It helps if you remember that everyone is doing their best from their level of consciousness. (Deepak Chopra)

You are not Alone

ALONE is a national organization that strives to enable older people to age at home, safely and securely, for as long as they wish. If you are an older person who would like to learn more about this service, please call ALONE's National Support Line on 0818 222 024. Available seven days a week from 8am to 8pm.

Domestic Abuse

You do not have to live with control and abuse in your home, Support is right here in your community. Visit www.safeireland.ie to find your local service or call the National Abuse Helbline 1800 341 900

Diocesan Child Protection Services

For support or advice or to report any concerns you may have regarding child protection matters, please contact the following parish representatives: Kilmore Quay; John Stafford: 087 914 8009; Kilmore: Tomhaggard

Samaritans Helpline

Call Us Free, From Any Phone. Find Out More Now. You Talk, We Listen. Call Us Free on 116 123.

Bereavement Support Line

If you or someone you know is struggling at this time, we are here to help you. It is free to call our Bereavement Support line 1800 80 7077 Monday to Friday 10am to 1pm.

Pieta House, Preventing Suicide and Self Harm

If you have any concerns, please contact our team on 0818 111 126. Pieta Crisis helpline 1800 247 247 or text Help to 51444

Women's Refuge

For women in crises there is a 24-hour Free Helpline 1800 220 444

Alzheimer Society of Ireland

The Alzheimer Society of Ireland's National Helpline Service is open six days a week. Call 1800 341 341/email helpline@alzheimer.ie

Appreciation is a wonderful thing:

It makes what is excellent in others belong to us as well. ~ voltaire

Reflection

So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable. Hold fast to dreams for if dreams die, life is a broken winged bird that cannot fly. When the world says, "Give up," Hope whispers, "Try it one more time".

Clothes Collection

Kilmore Camogie Club will hold their annual spring clothes collection on Saturday May 11th from 9.30am to 12 noon at the GAA club. All donations greatly appreciated.

I C A News

Kilmore Quay I C A monthly meeting for May will take place on Wednesday May 8th at 3pm (please note change of date in Stella Maris Centre. All members are invited to attend.

Birthday Wishes



We congratulate **Sean O' Keeffe** from Mulrankin who celebrated his special surprise Birthday on Friday night. As he toasts his 'Four Score' of years of life we wish him every blessing for the next score of his life.

Lac Bates, Kilmore Quay celebrated his 99th Birthday

during the week.Congratulations Lac from all of us in the parish. Wishing you continued good health and happiness.

Community Lotto



Today will never come again Be a blessing Be a friend Encourage someone Take time to care Let your words heal, and not wound.



Other Services include:

Photocopying Scan & Email

Laminating







NEWS & REFLECTIONS St Peter's Church Kilmore Quay Co Wexford



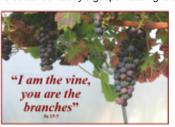
28th April 2024 - Fifth Sunday of Easter

V. Rev Fr. Patrick Mernagh 086 2256794

These months bring great joy as the freshness of spring gives way to the beauty of early summer

Reflection on the Gospel for the 5th Sunday after Easter

The context of today's gospel reading is Jesus' long talk to his disciples at the Last Supper. While fully



aware of his enemies' determination to destroy him, Jesus' concern is not for himself but for his disciples. He wants to prepare them for the challenges they will face in bearing witness to him and continuing his mission. Throughout John's Gospel Jesus uses images, such as Light, Bread, Shepherd, to convey his message. In today's gospel reading he uses an image familiar to his disciples: the image of the vine and the branches. Here Jesus applies the image of the vine to himself and his relationship with his disciples. Jesus is the vine, and we are the branches. Without the nourishment, moisture and support offered by the vine, the branches wither and die. This

means that our lives must be rooted in Christ – a truth we may find hard to accept at a time when self-reliance, independence, and self-assertion are promoted as the supreme values. Nowadays, we are encouraged to create our own identities. We are told that we are what we make of ourselves. It is, of course, true that we can, and must, shape and direct our lives. But the image of Christ, the vine, reminds us that we are loved, sustained, redeemed, and sanctified through the person of Christ, and that, cut off from him, we are, quite simply, worthless. The image of the vine also illustrates that Christ needs us. We are the branches, and it is the branches that bear the grapes. In the oft-quoted words of St Teresa of Avila: 'Christ has no body now but yours, no hands, no feet on earth but yours; yours are the eyes with which he looks compassion on this world; yours are the feet with which he is to go about doing good; and yours are the hands, with which he is to bless

