



# FUELED BY HEAVENLYFIT

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CALL OR TEXT TO ORDER  
 714-767-9726

Delivery +\$10 within 20mi.

Olive & Avocado oil used to prepare all meals

## Breakfast

### Blueberry Protein Overnight Oats \$8.49

Cold oats mixed with almond milk, protein powder, chia seeds, cinnamon, topped with greek yogurt, blueberries and nuts. (DF yogurt available upon request)

Calories: 339 Carbs: 42 g Protein: 26 g Fat: 28 g

### Cinnamon Apple Protein Overnight Oats \$8.49

Cold oats mixed with almond milk, protein powder, chia seeds, topped with apple, cinnamon, and granola. (DF yogurt available upon request)

Calories: 370 Carbs: 41 g Protein: 38 g Fat: 8 g

### Breakfast Plate \$10.99

Eggs served with red potatoes, red peppers and chicken sausage. + salsa.

Calories: 368 Carbs: 28 g Protein: 26 g Fat: 15 g

### Energy Bites \$7.99

No-bake mixture of oats, peanut butter, honey, chia seeds, dark chocolate nibs and coconut flakes. (3)

Calories: 339 Carbs: 18 g Protein: 18 g Fat: 5 g

### Sausage Skillet \$10.99

Sausage paired with potatoes, bell peppers and mushrooms. Topped with eggs + salsa.

Calories: 375 Carbs: 29 g Protein: 28 g Fat: 10 g

### Breakfast Sandwich \$10.99

Eggs, cheese, turkey bacon, arugula served on gluten free bread. (DF cheese available upon request)

Calories: 295 Carbs: 14 g Protein: 28 g Fat: 3 g

## Beverages

**Celery Juice** \$8

**Watermelon Juice** \$8

**Pineapple Juice** \$8

**Ginger Shot** \$4

**Protein Shake** \$9

## Entrees

\*Vegan substitute available upon request

### Chicken Fajitas \$14.99

Juicy marinated chicken served with bell peppers, onions and basmati rice.

Calories: 365 Carbs: 39 g Protein: 29 g Fat: 10 g

### Grilled Chicken Salad \$13.99

Chopped lettuce and kale served with grilled chicken, tomatoes and red onions + green goddess dressing.

Calories: 227 Carbs: 10 g Protein: 29 g Fat: 8 g

### Steak Stir-Fry \$14.99

Steak mixed with broccoli, green beans, served with basmati rice + sauce.

Calories: 347 Carbs: 47 g Protein: 34 g Fat: 3.7 g

### Korean Ground Beef Bowl \$14.99

Marinated ground beef served with jasmine rice and green beans + Korean glaze sauce.

Calories: 396 Carbs: 44 g Protein: 29 g Fat: 11 g

### Spaghetti Squash w/ Meat Sauce \$13.99

Spaghetti Squash served on top of ground turkey red sauce and broccoli.

Calories: 281 Carbs: 24 g Protein: 28 g Fat: 8 g

### Surf and Turf Fajitas \$14.99

Carne asada and shrimp mixed with sautéed onions and bell peppers served with rice.

Calories: 381 Carbs: 34 g Protein: 29 g Fat: 8 g

**5 PLATES - \$65**

**7 PLATES - \$95**

**10 PLATES - \$130**

**12 PLATES - \$160**