



Dr. Bryan Cloe & Dr. Patrick Kennedy

1216 American Way, Suite 101 • Libertyville, IL 60048 • 847.680.1030  
cloeandkennedydds.com • cloeandkennedy@gmail.com

## Oral Surgery Instructions

- Day One – drink only clear liquids. NO STRAWS
- No smoking for a minimum of 24 hours
- Restrict activities the day of and after surgery. Resume normal activity when comfortable.
- Next few days eat soft foods. NO HOT FOODS
- Take antibiotic and medication as prescribed

Antibiotic: \_\_\_\_\_

Pain: \_\_\_\_\_

Other: \_\_\_\_\_

- Avoid vigorous mouth rinsing or touching of the wound site.
- Brush with an extra-soft manual toothbrush to clean teeth and gums
  - Do not brush surgical site
  - Do not use power toothbrush for two (2) weeks
- Floss daily avoiding extraction site
- Avoid wearing removable prosthetics to allow tissue to heal
- Use salt water rinse or an alcohol free antimicrobial rinse two (2) times daily

### BLEEDING

Bleeding is normal and to be expected after surgery. Bleeding can be controlled with placing gauze over the area and biting down firmly for 15-30 minutes; repeating if necessary. A small amount of bleeding is normal for 24-48 hours after surgery.

If bleeding persists moisten a tea bag and bite on it for 30 minutes. Tannic acid helps clotting.

### SWELLING

Swelling could be expected around the mouth, cheeks, eyes and side of face. This is not uncommon, and differs patient to patient. Generally becoming more apparent two (2) or three (3) day post-surgery.

Use ice packs on the side of your face where surgery was performed. After 48 hours, moist heat may be beneficial to reduce swelling.

### SUTURES

Sutures may be placed to minimize bleeding and help with healing. They may dissolve or dislodge no need to be alarmed.

### DRY SOCKET

When the blood clot is dislodged prematurely, symptoms of pain at the surgical site may occur two to three (2-3) days after surgery. Call the office if this occurs. To avoid this do not use straws, smoke, spit forcefully and do not use an irrigation syringe.