"Dear brothers and sisters, we are always journeying in life. And we become what we go towards. Let us choose the way of God, not of self; the way of "yes," not the way of "if." We will discover that there are no unexpected events, no uphill path, no night that cannot be faced with Jesus. May Our Lady. Mother of the



journey, who by receiving the Word made her entire life a "yes" to God, show us the way." (Pope Francis)

World Meeting of Parish Priests

Fathers Kevin McElhennon of the Diocese of Derry, and James Fegan of the Diocese of Ferns, have been nominated as two priest representatives from the Irish Catholic Bishops' Conference to attend the World Meeting of Parish Priests which will take place from 28 April to 2 May at the Fraterna Domus in Sacrofano, near Rome. Approximately 300 hundred parish priests have been identified by their Bishops' Conferences to participate in this worldwide meeting of listening, prayer and discernment.

March for Life Ireland 2024

Shining A Spotlight on Ireland's Abortion Law and Calling for Positive Supports for Mothers Our Next March takes place on Bank Holiday Monday, 6th May, 2024 at 2:00pm. Marching In Dublin from St. Stephen's Green to Leinster House. Join Us in Advocating for Change, Unity, And Empowerment for Mothers and Their Babies. Be A Part of Something Bigger – Let's Make a Difference Together.

ANNIVERSARIES



KILMORE QUAY: Mass 6pm Saturday.

Ryan Donnelly-Dobbs whose heavenly 19th birthday occurs on April

April 27th: We pray for the soul of Tommy Roche, Neamstown, and his daughter-in-law Angela Roche, Piercestown and Des Behan, Killag, all of whose anniversaries occur at this time.

ੀ May 4th: We pray for the souls of **Frank Scallan**, Kilmore Quay, whose 2nd anniversary occurs and for **Paul**, Maureen and Tom Cullen, Libgate whose anniversaries also occur

TOMHAGGARD: Mass on Saturday 7.30 pm.

- ੀ April 27th: We pray for the souls of Mary Reville-**Culleton,** Tomhaggard, whose first anniversary occurs, and for Tom Troy, Tomhaggard, whose 7th anniversary occurs.
- ਪੈ May 4th: We pray for the souls of Martin, Ann and Tony Murphy, Mountpill whose anniversaries occur.

KILMORE: Mass Sunday 10am.

- पे April 28th: We pray for the soul of Maurice Lonergan, Wicklow and Seaview, whose anniversary occurs.
- ी May 5th: We pray for peace in our world, especially in Ukraine and Gaza.

MULRANKIN: Mass Sunday 11.30 am

- P April 28th: We pray for the soul of **Pat Kehoe**. Bridgetown whose anniversary occurs.
- ൻ May 5th: We pray for all volunteers in our parish.



Adoration and Rosary.

Sunday Adoration has resumed at 3pm each Sunday.

Join us for this month of Mary for the rosary every Monday and Friday '@ 6.30pm. as usual.

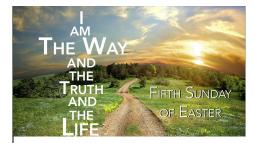
We also pray for all our loved

ones who have gone before us. May they rest in peace.

"I believe that when death closes our eyes, we shall awaken to a light of which our sunlight is but the shadow." (Schopenhauer)

When our earthly life is over, all that matters is the love you shared and the difference you made.





Reflection

Keep your head high no matter what happens. You'll be alright. If the moment hurts, do not fall victim to its pain. Look ahead. Focus on what can be. Focus on dreams. You'll make it. (Egypt - The goodbye. Co).

