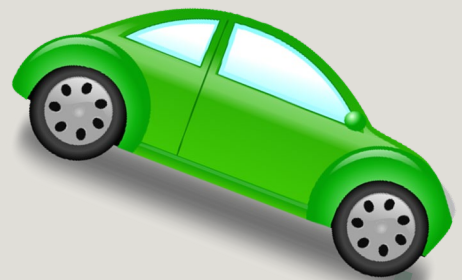




Plan your adventure!

R.O.A.D. M.A.P.S.*

Writing Clear & Helpful Goals



Realistic

Optimistic

Actionable

Dated

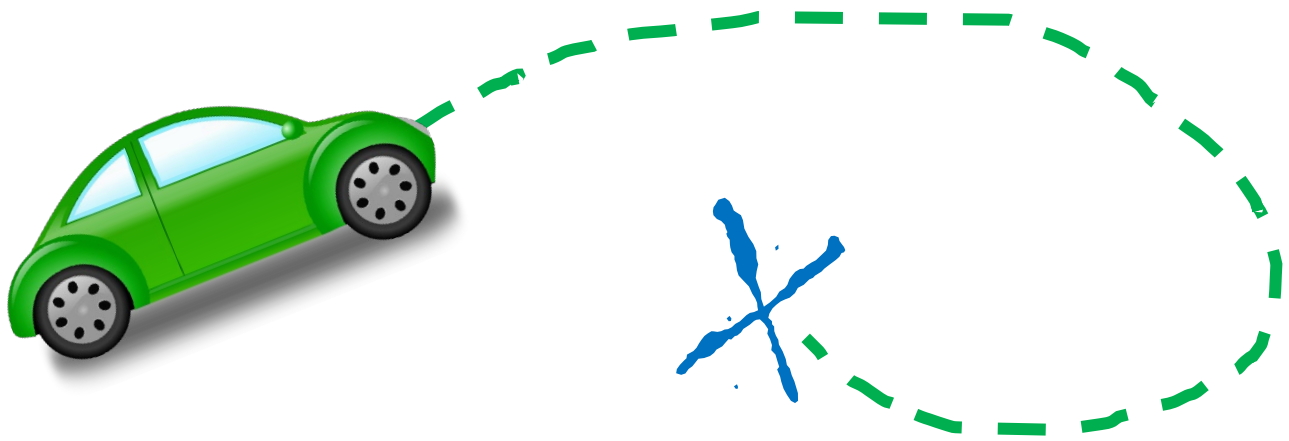
Measurable

Achievable

Personal

Specific

* The R.O.A.D. M.A.P.S. model has been adapted from a combination of the S.M.A.R.T. Goals & D.A.P.P.S. goal-setting models.



R	realistic	Set reasonable goals. Ask yourself, "Can I finish what I want to do during this 4-H year knowing what I know now?" If not, choose a project you can finish that might help you learn new skills for next year.
O	optimistic	Think positively! Describe what you plan to accomplish instead of focusing on what you are NOT going to do.
A	actionable	We only have control over our own actions and behaviors, not the actions and behaviors of others. Be very careful to set goals that require you to take action instead of other people.
D	dated	Making progress towards goals is usually more successful if you think about the time your project will take and you work towards that deadline. It is okay to change deadlines if your project is taking longer than you originally thought it would.

M	measurable	How will you know you have reached your goal? Write your goal so you will be able to tell how close you came to reaching it. Did you create objects? Did you learn new skills?
A	achievable	Reaching goals means growing and stretching. Set goals that require the right amount of "stretch" so that you feel good about striving for them. If you feel overwhelmed, talk to someone you trust and figure out how to make a more reasonable goal.
P	personal	Striving to reach goals can be both challenging and fun! Plan to work on things you care about so you can grow in ways that matter to you personally. Even if you and a friend are both working on the same project area, you may have different goals.
S	specific	The more detailed and specific you make your goals, the easier it will be for you to decide how to go after them and to know when you have reached them.