



MEXICAN AND
SALVADORIAN CUISINE

MENU

OPEN

MONDAY - SUNDAY
10:00 AM - 9:00 PM

LEAVE US YOUR REVIEW
IN GOOGLE



EL
MEX SAL

· **BAR AND GRILL** ·

401 NORTH GREAT NECK RD
VIRGINIA BEACH, VIRGINIA

WWW.MEXSALVB.COM

757-302-4572



A MEAL BETWEEN TWO
CULTURES

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Parties of 5 or more will have 20% gratuity added to the bill



WWW.MEXSALVB.COM
757-302-4572

OPEN

MONDAY - SUNDAY
 10:00 AM - 9:00 PM

STARTERS



- Mexsal Trio** **\$16.99**
 Fresh Guacamole, Queso Dip,
 Bean dip served with Chips
- Cheese Dip** **\$5.99**
- Bean Dip** **\$5.99**
- Chori Dip** **\$12.99**
 Home made Chorizo, queso fresco
 and Queso Dip served with Chips
- Yuca Frita** **\$5.99**
 Fried YUCA Fries served with your
 favorite sauce
- Yuca con chicharron** **\$10.99**
 Fried YUCA fries with our delicious
 fried pork chunks
- Ceviche de Camaron** **\$14.99**
- Pescado** **\$12.99**
 fresh tilapia or shrimp Ceviche
 made with tomatoes, onions,
 avocados, lime juice and other spices

- Guacamole** **\$8.99**
 Ripe avocados mixed with tomato,
 onions and cilantro
- Sweet Plantains** **\$10.99**
 Out of this world ripe plantains fried
 and served with beans and sour cream
- Chicken Wings** **\$12.99**
 Mild or hot - BBQ or Mango Habanero
- Empanadas** **\$10.99**
 3 empanadas made with corn dough, your
 choice of chicken or beef
- Elote Street Corn** **\$4.99**
 Street corn served with mayo, tajin and queso

LUNCH

Lunch menu served Monday through Friday
 from 11:00 am to 3:00 PM, served with rice and
 beans

- Fajita Lunch** **\$10.99**
 Tender chicken or beef served with green
 peppers, onions and tomatoes
- Taquito Lunch** **\$8.99**
 2 chicken or beef taquitos served with lettuce,
 tomato and sour cream
- Chimichanga Lunch** **\$8.99**
 Chicken or beef chimichanga served with queso
 dip



- Taco Salad** **\$8.99**
 Chicken or beef taco salad served with beans,
 lettuce, tomato, sour cream
- Quesadilla de Luxe** **\$9.99**
 Four tortilla stuffed with your choice of chicken
 or beef served with beans and rice
- Burrito Loco** **\$9.99**
 Large tortilla stuffed with your choice of
 chicken or beef, cheese, beans, rice, lettuce,
 pico de gallo and sour cream
- Chilaquiles** **\$9.99**
 Green or red Chilaquiles served with two fried
 eggs, rice and beans, onions and cilantro
 Add steak for \$3.99

Consuming raw or undercooked meats, poultry,
 seafood, shellfish, or eggs may increase your
 risk of foodborne illness

Parties of 5 or more will have 20%
 gratuity added to the bill



LUNCH



Huevos a la Mexicana \$9.99

Scrambled eggs with onions, jalapeños and tomatoes served with rice and beans and three flour tortillas Add Chorizo for \$2.99

Huevos Rancheros \$9.99

Two over easy eggs served with two hand made tortillas red sauce, rice and beans Add Chorizo for \$2.99

Huevos Con Chorizo \$9.99

Scrambled chorizo and eggs, served with rice and beans and three flour tortillas.



GRILLED STEAK

Carne Asada \$16.99

Grilled Steak served with salad, rice, beans and three corn tortillas

Chori Steak \$18.99

Grilled Steak, chorizo, queso dip served with salad, rice and three corn tortillas

Steak and Eggs \$19.99

two fried eggs, delicioso carne asada steak served with rice, salad and corn tortillas

Carne Asada a la Mexicana \$16.99

Grilled Beef sauteed in onions, tomatoes, jalapeños, served with rice, beans and corn tortillas



FROM THE SEA

Camarones a la Diabla \$15.99

Shrimp sauteed in our diablo sauce served with rice, beans and tortillas

Coctel de Camaron \$18.99

Good old garlic bread - with a generous amount of garlic butter.

