

Developmental assets are essential building blocks for young people's achievement and thriving.

Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring and responsible.

- Support
- Empowerment
- Boundaries
- Constructive use of time
- Commitment to learning
- Positive values
- Social competencies
- Positive identity

Life Skills

Room 126
345 Broadway Street West
Yorkton SK S3N 0N8

Phone: 306-782-4711
Fax: 306-782-3926

Email:

lifeskills@signyorkton.ca

Website: signyorkton.ca

Find us on Facebook: [signyorkton](https://www.facebook.com/signyorkton)



Life Skills



306-782-4711

Program Purpose

Life Skills is a preventative and proactive program which focuses on quantifying and developing life skills and developmental assets of youth.

Program Eligibility

Open to all youth between the ages of 12 and 20 years.

Referral Process

Youth, family and community agencies can contact the program.

Phone, email or stop by to set up an appointment or for further information.

Key Program Points

Life Skills provides youth a safe, supportive environment to help them further develop skills to overcome barriers, develop positive relationships and to promote wellness.

A strengths-based approach is utilized to meet the diverse needs and abilities of youth.

Program hours are flexible to meet the needs of the youth and family.

