

WORDS OF INSIGHT AND INSPIRATION TO HELP YOU ON THE WAY



Burnout: A Spiritual Crisis – an alternative exploration of burnout beyond stress.

Coming Home – a practical guide to spiritual awakening.

Contemplation – reports from contemplatives down the ages and practical guidance on how to be receptive to the contemplative Way.

Heartfulness: the way of contemplation – a deep experiential plunge into the way of the mystic.

Beloved – a mystic's poetic response to the spiritual search for Home.

Yours, Faithfully – a poetic conversation between soul and Beloved.

Song and Dance for the Way Home – music, words and sacred dance steps with CD for the contemplative Way.

The Kentigern Way: A life and Lakeland pilgrimage – the 6th century life and times of St. Kentigern and pilgrimage map for the Northern Fells.

A Grasmere Pilgrimage – a pilgrimage route and guide around Grasmere in the heart of Wordsworth country.

Available from all good bookshops or on line
or from the Sacred Space Foundation (www.sacredspace.org.uk)