Mojarra Frita \$15.99

Fried whole Tilapia served with French Fries and guac Salad



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Parties of 5 or more will have 20% gratuity added to the bill

TACOS

Birria Tacos \$17.99

Three quesabirria tacos, fried hard, stuffed with cheese, onions, cilantro, served with consome and lime

Shrimp Tacos \$16.99

Three flour tortillas stuffed with shrimp, pico de gallo, special sauce and avocado, served with rice or beans

Fish Tacos \$16.99

Three flour tortillas stuffed with tilapia, red cabbage, pico, special sauce and avocado, served with rice or beans

INDIVIDUAL TACOS

All tacos served on a handmade corn tortilla, onions, cilantro and lime

Taco al Pastor \$3.50

Juice marinated pork served with grilled onions and pineapple

Taco de Chorizo \$3.50

tender Mexican sausage grilled and diced

Taco de Carnitas \$3.50

pork chunks slowly cooked with citrus and spices

Taco Grilles Chicken \$3.50

Taco de Chicken \$3.50

shredded chicken sauteed in tomatoes, onions and chipotle

Taco de Asada \$3.50

Taco de Lengua \$4.50

Marinated and slowly cooked beef tongue



GRILLED CHICKEN

Choripollo \$16.99

Grilled chicken topped with Mexican sausage, cheese dip, served with beans, rice and tortillas

Pollo a la Parrilla \$15.99

Grilled chicken breast served with rice, beans and crem salad and corn tortillas

Milaneza chicken or beef \$18.99

Fried breaded chicken breast or beef served with rice, beans, salad and tortillas

Arroz con Pollo \$13.99

Grilled chicken, rice and queso dip add Steak or Shrimp for \$3.99

Pollo Chipotle \$13.99

Grilled chicken sauteed in a Chipotle Sauce, served with rice and beans



FAJITAS

Pollo \$16.99

Grilled chicken, onions, green peppers, tomatoes, served with beans, rice and tortillas

Carne Asada \$17.99

Grilled steak, onions, green peppers, tomatoes, served with beans, rice and tortillas

Mix Fajitas \$17.99

Grilled steak and chicken, onions, green peppers, tomatoes all sauteed and served with beans and rice

Fajitas Texasas \$18.99

Grilled steak, shrimp and chicken, onions, green peppers, tomatoes, served with beans and rice

Mexsal Fajitas \$19.99

Carnitas, Chicken, Steak, chorizo with flaming cheese as well as onions, green peppers, tomatoes served with rice, beans and tortillas

Shrimp Fajitas \$16.99

Grilled shrimp served with onions, green peppers, tomatoes served with rice, beans and tortillas

Fajitas Hawaianas \$17.99

Chicken, bacon, pineapple grilled with onions, green peppers, tomatoes served with rice, beans and tortillas



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Parties of 5 or more will have 20% gratuity added to the bill

SOUPS & SALADS

Taco Salad \$9.99

beef or chicken served with beans, lettuce, tomatoes, sour cream and slice of avocado

Fajita Taco Salad \$12.99

Grilled beef or chicken, onions, green peppers served with beans, lettuce, tomatoes, sour cream and slice of avocado

Grilled Chicken Salad \$12.99

Shrimp Salad \$14.25

Grilled shrimp or chicken tossed with lettuce, cucumbers, tomatoes, carrots topped with mozzarella cheese

Chicken Tortilla Soup \$10.99

Shredded Chicken in a tortilla broth, served with avocado, pico de gallo, cheese and sour cream

VEGGIE MENU

All tacos served on a handmade corn tortilla, onions, cilantro and lime

Veggie Fajitas \$12.99

Onions, green peppers, tomatoes, mushrooms and carrots grilled served with rice, beans and tortillas

Veggie Tacos \$10.99

Three veggie mix tacos served with rice or beans, pico de gallo

Veggie Taco Salad \$10.99

Grilled onions, green peppers, tomatoes, lettuce, beans, avocado and sour cream served on a tortilla shell

Veggie Chimichanga \$10.99

Chimichangas stuffed with mashed potatoes topped with queso dip, served with rice and beans



MEXSAL SPECIALS

Taquitos Mexsal \$13.99

Your choice of beef, chicken or potato, topped with lettuce, pico de gallo and sour cream served with rice and beans

Chile Verde \$14.99

Pork Chunks sauteed in a green tomatillo sauce, served with rice and beans and tortillas

Chimichangas \$11.99

Chicken or beef served Rice and salad

Shrimp Chimichangas \$13.99

Sopes (3) \$12.99

Three thick tortillas topped with beans, meat of choice, lettuce, cheese and sour cream

Gorditas \$12.99

Fried corn dough stuffed with meat of choice, queso fresco, onions and cilantro

Tortas \$10.99

Mexican sandwich filled with beans, meat of choice, lettuce, tomatoes, pickled jalapeños, mayo and sliced avocados add Fries for \$3.49



