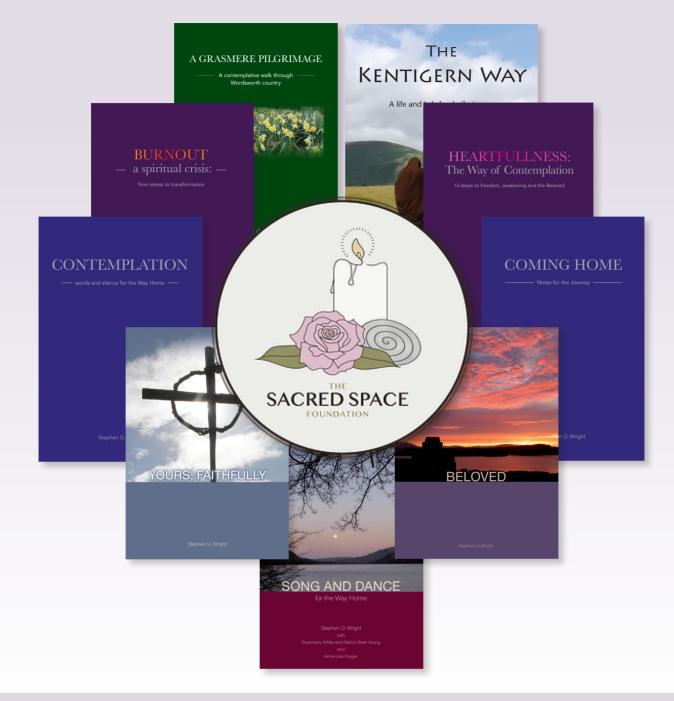
WORDS OF INSIGHT AND INSPIRATION TO HELP YOU ON THE WAY



Burnout: A Spiritual Crisis – an alternative exploration of burnout beyond stress.

Coming Home – a practical guide to spiritual awakening.

Contemplation – reports from contemplatives down the ages and practical guidance on how to be receptive to the contemplative Way.

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Beloved – a mystic's poetic response to the spiritual search for Home.

Yours, Faithfully – a poetic conversation between soul and Beloved.

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The Kentigern Way: A life and Lakeland pilgrimage – the 6th century life and times of St. Kentigern and pilgrimage map for the Northern Fells.

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