Mass online and via the parish radio

To access Mass on the parish website go to www.kilmoreparish.com.The webcam goes live15 minutes before Mass. To access Mass on the parish radio tune in to 103.90FM.

Anniversary Masses

All requests for anniversary masses must be made to the parish office. The office is open Tuesday to Friday between 10.30am and 12.30pm.

Mass online and via the parish radio. To access Mass on the parish website, go to

www.kilmoreparish.com. To access Mass on the parish radio, tune in to 103,90FM.

Reminder Dates for your Diary

May 26th Patron Sunday at 2pm in Kilmore Cemetery.

Newsletter Deadline

Please email notes for the newsletter to Mary Archer on maryokeeffearcher@gmail.com /087 2480288 before noon on Friday please.

I was shown a mountain whose summit seemed to be cloaked in a cloud. I saw many souls. moving up the mountainside and I noticed that when they reached the cloud, they hesitated and seemed afraid to move through it. I heard the words:

Fear not. Move through the cloud of unknowing into the glorious sunshine and be consciously aware of me and my divine presence, for I am everywhere. There is no place where I am not. (Eileen Caddy, Opening Doors Within).

If I loved myself enough I would take the gift of life seriously and gratefully.





A new beauty appears as the garden fills with colour. Flowers open, leaves unfurl and trees start to put on their full summer foliage. Each day brings something new, especially in the perennial beds, and the gardener is busy indeed, feeding, watering, staking, mowing and nurturing the lawn, and dealing with the abundance of weeds and the surge of life among the garden pests who have found a foothold for themselves in the warming earth.

If the gardener is not careful, there will scarcely be time to enjoy it all, where is so much to be done to keep pace with nature's

summer abundance. It is important to take time between tasks

simply to sit and wonder, to take a cup of tea or a cool summer drink out into the garden and just sit and stare and experience the beauty and joy of it...These months, with their long, busy days and languorous evenings, are the time to tune in also to the beauty of our lives and to discover the joy there is in loving with grateful hearts. (Sr. Stanislaus Kennedy, Gardening the Soul).

Conversations with Women in the Bible

Exploring insights from their stories and God's transforming presence in their lives Date: Friday May 10th Venue: Ballyvaloo Retreat& Conference Centre, Blackwater, Co. Wexford Speaker: Therese Fitzgerald, Cost: € 30 (includes lunch)-Pay at the door Time: 10.00 am - 4.30 pm Booking to Sara or Catherine 056-7722870 9.00 am - 5.00 pm or regionaloffice@ssig.ie before May 10th

Pilgrimage for Life

The National Pilgrimage for Life will take place on Saturday, May 4th, 2024, at Knock Shrine, Co. Mayo. Join us as we pray for the protection of all human life. Starting at 3.00 pm with Mass and anointing of the

- ♣ Don't let your worries get the best of you. Remember: Moses started out as a basket case.
- ♣ If God is your co-pilot, switch seats.
- ♣ The will of God will never take you to a pace where the grace of God will not protect you.
- ♣ We don't change the message; the message changes us.
- # It is easier to teach ten sermons than it is to live one.
- 4 The task ahead of us is never greater than the power behind us.

Prayer of Intercession: Unexpected Places (inspired by Luke 24)

You come to us in unexpected places, In a crowded room, in a journey on a dusty road, In conversation, in the stillness

You come in the midst of our doubt, our fear, our sorrow

You come in the power of the resurrection

No pain and suffering is unknown to you.

You bring us peace and we pray for the places where there is no peace

Countries torn by war, refugees seeking homes, prisoners facing torture. You bring peace, peace to the tensions and conflicts within us.

To the regrets, the failure, the broken relationships the lost friendships. You bring peace for you are a friend to us

When we are alone when we are lonely unseen, you are there.

You bring us peace and we pray that we too may become peacemakers. (Susan Miller)

When we visit and revisit the wild places that are special to us, experiences of transcendence are waiting for us (Tony Jones in Richard Rohr's daily medications extract)

want the rainbow, You

