

## When to Winter Sow Seeds Zone

This is a guide, seeds sown in early- mid winter are those that need scarification

Mid Dec	January/Early Feb	Late Feb/ Early March	Directly in ground as soon as soil can be worked
Trees	Arugula	Tomatoes	Peas
Woody vines	Asparagus	Peppers	Cucumber
Shrubs	Beets	corn	Onion sets
Lavender	Broccoli	eggplant	Potatoes
Rosemary	Brussels Sprouts	okra	
Alstromeria	Cabbage	pumpkin	
Milkweed (Asclepias)	Cauliflower	squash	
Baptista (False Indigo)	Collards	sweet potato	
Butterfly Bush( Buddlejah)	Endive	watermelon	
Marsh Marigold (Caltha)	Kale	coleus	
Turtle head (Chelone)	Kohlrabi	vinca	
Cranes bill geranium	Leeks	zinnia	
German Statice (Goniolimon)	Lettuce	Marigold	
Fancy leaf Coral Bells (Heuchera)	Mustard	Begonia	
Lenten Rose (Helleborus)	Radicchio	Salvia	
Hardy Hibiscus (Hibiscus)	Darish	Inpatiens	
St Johns Wort(Hypericum)	Spinach		
Perennial Sweet pea (lathyrus)	Swiss Chard		
Evening Primrose (Oenothera)	Turnip		
Phlox	Cosmos		
Chinese Lantern (Physalis)	Daisy		
Baloon Flower (Platycodon)	Dianthus		
Black eyed Susan (Rudbeckia)	Lupine		
Scabiosa	Morning Glory		
Stone Crop (Sedum)	Poppy		
Violets	Snapdragon		
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Columbine	Echinacea		
	Anise		
	Borage		
	Burdock		
	Catnip		
	Chamomile		
	Chives		
	Cilantro		
	Dill		
	Lemon Balm		
	Marjoram		
	Parsley		
	Thyme		
	Valerian		



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