dear.

**As an optometrist** I try to highlight what is good and describe the problem as temporary and may improve with sound optometric intervention and patient participation. I try to avoid conventional absolutes and frame things as an opportunity for growth. My experience suggests simply that most patients want to know if you understand their situation and do you have a plan to address it. And generally if you are able to communicate that understanding and plan with a firm belief, it sells.

**What is the downside?** Be careful what you believe. As perception is reality, be careful of negative thoughts. As the Psychoenergetic community sees a rise in the placebo effect, I believe the opposite nocebo effect is also on the rise. Do we create, add, or worsen our afflictions. Do we create diseases? Do they become causes that bring meaning and value to our lives? Do we really want to eradicate them? Do we really want to heal? I say dare to be healed!

As a parent of a special needs child, it can be an all consuming project. This project can become an enduring personal mission. I have a 26 year old daughter with Down syndrome. As her father I see the issue as acceptance and management. Now that I have accepted her for what she can and cannot do, I just manage the situation. For me the mission is complete.

My wife has not fully accepted her capacity and therefore continues to push for more independence. This leads to frustration and exhaustion over what has not been done. For her the mission is incomplete. But at the same time she still has a mission. Does she and we in a general sense wish to have a mission as possibly a purpose in life? Then do we really want to complete the mission? So if we complete the mission, then what do we do? By completing the mission have we created a problem for ourselves to find another purpose?

So as an optometrist striving to solve the needs of children with special needs, have I inadvertently deprived their parents of their mission? In some cases I can say yes as the parent needs to reorient themselves to themselves and plot a new path. Some parents get depressed as their child needs them less. Growth has its liabilities. But this was a surprise to me and an unexpected consequence of success.

**Scripture:**

1. Proverbs 12:18 “the words of the reckless pierce like swords...”
2. Proverbs 16:24 “Gracious words are honeycomb, sweet to the soul and healing to the bones.”

**Take home point restated:** It matters what you believe, be careful in what you believe, cultivate your beliefs, and share those beliefs.

**Be intentional!**