Happenings - February 2023
Focus: Community Helpers

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | Whole Foods 2 | 3 |
|  |  | Kindness Lesson \#12: What else can we do when we are upset? (self-regulation, identifying feelings in self) <br> Book: When Sophie Gets Angry | Banana <br> Make it! Banana Muffins | Outdoor Learning Chalk and Hammers <br> HAMMER <br> PAINTING <br> Music and Movement: Johnny works with one hammer (coordination, focus, balance, following directions) |
| 6 | 7 | 8 | 9 | 10 |
| KWL: Post Office Dictation: Introduce Letter Writing "friendship letter" <br> Literature: Dear Mr. <br> Blueberry <br> Dear Mr. Blueberry | Discussion and exploration: explore an assortment of interesting stamps <br> (classification, sorting, alike and different) <br> Math: Stamps and Envelopes <br> Literature: Can I be Your Dog? <br> Write our Friendship Letters | Whole Foods: Make Cauliflower Mac and cheese (nutrition, vocabulary words) Art: decorating Bags using stickers and crayons (creativity, fine motor) <br> Write our Friendship Letters | Kindness Lesson \#13: Mindful Movement (focus, attention, follow directions) <br> Movement activity: Animal Action | Discussion: Airplane deliveries <br> Science: making paper airplanes <br> Art: decorating Bags using stickers and crayons <br> Mail Friendship Letters |


| 13 | 14 | 15 | 16 | 17 |
| :---: | :---: | :---: | :---: | :---: |
| Geometry: <br> Transformation of 3Dimensional shapes | Love Fest and Valentine Exchange (share our love for others, celebrate Valentine's Day) <br> Science: Listening to heartbeats and discussion about the human heart <br> Art: Heart Cutting and decorating | Kindness Lesson \#14: <br> Forgiving Myself (healthy peer relationships, emotional and mental wellbeing) <br> Book: Down the Road | Math: Positional Words (prepositions) Trucks on the road which way will they go? | School Closed <br> Teacher Prep day |
| 20 | 21 | Whole Foods 22 | 23 | 24 |
| School Closed for Presidents Day | Discussion: Dentist reflection/ teeth brushing(share ideas, social, language and knowledge) <br> Science: Egg Experiment | Spaghetti Squash Buttered "noodles" or marinara | Kindness 15: Forgiving Others <br> Book: Down the Road (review) <br> Movement: Egg and spoons <br> "I didn't mean it. Are you OK?" | Math: Counting Teeth (subitizing, one to one) <br> Art: Tooth brush Painting |


| 27 |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| Kindness 16: Gratitude for <br> people or things in my life <br> Book: Gracias/ Thanks <br> Brain Game: stand and <br> repeat | Geometry: Draw what you <br> see! <br> Bring in a 3 dimensional <br> shape from home (cube, <br> Cylinder, sphere, pyramid <br> etc) |  |  |  |

