

CPR / AED & First Aid Certification

Everyone

**In Cooperation with:
The American Heart
Association**



THE REDS TEAM
**Saving Lives and Training
Others to do the Same.**



CPR/AED/1st Aid Classes

AHA CPR / AED

Learn the techniques to save a life. Early CPR and AED use has proven to increase the survivability of patients that experience sudden cardiac arrest.

CPR and AED are easy skills you can learn from one of the finest Instructors around. She makes the class fun while teaching the skills to save a life.

AHA First Aid & Bloodborne

Learn basic first aid for recognizing signs and symptoms and when to call 911. Learn how to intervene and stop bleeding, stabilize a broken bone, and deal with medical emergencies.

Learn how to deal with bloodborne pathogens and meet the OSHA requirements.

“WE Can Bring It to you!”



AHA CPR Classes

Training meets all requirements for the American Heart Association certification and a certification will be given upon successful completion of the course.

Classes cover:

Chest Compressions
Ventilations
AEDs
Blocked Airway
Lots of hands on practice
Certification card on request

QUESTIONS:

e-mail: reds100@aol.com
Call 919-772-0483 or 919-291-6201

Call about the following classes:

First Aid
Fire Extinguishers
Medical First Responder