Milaneza Tortas \$12.99

Mexican sandwich filled with beans, chicken or beef milaneza, lettuce, tomatoes, pickled jalapeños, mayo and sliced avocados add Fries for \$3.49

Grande Quesadilla \$14.99

Large flour tortilla stuffed with your favorite protein rice and beans, make it Fajita Style for \$1.99 or Shrimp for \$2.99

California Burrito \$14.99

Large flour tortilla stuffed with fries, cheese, pico de gallo, guac and steak

Birria Burrito \$17.99

Large flour tortilla stuffed with birria, cheese, pico de gallo, rice, beans and birria sauce served with consome and guacamole

Surf and turf Burrito \$18.99

Large flour tortilla stuffed with Shrimp, Steak, cheese, pico de gallo, rice, beans and Sour Cream served with Fries

Carnitas Burrito \$17.99

Large flour tortilla stuffed with carnitas, beans, rice and pico, served cut in half with beans and rice

Enchiladas Mexsal \$14.99

Three hand made corn tortillas stuffed with chicken or Beef, topped with red or Green Salsa served with Rice and Beans,

Huarache Mexsal \$16.99

Large Grilled Tortilla stuffed with beans and the meat of your choice, topped with sour cream, queso fresco cilantro, queso and avocado. Add Chorizo for \$2.99 Shrimp \$3.99



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Parties of 5 or more will have 20% gratuity added to the bill

CLASSIC PUPUSAS

Pork Chicharron & Cheese	\$11.99
Pupusa Revuelta, cheese, pork and beans	\$11.99
Pupusa de cheese (Queso)	\$10.99
Pupusa de beans (Frijol)	\$10.99

Three Grilled Corn Dough pupusas stuffed with your favorite protein or veggie, cheese served with Red salsa and Salvadorian Slaw,



VEGGIE PUPUSAS

Pupusa de Spinach (Espinaca)	\$12.99
Pupusa de Asparagus	\$12.99
Pupusa de Loroco	\$12.99
Pupusa de Jalapeño	\$12.99
Pupusa de Squash	\$12.99



PUPUSAS SPECIALTY

Pupusa Birria	\$16.99
Pupusa de Chicken (Pollo)	\$12.99
Pupusas de Shrimp (Cameron)	\$13.99

Individual Pupusas \$5.00

If you would like to sample different flavors you can choose individual pupusas with any flavor except for birria, the price for individual Birria Pupusa is \$5.75



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Parties of 5 or more will have 20% gratuity added to the bill

NACHOS

Bean and Cheese Nachos \$8.99

Tortilla chips, lettuce, tomato, sour cream, guac and beans

Chicken or Beef Nachos \$10.99

Chicken or beef, Tortilla chips, lettuce, tomato, sour cream and guacamole

Carne Asada Fries \$14.99

Steak, fries, lettuce, tomato, sour cream, and guacamole

Fajita Nachos \$13.99

Chicken or beef, onions, green peppers, Tortilla chips, lettuce, tomato, sour cream, and guacamole

SIDE ORDERS

Tamales \$4.00

Rice \$3.25

Beans \$3.25

Sour Cream \$1.75

Shredded Cheese \$2.25

Flour or Corn Tortilla \$1.75

Avocado \$3.49

French Fries \$3.25

DRINKS MENU

Jarritos \$3.49

Juices \$3.49

Coffee or Hot Tea \$3.49

Shirley Temple \$3.99

Horchata \$4.49

Milk \$3.49

Chocolate Milk \$3.99

Sweet and \$3.99

Unsweet Tea \$3.99

Fountain Drinks \$3.99

CHIPS TO-GO

Small Chips \$2.75

Medium Chips \$3.75

Large Chips \$4.75

KIDS MENU

Includes kids drink

Kids Quesadilla \$7.99

Your choice of chicken or cheese served with rice or beans

Grilled Chicken and Rice \$7.99

Chicken Nuggets and Fries \$7.99

Cheese Burger and Fries \$7.99

Taco Rice and Beans \$7.99

Your choice of chicken or beef

DESSERTS

Fried Ice Cream \$6.99

Flan \$6.99

Churros add ice cream for \$2 \$7.99

Sopapillas \$7.99

Tres Leches Cake \$6.99



SALSA TO-GO

Small Salsa Roja \$1.75

Medium Salsa Roja \$2.75

Large Salsa Roja \$3.99

Small Salsa Blanca \$1.75

Medium Salsa Blanca \$2.75

Large Salsa Blanca \$3.99

FOUNTAIN DRINKS

