

<b>AGE &amp; WEIGHT OPTIONS</b>			
	<i>age as of September 1, 2023. Note - Flag, U10, U12, U14 are Coed divisions</i>		
	<b><u>AGE</u></b>	<b><u>BOY</u></b>	<b><u>GIRL</u></b>
	4-7 years old	flag	flag
	8 years old	flag	flag
		U10; no weight restrictions	U10; no weight restrictions
	9 years old	U10 if weigh <=132 lbs	U10 if weigh <=132 lbs
			flag; no weight restrictions
	10 years old	U10 if weigh <=80 lbs	U10 if weigh <=80 lbs
		U12; no weight restrictions	U12; no weight restrictions
	11 years old	U12 if weigh <=165 lbs	U12 if weigh <=165 lbs
		U14; no weight restrictions	U14; no weight restrictions
	12 years old	U12 if weigh <= 100 lbs	U12 if weigh <= 100 lbs
		U14; no weight restrictions	U14; no weight restrictions
	13 years old	U14; no weight restrictions	U14; no weight restrictions
	14 years old	High School	High School
			U14 if in Middle School
	15-18 years old	High School	High School