

# TRENCH RESCUE

## Basic & Advanced

**SPONSORED BY:**

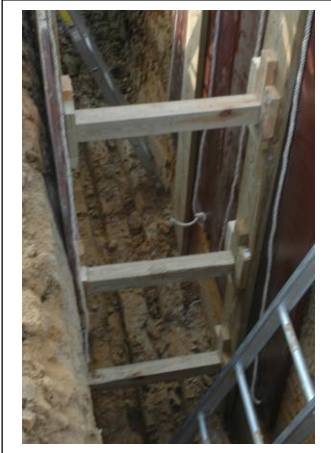
**Res-Q-Jack®**



**THE REDS TEAM**  
**Saving Lives and Training**  
**Others to do the Same**



### Trench Classes



#### COURSES INCLUDE:

##### *Basic Trench Rescue*

- Presentation of trench designs, types of collapses, reasons for trench accidents
- OSHA 1926.650 – 1926.652
- Basic equipment for trench rescues
- Timber shoring & panels
- Hands on shoring of a straight trench

##### *Advanced Trench Rescue 1*

- Shoring with pneumatic shores
- Using inner wales in the trench
- Shoring T trenches & L trenches

##### *Advanced Trench Rescue 2*

- The use of outer wales
- Lifting with airbags, ropes & jacks
- Using low pressure bags

*Scenario based exercise on 2<sup>nd</sup> day.*

**Class Meets NFPA 1006 & 1670**

#### **HOSTING REQUIREMENTS:**

Classroom for up to 30 students  
Capability to dig a trench

#### **WHEN:**

Will Schedule Mon. – Sun.  
8:00 AM – 5:00 PM

#### **COST:**

Call For Pricing  
Maximum 30 students

#### **QUESTIONS:**

e-mail: [reds100@aol.com](mailto:reds100@aol.com)  
Call 919-772-0483 or 919-291-6201

